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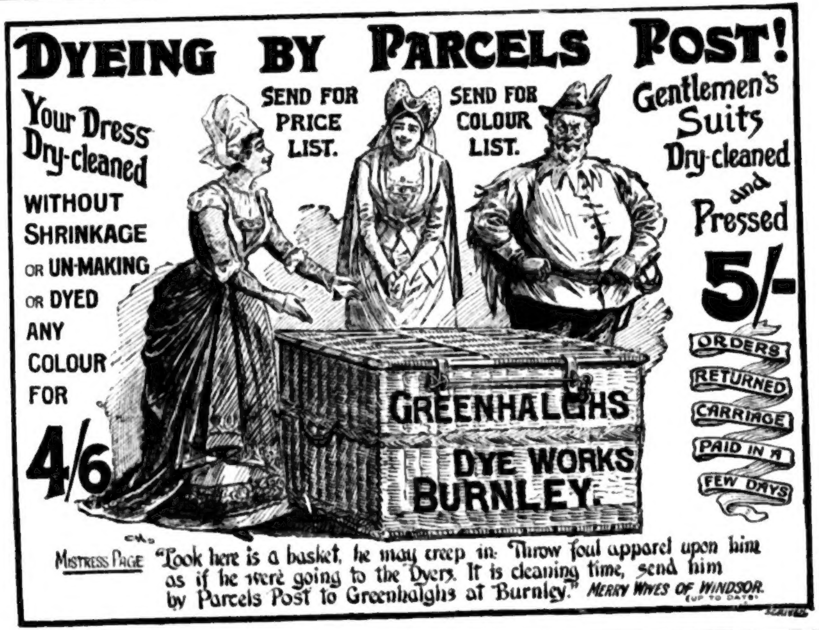

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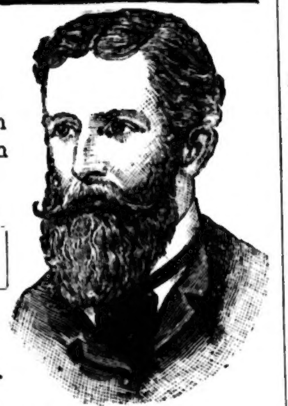

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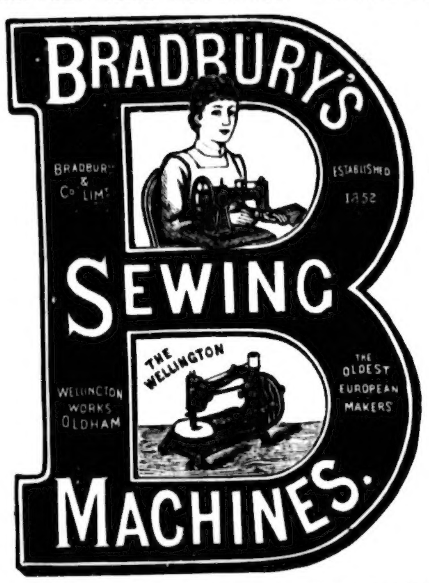

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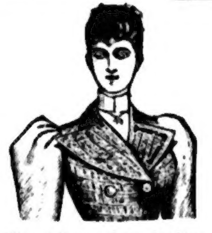

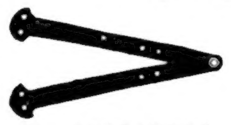

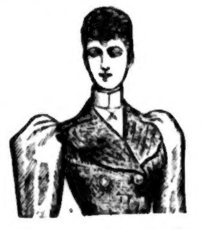

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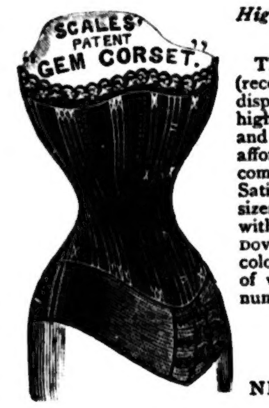
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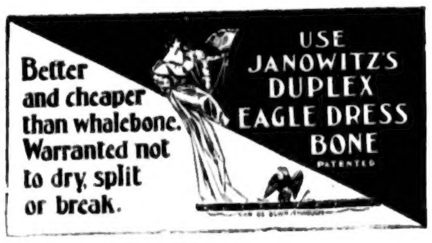
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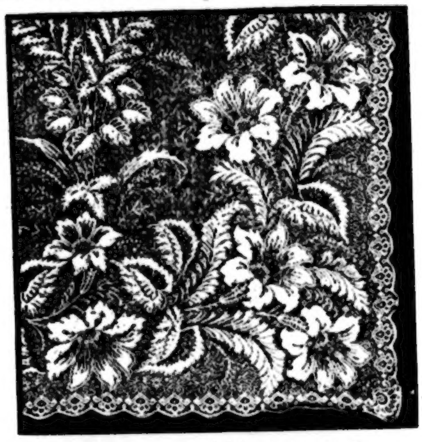

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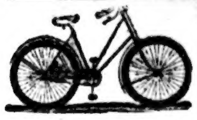

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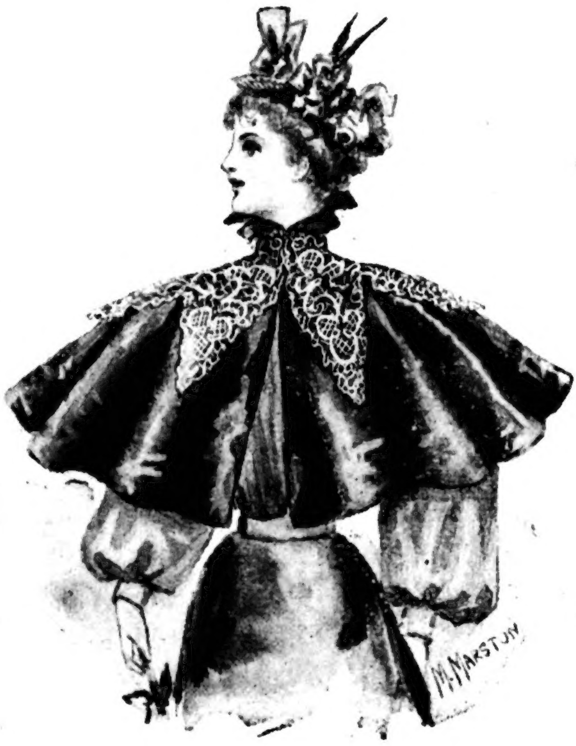

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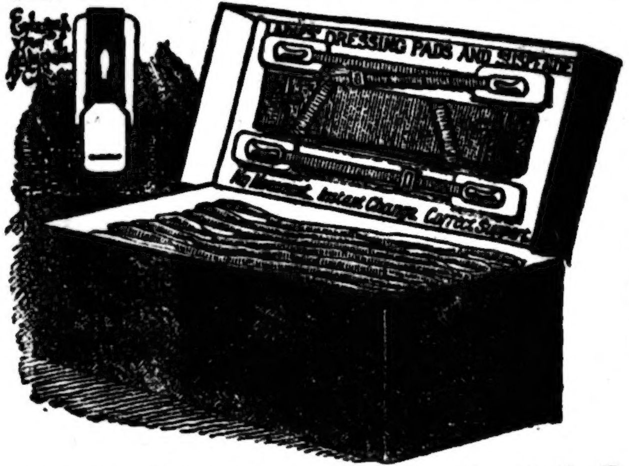
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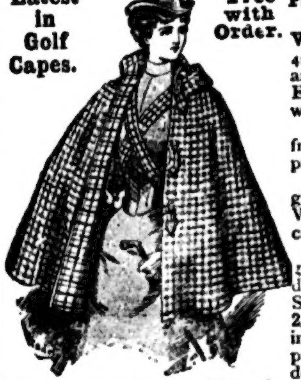

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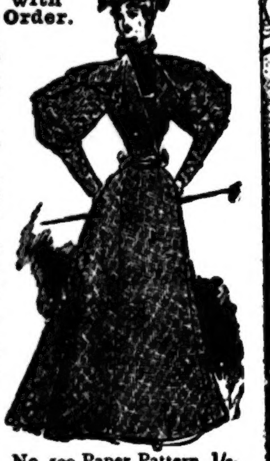

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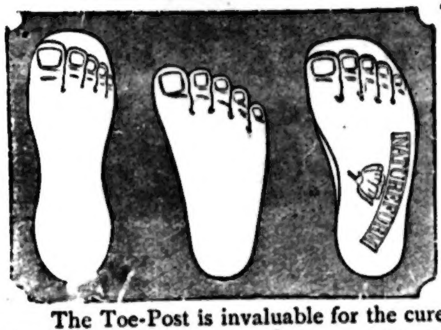

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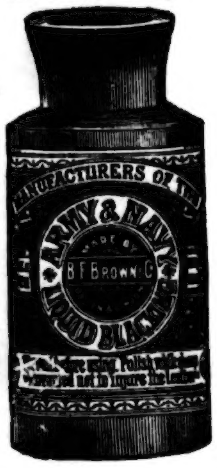

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VOL. XXI.—No. 8. AUGUST 1, 1895.

MYRA'S JOURNAL

THE LADY'S MONTHLY MAGAZINE

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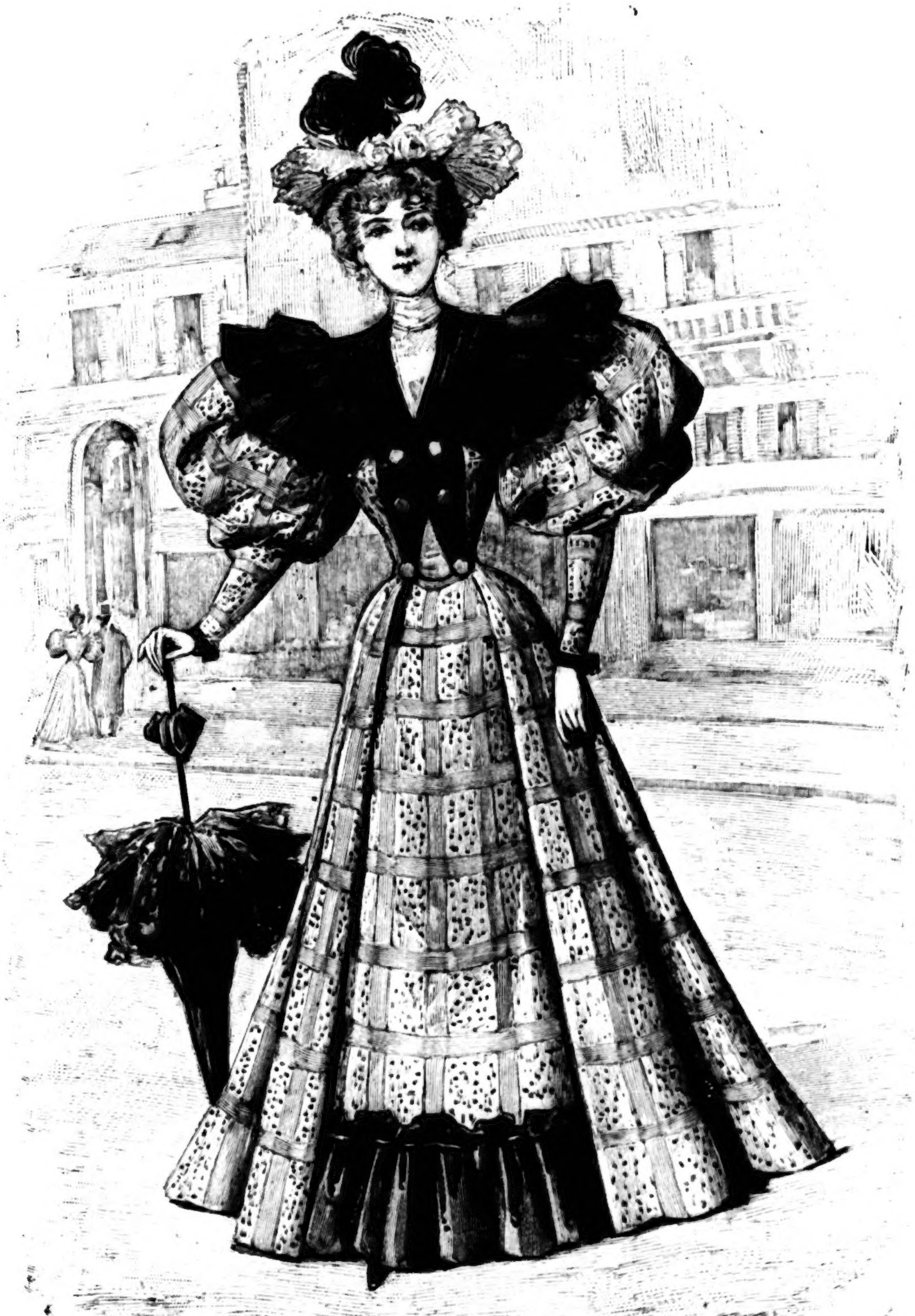


Redingote Dress in Fancy Woollen, the Front Robing and Corsage Trimmed with Black Silk. Waistcoat and Collar of Maize Silk.

FROM OURSELVES TO OUR READERS.

THE present number of MYRA'S JOURNAL may fairly be said to overflow with models of dresses and costumes suitable for the season and its many pleasures and pursuits. There are innumerable illustrations of gowns for those who are thinking of travelling or seaside sojourns, costumes for yachting, boating, fishing and shooting, toilettes for bridesmaids and for bridal trousseaux, dresses for all the smart functions, such as garden parties, flower shows, bazaars, etc., that so often take place in the country after the London season is over, besides a special series of designs for the utilization of lengths of materials of all kinds purchased at the summer sales. Dressmakers, both amateur and professional, will as usual find in the Journal the models and information that are indispensable to ladies who desire to be abreast of the times in their attire. All ages, from infancy to old age, all social conditions, and all financial conditions also, are catered for, and those who undertake home-dressmaking know too well the value of the paper patterns supplied at 6½*d.* each at our depôt, 95, Regent Street, to need to be reminded of them.

The supplements consist of a coloured fashion plate representing a charming but simple French toilette, a cut-out paper pattern of an Eton jacket, and a number of special designs of yachting and travelling costumes, dresses for married ladies, etc., all of which will be found in the Fashion Supplement.

Our next number will contain a first instalment of autumn costumes, some special designs of dresses for country-house visits, and some new needlework.

The competition, the sixth in the series of eight competitions for the prize of £15, is for a berceaunette cover embroidered from the design on our needlework page, or from a similar design.

◆

DRESS AND FASHION, IN PARIS.

IT is surprising what a number of seaside and travelling dresses are made of English material. In fact we use English fabrics for all of them, for, I imagine, few of us are sufficiently extravagant to order afresh our lighter and more dressy gowns for the *villes d'eaux* and the casino. It is an open secret that for the most part our Paris gowns are remodelled and furbished up for the purpose. What we order at this season are the practical and useful dresses, those which we will wear the most, and for them English fabrics reign supreme.

There is serge—specially in request this year in white and in the beautiful, becoming shade known as "linen-blue." There is any amount of plaid—correct copies of the Highland plaid belonging to special clans, as well as fanciful plaids striped with satin threads in blue, yellow, green, mauve, on white or cream grounds. These last are specially pretty and stylish, made up as godet skirts and elegant blouses with fitted lining. Plaid is also used as a trimming as well as a dress material; not a few of our crépon gowns made for Paris are robbed of their lace and their satin and are retrimmed with plaid to make them more solid, more durable for the rougher wear we intend to give them in the country or by the sea. There are diagonal woollens of every description, more or less soft and fine. There are alpacas—a tremendous array of alpacas in all colours. Above all these is the stylish and elegant English material usually called "smooth suiting." Our *élégantes* have all ordered costumes of smooth suiting in quiet, effective colours, principally in mixtures which have shot effects, either plain or crossed with small stripes or checkers.

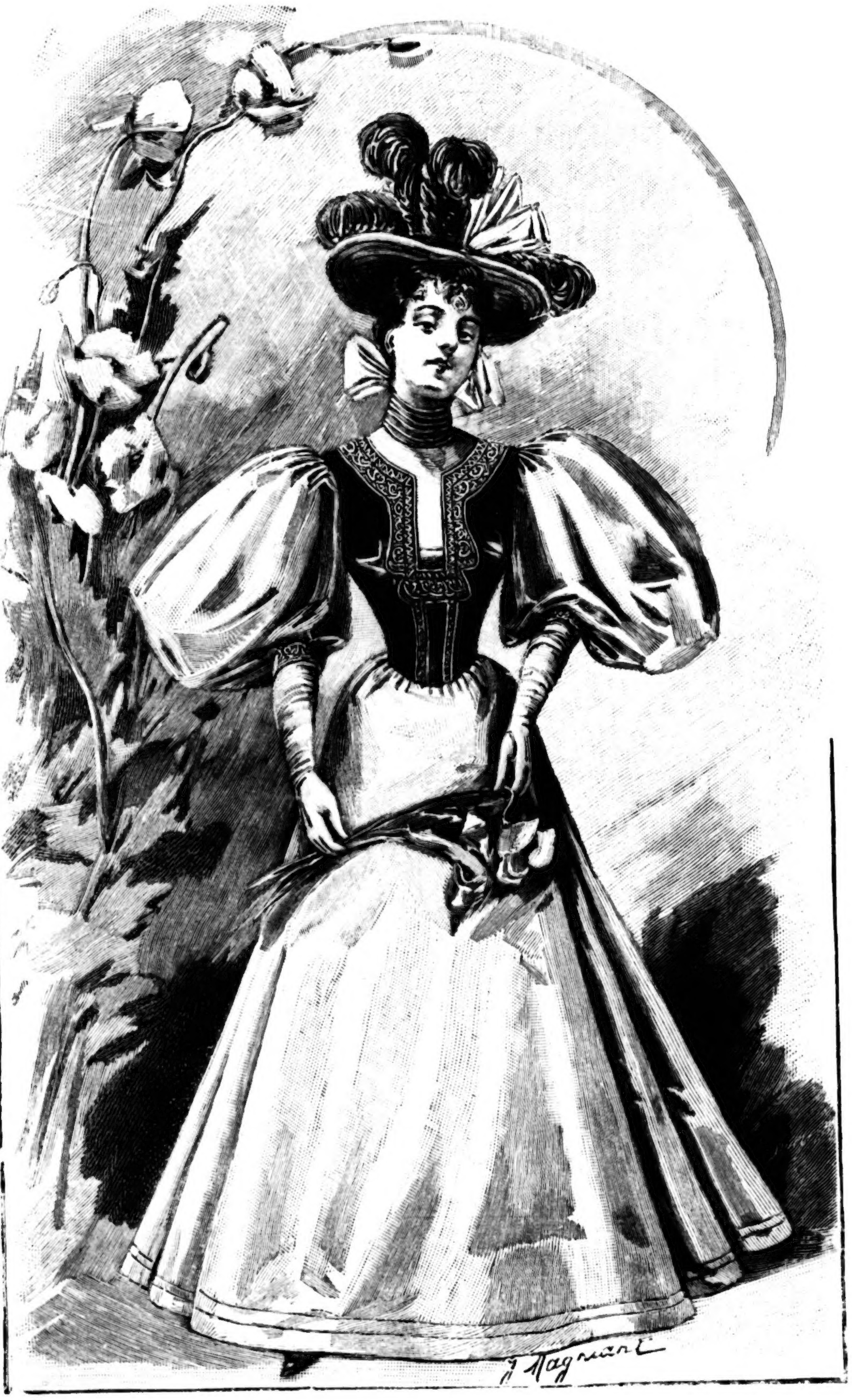
They are made up into very pretty styles, simple but elegant, well suited to their purpose. An effective model, prepared for a bride's *trousseau*, has a moderate skirt, very well cut, made of smooth suiting, the general tone of which is a light heliotrope. The skirt falls in natural pleats, with a well-defined tablier, and fits closely at the hips. A stylish blouse or bodice, neatly fitted but belted at the waist with white moire, has fluted basques and a white moire yoke ending in two tabs outlining the open parts which button on to a plain plastron.

White moire is being much used as revers and wide collars on gowns of linen-blue or grey serge or alpaca. One of the prettiest travelling dresses which I have yet seen is of linen-blue serge, with moderate skirt, the seams of which are widely strapped. The bodice is a very pretty blouse of white crépon. A charming little jacket is composed of three pieces—a back and the fronts, without side-pieces. There are no breast seams, and the basques are only moderately full. In fact the jacket is almost straight, falling in natural pleats back and front from the bust and shoulder-blades. The jacket can be worn open or buttoned down the centre. It has wide revers of white moire and a deep collar of the same. The gigot sleeve is untrimmed.

Some wonderful blouses have been prepared by our artist *couturières* for Dieppe, Biarritz and Cabourg. They are made of the most delicate materials in beautiful colours, of shot taffetas flowered like a spring meadow, of Pompadour pekins with mother-o'-pearl moire ground, of Trianon muslins coloured like the richest garden flowers, of plain or gauffred or open-work lawn canvas (these are exquisite!) of plain, spotted or flowered piqués in such colours as rose, mauve, sky, straw, etc., of light batistes mounted on coloured silk, and lastly of silk muslin, which makes the richest and softest blouses of all.

Muslin blouses for the most part are either accordion-pleated or drawn into small bouillonnés. The last are the newer. They are miracles of freshness. One notable model is of mauve silk muslin. It consists entirely of horizontal bouillonnés. A large vertical bouillonné on each side of the front, partly veiled with a pleated lace stole and outlined with a small puff, gives the needful looseness to the upper part of the bodice. The puff elbow sleeves are covered with small horizontal bouillonnés. The draped collar has large muslin rosettes on each side, from which falls the lace stole. Still more original is a model in shot blue and buff silk muslin, in which the whole front is arranged in bouillonnés from the arm-hole, the shoulder and side seams and the neck, the bouillonnés describing graceful curves to meet at one common point—a bust bow on the left, close to the arm-pit. Themuslin elbow sleeve is not arranged in bouillonnés. It is very full and is beautifully draped with blue satin bows.

The silk muslin blouses are charmingly allied with piqué for stylish dresses at the *villes deaux*, and really beautiful results are obtained. In some cases the skirt is of piqué, the bodice being entirely of muslin, but in many models a corselet of piqué is added. Here is a favourable example of both styles. The first has a skirt of white piqué, quite plain and of moderate fulness at the edge. The bodice is a blouse of mauve silk muslin, accordion-pleated, with draped rosette-trimmed collar. A beautiful piqué corselet, finely embroidered at the top, rises to the bust in a graceful oval form. Round the waist is a sash of superb mauve moire, tying in a large bow at the back. This is a most stylish and becoming



A PARISIAN COSTUME.

Skirt of wall grey alpaca trimmed at the edge with narrow bias bands. Sapphire blue velvet corselet cut half low and partly open and embroidered with steel and jet. Under-bodice and puffed sleeves of alpaca, the sleeves finished off with bands of embroidered velvet. Draped collar and bows of grey satin. The dress is also charming in white or réséda alpaca or crépon with corselet of violet velvet. Straw hat to match the corselet trimmed with shot ribbon and black feathers. Quantity of alpaca required, 8 yards.

Prices of Flat Patterns, *Skirt*, 6½*d.*, *Bodice*, 6½*d.*, *of* MADAME MYRA, 95, *Regent Street, W.*

dress for garden parties, flower shows, or cricket matches at English country residences. The second dress has the skirt in saffron piqué, trimmed all round above the sleeves with deep points of white lace insertion in two rows. The accordion-pleated blouse is of saffron silk muslin, cut vertically with bands of lace insertion. The sash is of shot pale green satin ribbon.

Both models have the new tight sleeve—really tight to the elbow, where the one finishes in two flounces and the other in a sort of bow drapery. With the one a great hat of green lace straw is to be worn, trimmed with a large mauve bow and black ears of corn. For the other dress, the hat is of white fancy straw, trimmed with green satin and great black plumes.

A new skirt has appeared for taffetas. It is made of innumerable small breadths very much wider below than above, forming little godet pleats at the sides, while the back and front fall each in a box-pleat cut by the seam, which, oddly enough, is thus rendered fully visible.

Taffetas, silk muslin or batiste blouses are very effectively trimmed with ribbon festoons and rosettes. A festoon forms a bretelle over the shoulders, and another describes a similar diagonal line from the sleeve to the bodice, crossing the arm-pit. Dressmakers of taste can produce much graceful and tasteful variety into their blouses by such means.

A new variety of corselet is also well worth booking for future use. It is made with wide sash ribbon. The ribbon starts from the left side in a long end, it encircles the waist, the other end returning to the same side, and finishing in a big loop above the end. A second ribbon is similarly arranged from the right side, both ribbons crossing each other back and front. In shot satin ribbon this is very dressy and stylish, and is a capital method of finishing at the waist a chiffon or batiste blouse.

A country-house gown, prepared for the Duchesse de M—— is a lovely creation in mauve silk muslin. The full skirt is trimmed with a band of splendid guipure, which carelessly descends the sides from the waist, describes a Louis XVI. knot on the tablier, and then provides a band above the hem all round the skirt. The bodice is one of those bouillonné blouses described above—covered with small, fresh bouillonnés of mauve silk muslin separated with bands of guipure insertion. The Louis XVI. hat is of pale green straw, trimmed with lilies of the valley.

The Louis XVI. hat has been much favoured by *élégantes* when choosing their *trousseaux* for the country or the seaside. In truth, the wide-brimmed hat suits the style of coiffure preferred by the coquettish *Parisienne*, with its brim turned up at the back and held in place by a bouquet of velvet roses, a plume of feathers and a lace aigrette in front.

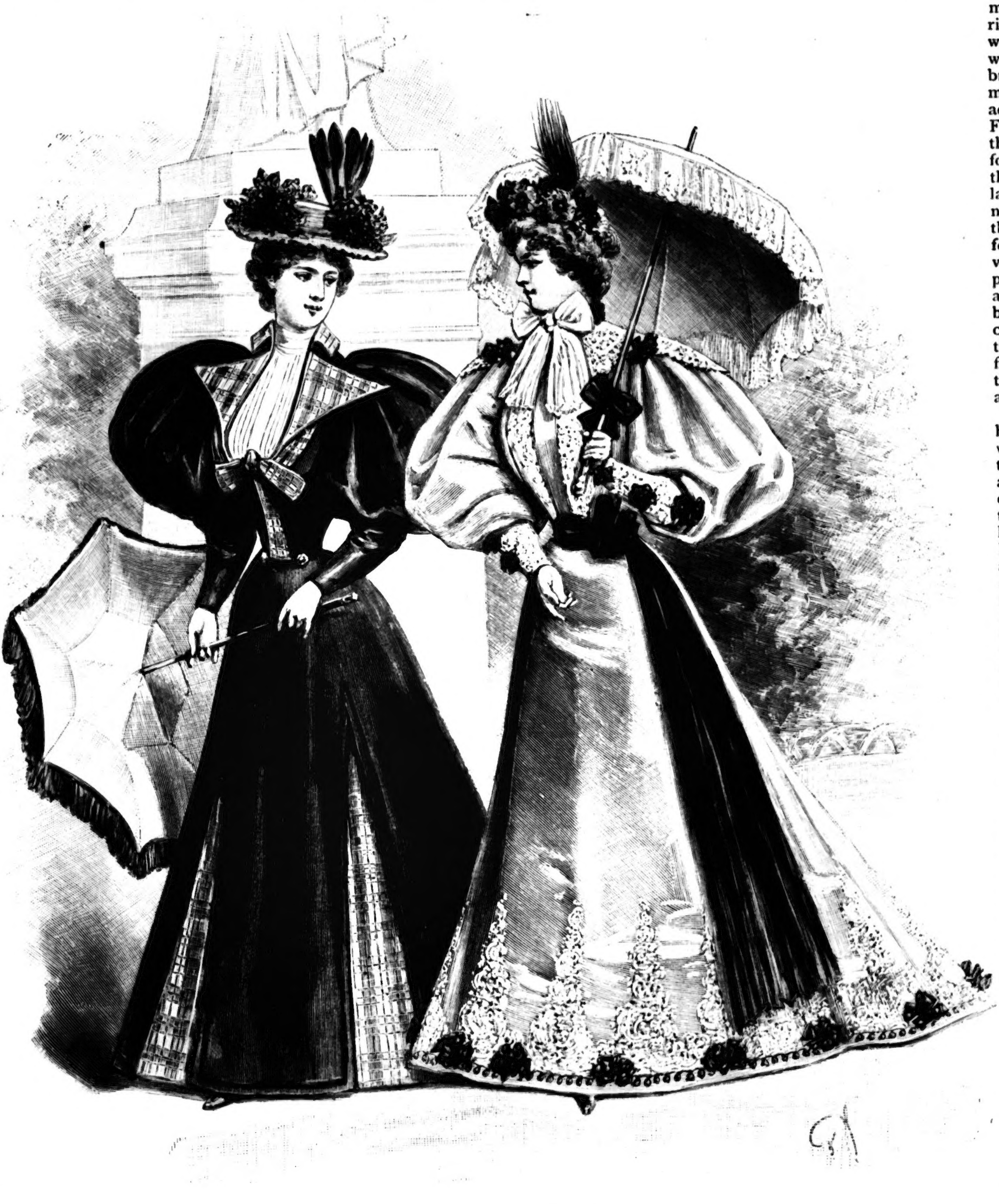
If the dressy hats worn in Paris and at Longchamps were a little loud, a little startling, no fault can be found with the plain, useful, most becoming travelling and seaside hats which are to be had in endless variety. There are many of the sailor type, but more picturesque, more coquettish, trimmed with an aigrette bow of handsome ribbon at the side. Those of Panama straw are to be specially commended; they are so comfortable, so becoming. The smart little hats of the Tyrolean variety are exceedingly pretty, with their broad curled brims and crushed-in crown. Only ribbon is used to trim them, unless a pen plume be added—the eagle feather is preferred, such as decorates the coiffure of a Maori chief. Some seaside hats are of white Leghorn straw, broad-brimmed and shady, trimmed with white ribbon for young women and girls, with black or brown ribbon for matrons of more advanced age. Flowers and feathers are not used for beach hats, though they figure largely on millinery prepared for the *villes d'eaux*, for country-house visits, even for pier costumes—although the sea breeze takes all curl out of a feather and robs artificial flowers of their crispness and colour.

Many country-house dresses of white alpaca are trimmed with lace and ribbon. A dress prepared for the famous Henley Regatta in England, will give a good idea of the style. The skirt is totally untrimmed. The bodice is a sort of blouse, with huge bishop's sleeves. The trimmings of the bodice are vertical lines of daffodil satin ribbon covered with white Valenciennes. The collar and belt are of daffodil ribbon, trimmed with huge side loops or bows, and a yellow satin cuff finishes the bishop's sleeve. To wear with such a dress a hat of black lace straw would be pretty, with huge brim of passementerie and bouillonné net edged with a frill. The trimming would be black feathers, black satin ribbon, and either daffodils or deep yellow roses.

Yellow is perhaps the best colour of any to go with white. Pink and blue, unless wisely chosen, are apt to be a little loud; green (pale pistache) is just a little *fade* with white; mauve is very pretty, but it is not becoming to all complexions.

Lovely effects are obtained by mounting white crêpélé muslin on yellow satin. Pale green is mounted on pink or mauve, pale primrose on green or brown. These dressy frocks after serving for casino toilettes or stylish garden and party gowns in England, can be furbished up later on for a home dinner gown.

COMTESSE DE B.



FRENCH WALKING COSTUMES.

Fig. 1. Dress in fine black alpaca and plaid silk. The skirt open on each side in front over a panel of plaid silk and trimmed with rolls of black velvet. Short jacket showing a vest of silk from the chest, the fronts secured at the waist with silver buttons. Revers and collar of silk and drapery of silk underneath fastened with a bow to match in front. Sleeves of the alpaca. Tucked chemisette and collar of white lawn. Green straw hat trimmed with pansies and reeds. Quantity of alpaca required, 7½ yards.

Fig. 2. Dress of pink crépon, godet skirt trimmed round the edge with cream guipure in sharp points and a narrow bordering in black braid with rosettes of black satin ribbon at intervals. Plain bodice fastened on the left side in front, with a deep collar and epaulets of guipure ending in fichu draperies in front. Deep lace cuffs to match, and black satin rosettes on the cuffs and at the shoulders. Sash of black crêpe de Chine with long pleated ends. White silk muslin cravat. Capote of pansies and poppies with reed aigrette. Quantity of crépon required, 8½ yards.

Prices of Flat Patterns, Skirts, 6½d., Bodices, 6½d., of MADAME MYRA, 95, *Regent Street, W.*

Current Fashions in London.

Strictly speaking there are no fashions in London in August, nevertheless the smart costumes that greet the eye of the sojourner at Scarborough, Eastbourne, and all the other fashionable English seaside resorts, to say nothing of German Spas and French watering places, are most of them, at any rate when worn by Englishwomen, prepared in London. Many of them are gowns that were originally designed for the big summer functions that are already things of the past, and with slight modifications, or even quite unaltered, they now do duty for seaside festivities.

An exceptionally lady-like gown, originated for Goodwood, is in the finest and silkiest of black alpacas, and is made with a plain full skirt, and short jacket turned back with white satin revers from a wonderfully draped vest of white chiffon and yellow lace. Ruffles of pleated chiffon edged with yellow lace adorn the neck and wrists, and a jabot to correspond is secured at the throat with a diamond buckle. Pin-striped and pin-spotted alpacas and mohairs proclaim their wearers to be fully alive to the very latest decrees of fashion.

Black and white gowns are largely taking the place of the cornflower blue dresses of the early part of the season; these last, when worn, are usually toned down by black trimmings, but the mixture of blue and green is still popular with colour-loving womankind, and these dresses have folded collars of white satin with rosettes on either side, a wide band of white satin ribbon tied in a large bow at the back, or else a white chiffon ruffle finishes off the neck.

Shot silks are more fashionable than ever, and like alpaca they make excellent seaside gowns. Some of the newest are shot with three colours, and in their red, green, and blue shades are not unlike the favourite gem of the day, the opal. These shot silks make lovely sleeves for lawn or chiné silk gowns. One of the latest colour chords is a mixture of peach, mauve, and turquoise blue. One of Madame Albani's dresses as Desdemona was of peach satin with a feathery design in gold, and a vest and half sleeves of pale gold satin embroidered with amethyst, turquoise, pearls and gold.

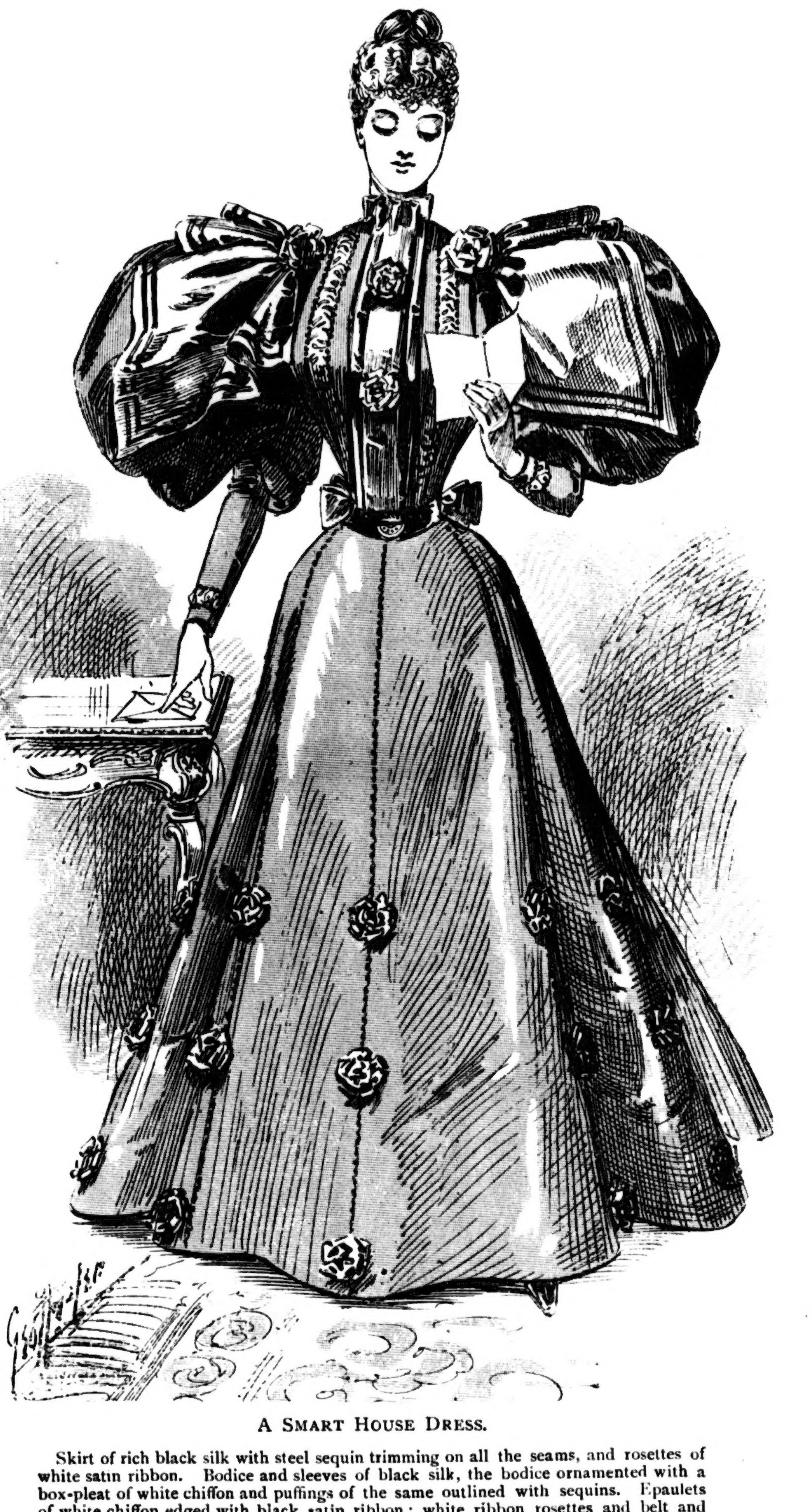
Millinery is becoming more reasonable in shape, style, and colour; the racecourses and Henley have clearly demonstrated that large hats are an inconvenience to the wearer, and this purely personal cause is followed by an effect that benefits everyone. White straw hats trimmed with black feathers and black velvet poppies and roses, or black silk peonies, with a rhinestone ornament here and there, are stylish and quiet, and a very lady-like hat to wear with a black and white costume is of white Panama lined with black and trimmed with bows of white glacé ribbon, white wings, paste buckles, and the inevitable white veil. Nasturtiums are the most fashionable flower for millinerial purposes, but cherries, small plums, and even tiny vegetables are not unknown as hat trimming.

The cuirasse of sparkling sequins is not the most appropriate style for ordinary outdoor wear, although many people seem to think so, and to enjoy the astonishment exhibited by the beholders of the glimmering, shimmering mass. Corselets, yokes, bretelles, and other ornaments of black and coloured sequins are, however, very fascinating on tea-gowns, evening and dinner dresses, and on smart toilettes for special outdoor entertainments. Stout figures have at any time good reason to use sequin trimmings with discretion, the high lights of the glittering paillettes do not tend towards making the figure look slender. A really painful sight, and one that is far too common, is that of a very stout woman encased in a shining bodice that attracts every ray of light to itself.

Sunshades this year are lovely beyond description, and things of price as well as of beauty in many cases, for the ribs are tipped and the handles studded with jewels. The smartest sunshades are much decorated inside with gracefully draped chiffon or lace. White glacé silk sunshades have almost superseded those of chiné silk. There are also some tartan parasols, but these are quite in a minority, the difficulty of making them harmonize with any but a neutral-tinted toilette being an abiding drawback.

Some elegant and durable bodices which may be worn by middle-aged ladies (for although the blouse is no longer of any particular age, muslin and other light thin blouses are *not* becoming to matronly figures) are made of plaid silk with immense sleeves of black gauze, or else of the gauze with sleeves of plaid silk. Some plain and fancy silk bodices are also very becoming to middle-aged women, such for instance as a corsage of geranium silk with very big sleeves, which is worn with a grey skirt, and toned down by a semi-transparent cape of thick lace and accompanied by a bonnet smothered with roses in various shades of pink and red.

The bodices of dark silk dresses may be made originally, or renovated when half worn, by short jackets of cream or écru lace open in front, or by covering the fronts, backs and sides with lace, leaving pointed openings to the waist in the centre of the back and front. These bodices are made of guipure lace from 10 to 12 inches wide, arranged with the scallops facing each other front and back, and fitted at the shoulders and under arm seams, which must be opened and re-stitched when the lace is in place. The same idea can be carried out with black guipure on light silk, and in either case a lace epaulet falling over the top of the sleeve is a decided improvement and gives a suitable finish to the lace bodice.



A Smart House Dress.

Skirt of rich black silk with steel sequin trimming on all the seams, and rosettes of white satin ribbon. Bodice and sleeves of black silk, the bodice ornamented with a box-pleat of white chiffon and puffings of the same outlined with sequins. Epaulets of white chiffon edged with black satin ribbon; white ribbon rosettes and belt and collar to match. Quantity of silk required, 18 yards.

Prices of Flat Patterns, Skirt, 6½*d., Bodice,* 6½*d., of* Madame Myra, 95, *Regent Street, W.*

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"The Typical Cocoa of English Manufacture—Absolutely Pure."
THE ANALYST.

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(*As in many of the so-called Pure Foreign Cocoas.*)

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is to save money. We admit the difficulty, but at the same time can point out one certain way of overcoming it, and that is by DEALING DIRECT WITH BONA-FIDE MANUFACTURERS, and so get first-class goods at moderate prices. It does not pay to buy goods that have only the recommendation of being low-priced. Experience generally proves that such goods are in the end extremely dear. We claim, however, that our goods are genuinely cheap, for "quality," which should be the "guiding star" of every purchaser, is "writ" large on all our famous

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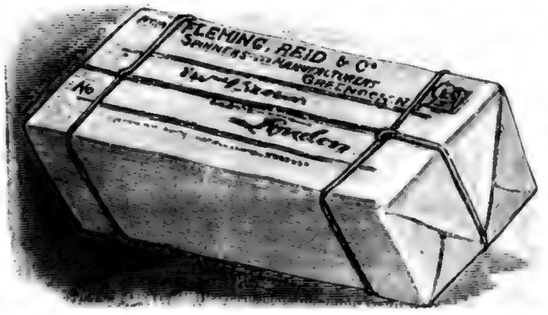

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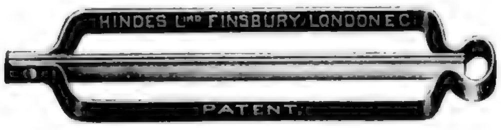
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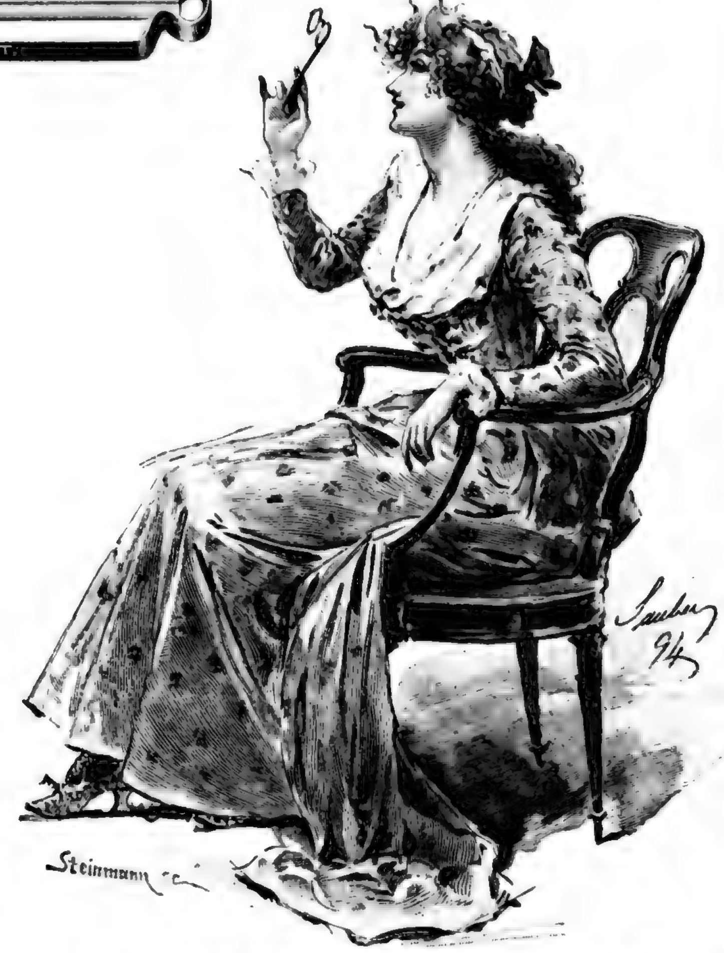

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THE ORIGINAL UNSOPHISTICATED SOAP FOR TOILET USE.

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It is made of the best materials only, and in effect leaves the skin sweet and fresh without the use of perfume.

RECOMMENDATIONS.

It improves by keeping, and gains a natural perfume from age alone.
Has been recommended by eminent medical men.
It is not only absolutely pure, but it refreshes and softens the skin as well as effectually cleansing it.
When long kept is a luxury to use, and increases in value.
Is altogether the sweetest and most wholesome unscented soap in existence.
The moderate price at which it is sold bringing it within the reach of all classes.

To be obtained of all Chemists and Grocers.

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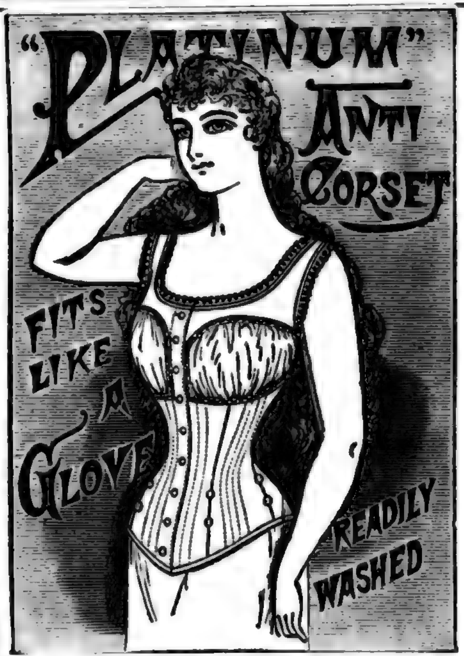

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HIGH & LOW NECK,

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* Specially recommended. Elegantly finished.
Can also be had with Platinum Busks instead of Buttons, 1s. extra.

Explanatory Pamphlet Free, or Samples sent on APPROVAL through a Draper.

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SPECIAL TO LADIES.

Wedding and Bridesmaids' Dresses specially designed by our own Artistes.
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DURING OUR SUMMER SALE, EXCEPTIONAL BARGAINS.
Tea Gowns from £1 1s. Garden Party Dresses from £1 1s. Silk Blouses from 17/6. Muslin Blouses from 10/6. We offer exceptional facilities in Price and Quality to ladies studying Economy. Application invited for Estimates and Patterns for every Department of Ladies' Dress.

AN EARLY APPLICATION IS REQUESTED.

ARTISTIC DRESS CO., Ltd.,
Court Dressmakers, Mantles, and Millinery,
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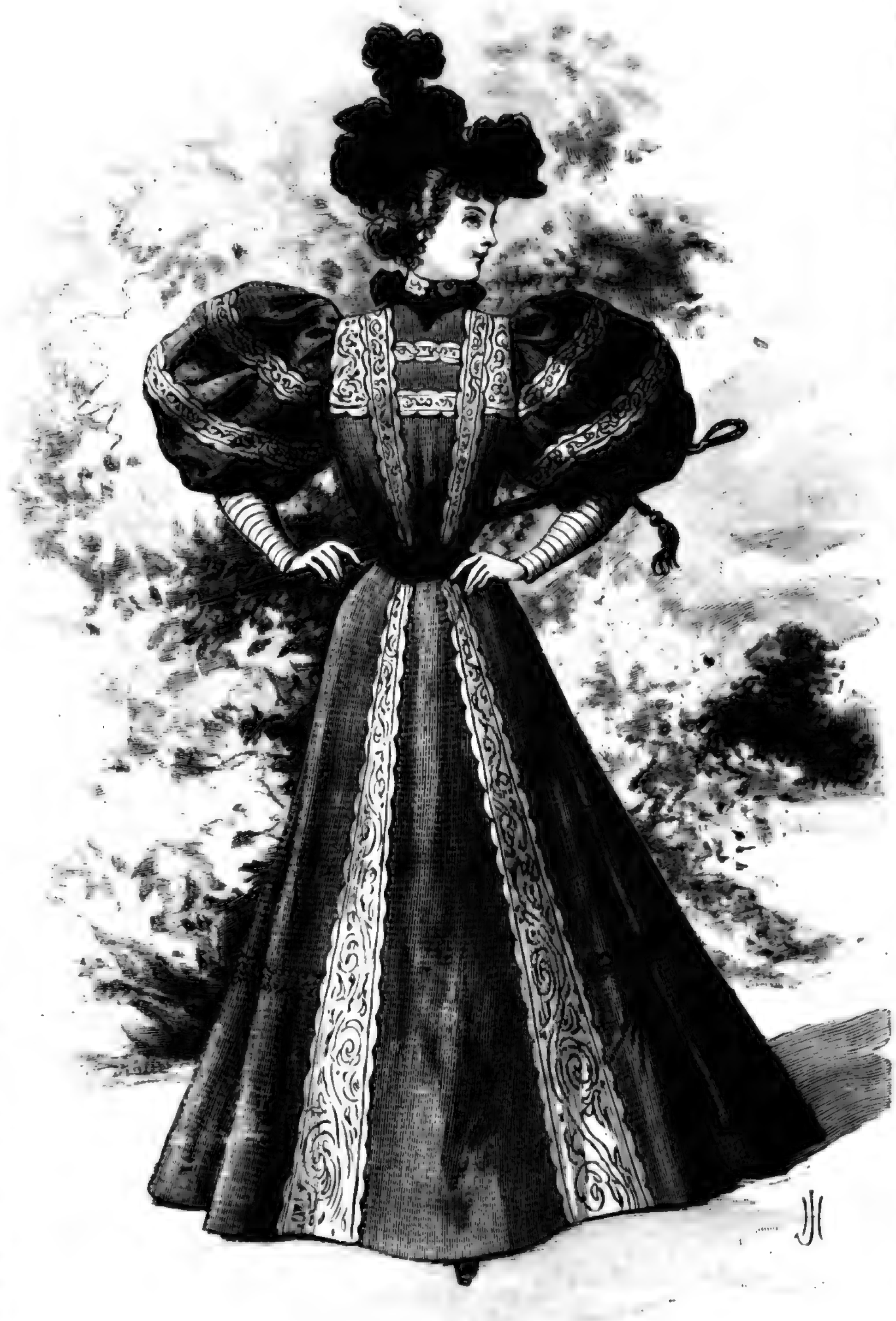
(Ring second bell.)

Spinnings • in • Town

SOME months since I had the pleasure of expatiating on the clever and in many cases beautiful embroideries that could be executed with the aid of the Singer sewing machines; many of my readers who possess these excellent machines have been most anxious to know whether they could acquire the art of embroidering, without coming up to town to take the lessons which the Singer Manufacturing Company offer to give at their premises in Cheapside. Fortunately for those who live too far from town to avail themselves of this offer, the Company has issued in their new "Art Sets" all the instructions, the materials and the apparatus necessary for the work. Each one of the Singer's Art Sets contains, in a prettily decorated octagonal box, the two hoops required for fixing the material to be worked on, a design in colours and a transfer drawing of the same design, and all the reels of fine silk necessary for its execution. In addition to these there is a little book of instructions, the "Manual of Modern Embroidery," which gives full directions for the adjustment of the machine and the preparation of the work for such various styles of decorative needlework as fine silk embroidery, rope or cable silk embroidery, Byzantine Lace embroidery (exceedingly effective for working on linen and the decoration of d'oyleys, table and bed linen), couching, gold thread, crewel silk, arrasene, tinsel and appliqué embroidery, and also for passementerie, smocking, hemstitching, and drawn work. There are in fact very few kinds of ornamental needlework that cannot be executed with a Singer machine, and every description of design, from the simplest spray or conventional ornament up to copies of oil paintings, is within the bounds of what is possible.

The reproducing of paintings in silk embroidery is a *tour de force* that few of my readers will care to undertake, but there are hundreds of women, skilled in the use of the machine and with time on their hands, who will delight in the pleasant task of adorning sheets and pillow-cases, tea table-cloths, sideboard cloths, and other articles of napery, with the drawn work and guipure borders that add so much to their beauty, and that are so trying to the eyes and such an enduring work when executed by hand. The work is quickly done, excellent results are obtained with very little labour, and though embroidery by machinery may not have the same intrinsic value as that worked by hand, it has the same decorative effect, which is the main point with those whose only ambition is to decorate their own property, and it is very questionable whether it is worth while for a woman who has many duties in life to waste time and eyesight on the execution of elaborate embroideries that are not intended to last for ever. Two or three hours spent in embroidering with a Singer machine will do more work than could be executed by hand in as many months, and anyone in the habit of using the machine would at once understand the instructions and would soon acquire dexterity in the art.

Purchasers of certain classes of the Singer machines are presented with one of the "Art Sets," which are supplied at 5*s*. each to those who already possess the machines and are fired with the desire to make experiments in embroidering, and I recommend the work to girls who, in the depression that sometimes follows a holiday, want some thoroughly amusing and engrossing occupation.



WALKING DRESS FOR THE COUNTRY.

Dress of butcher blue linen; godet skirt with robings of white embroidery and ornamental flax thread stitchery on the deep hem. Blouse bodice fastened on one side under the bretelle of embroidery; halt yoke of embroidery and bands to match across the front of blouse and round the puffed sleeves. The lower part of the sleeves of tucked white batiste. Orange silk belt and collar with turned-down collar of embroidery. Black straw hat trimmed with feathers. Quantity of linen required, 13 yards.

Prices of Flat Patterns, Skirt, 6½d., Bodice, 6½d., of MADAME MYRA, 95, *Regent Street, W.*

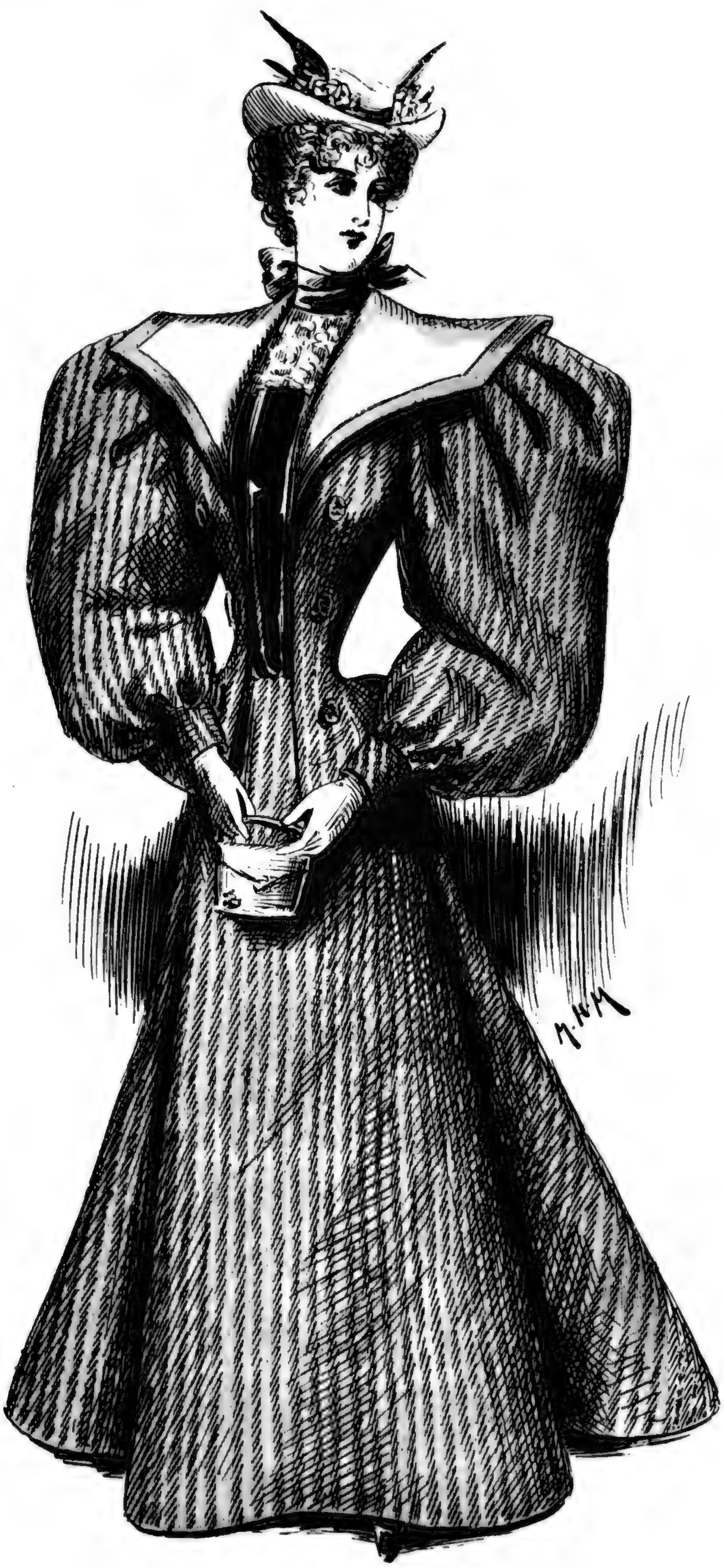
Hinde's Curling Pins are well known, and well they deserve to be, seeing that there is no other more efficacious and innocuous means of curling and waving the hair. The firm of Hindes, Limited, has a wonderful faculty for attaining an end by the simplest of means. This gift is further illustrated in Hinde's Slide Attaché, a new and very clever contrivance to secure ladies' hats and bonnets firmly yet easily on the head. The *attaché* is a sort of metal comb, very light and neat, each prong pyr-pointed so as not to distress the head. This comb passes through a small, slight socket which is to be sewn to the rim of the hat-crown. Before putting on the hat, the four-toothed comb is drawn back through the socket as ar as the pyr-points, which prevent it from slipping through entirely. When the hat is adjusted, the little slender comb is pushed through the socket, clasping the hair in its passage, the teeth widening apart the further they intrude, so that the side of the hat is firmly held in place. For sailor hats, especially at the seaside, a pair of Hinde's Slide Attachés should be used, one on each side. For people who do their hair high at the back and wear a hat with a small brim, one at the back would be sufficient. All ladies who are starting for the seaside or the equally breezy mountains should invest in a pair for the moderate sum of 9*d*., the *attachés* being 4½*d*. each.

Messrs. Hildesheimer, the Art Publishers, whose artistic Christmas cards and exquisite illustrated books for children help to make the Christmas season beautiful and gay, have lately published some mounted drawings for the decoration of nurseries and children's rooms, that should certainly tend to educate the taste of the next generation, and give children a high standard in art and the decoration of walls.

The subjects of these charming drawings are children in single figures and in groups, they are exquisitely drawn and coloured, gems of colour-printing in fact, and one hardly knows which to admire most, the dainty conception of the artist or the supreme skill shown in its reproduction. I have before me a series of six of these drawings, entitled "Chivalry, Hush-a-bye-Baby, An Errand of Mercy, Water Babies, A Dress Rehearsal, and Good Night;" they are all printed on white cardboard, and have wide mounts of grey cardboard, with bevelled edges and a line of gold. They are well worth the small expense of framing and glazing, and girls of all ages will welcome the pictures as an addition to the ornamentation of their rooms. Nowadays, when education entails so much mental and bodily activity, it is as well that some of the softer aspects of life should be kept before the eyes of the coming women; one or two of these pretty pictures of child-life would serve as a corrective to the portraits of champion golf and tennis players, and the feminine B.A.'s who are the objects of the admiring homage of less distinguished girls.

Another pictorial novelty takes the form of a series of Post Cards embellished with sketches of London Life by a clever lady artist, Miss Jessie Caudwell, whose work, in another branch of her art, is familiar to the readers of MYRA'S JOURNAL. The Post Cards may be had of Messrs. George Beeching and Son, Stationers, of 45, Upper Baker Street, and 178, Strand, and their cost is 3*d*. per packet of six cards. The cards are of good quality, with rounded corners; one side is left for the address and stamp, a portion of the other side is occupied by the little panel sketch illustrating some familiar phase of every-day life in London. The sketches are capital, but I cannot help thinking that they would be more artistic in black and white only. The introduction of colour is scarcely a success, and the drawings do not require it. Nevertheless the cards are a happy inspiration, and I hope Miss Caudwell may continue the series; London is an inexhaustible subject, and these clever little sketches redeem the *banalité* of the ordinary Post Card.

A new preparation for strengthening the hair and promoting its growth, of a particularly fragrant and pleasant character, is "Zenaline," a clear tonic lotion prepared from those well-known ingredients Jaborandi and Pilocarpine, amongst others. Zenaline contains no grease, glycerine, lead, or other injurious or disagreeable ingredient, and it may be used freely for the hair and eyebrows, both as a growth and colour restorer. Weak and faded hair is specially benefited by the application of Zenaline, but naturally time must be allowed for the lotion to produce perceptible results. It is prepared by Mr. S. Harvey, Chemist, of Balham, who also supplies the capital and safe arsenical preparations for the complexion of Dr. Mackenzie; these consist of arsenic complexion wafers, and the arsenical toilet soap, both of which have an excellent effect on doubtful complexions.



A TRAVELLING COSTUME.

Skirt and coat of fancy tweed in beige and brown shades; the jacket ornamented with fancy buttons. Bishop sleeves with broad wristbands. Box-pleated front of black satin mounted on a yellow guipure yoke. Black satin collar. Deep collar of white cloth bound with suède kid. Panama hat trimmed with black wings and coloured rosettes. Quantity of tweed required, 8 yards.

Prices of Flat Patterns, Skirt, 6½*d., Jacket,* 6½*d., of* MADAME MYRA, 95, *Regent Street, W.*

There are probably very few of my readers who have not at some time or other availed themselves of the chance of buying some of the wonderfully cheap silks and other goods offered at their periodical sales by Messrs. S. Lewis and Company, of the Holborn Silk Market, Holborn Bars. The present clearing-out summer sale is on an unusually large scale, and the bargains in silks of all kinds and qualities are more than sufficiently tempting. The silks range in price from 1*s.* 0¾*d.* per yard for China and Nagasaki silks in all colours to 10*s.* or 12*s.* per yard for rich brocades; they include plain silks, surahs, and satins merveilleux, glacé, shot, fancy and broché silks, besides a number of plaid and other silks specially suited for blouses, and in all colours for day and evening wear. There is a special range of white and cream silken fabrics for bridal attire and evening gowns, and a still larger variety of black silks, satins, brochés, etc., at remarkably low prices.

The glacé silks in colours and in black costing from about 1*s.* 6*d.* per yard are invaluable for skirt linings, and inquiries for patterns from the country are seen to by a special staff, so that the advantages of these sales are open to all.

A charming little book, that can be had from any of the Mazawattee Tea agents throughout the country, has been recently issued by the firm under the title of "Summer Resorts, a Handbook of Picturesque Places in Great Britain and Ireland." The book gives illustrations from photographs, in most cases taken specially for the work, of a number of seaside and inland holiday resorts, with short descriptions of these, and of many other picturesque and interesting places. The illustrations are in many cases exceedingly good, and they are of all shapes and sizes; the book is well printed on fine paper, and the cover, embellished with a design of tea-roses in all their natural colours, is a capital specimen of fine lithography executed by Messrs. Marcus Ward and Company. The names of the places described are arranged alphabetically and the book is full of holiday suggestions for tired workers in need of change and rest.

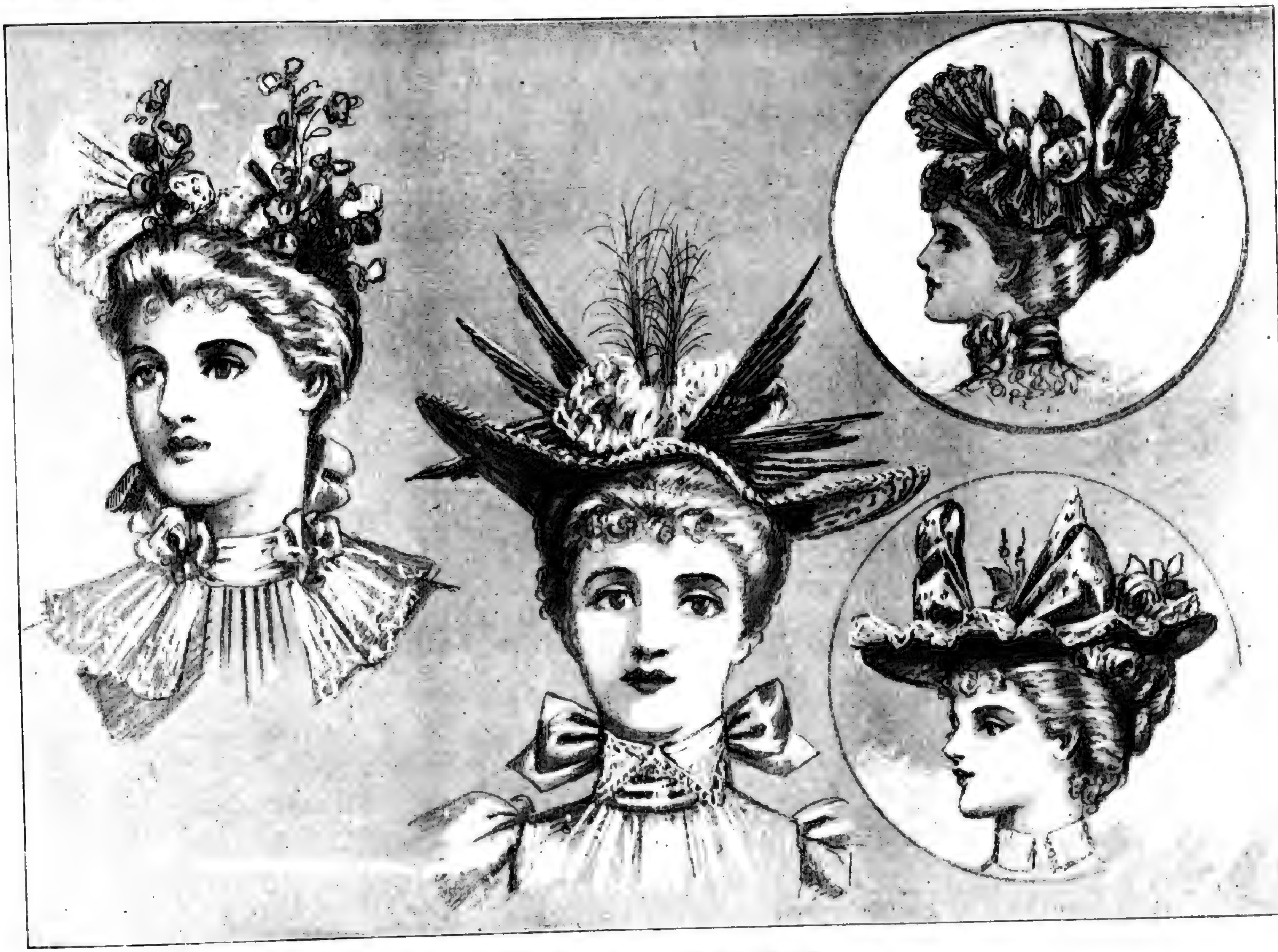
The holiday season has one drawback, not enough to spoil its enjoyment, it is true, but quite enough to detract from its full bliss, and this is the damage to a good complexion caused by the unwonted exposure to sun and wind consequent on a life spent almost entirely out-of-doors. The two toilet preparations of Stephanotis introduced by Mr. Mason, Pharmaceutical Chemist, Norwich, are amongst the very best safeguards against the assaults of sun and wind. The Bloom of Stephanotis many of my readers already know. It has taken its place as perhaps the best complexion powder ever introduced, owing to its impalpable character, its remarkable adhesiveness and lasting power, its beautiful creamy whiteness, and its delightful perfume. It is put up in a dainty polished apple-wood toilet box, with a puff. The other is a liquid cosmetic, Cream of Stephanotis; it is cooling, astringent, and refreshing, and imparts a beautiful natural whiteness to the skin. It is really invaluable for the cure and prevention of sunburn, scorch, freckles, and tan, and none of my country readers, or those travelling, or at the seaside or race meetings should be without it. Mr. Mason sends either preparation post free 3*s.* 6*d.*

Like all the rest of the world I have spent a morning in Battersea Park watching the cycling exhibition which has been the most curious fashionable rage of this season. My reason for going was not simply curiosity, though the sight is strange enough, and one wonders what the democratic Battersea of John Burns thinks of this invasion of its territory; I had also the subscribers to MYRA'S JOURNAL in my mind, and before giving patterns, suggestions, and so forth, for cycling costumes, I wished to ascertain from ocular demonstration what was the best form for such a costume to take. Every rider has her own fad as to a cycling dress, and is naturally anxious to impress its advantages on all her friends, but the wearer of a dress is not always the best judge of its merits, and no doubt the ladies who ride in ordinary dress skirts, muslin and silk blouses, and belaced and beflowered hats, think they look very nice, which they do not.

One point at least is certain, neither divided skirts nor "knickers" are in the least necessary; on the morning I was taking notes I saw only one rider in a divided skirt and two in "knickers," and they looked infinitely more awkward than those who rode in the more conventional skirt and jacket. The "knicker" costume is both ugly and unbecoming; it is not suited to a woman's figure, and punishes her for the attempt to wear it by depriving her of all womanly grace and elegance. The skirt wearers were not only the best riders, but by far the most graceful and pleasing figures to watch; a woman looks as well, when suitably clothed, on a bicycle as on horseback, the exercise is less violent, and the ease with which a practised rider guides her machine through the throng, and turns and twists it as her fancy dictates, is a very fascinating spectacle. The majority of the ladies ride exceedingly well, and age is apparently no bar to this form of exercise, indeed there are so few young and pretty riders that a gentleman I have heard of pronounced the whole thing to be a "disgusting exhibition" because there was not a single pretty girl riding!

However, be the rider middle-aged or otherwise, there is very little doubt that the best style of costume is some such as the following I noted on the spot. The whole dress was in dark green cloth, the skirt made with a box-pleat in front and kept in place by elastic stirrups passed under the feet before mounting. A smart tight-fitting jacket buttoned on the chest, with short basque and turned-down collar and revers showing a white shirt, and dark straw boat-shaped hat trimmed with ribbon, completed the costume. Cloth gaiters matching the dress were worn over the shoes, and the gloves were of thick but soft suède kid. All the best skirts are made more or less in this shape, reaching to the ankles when walking, and provided with the stirrups, or loops attached to the buttons of the gaiters, to prevent them from riding up. The jackets are of all kinds, open, closed, double-breasted, etc., but nearly always with a rather short basque, a long basque reaching below the saddle has a very bad effect. Under the skirt knickerbocker drawers are worn. Norfolk blouses are occasionally seen, but they are not nearly so smart as a well-cut jacket.

The best headgear for hot weather is a straw hat very simply trimmed; sailor hats and boat-shaped hats look equally well; dark brown Panama hats trimmed with black ribbon are very lady-like; very wide-brimmed "floppy" hats are unsuitable, and a nuisance if the wind is high.



STYLISH MILLINERY FOR THE SEASIDE.

Fig. 1. Toque in cream lace trimmed with bows of lace and bunches of sweet peas. Collarette to match in shot silk and lace.
Fig. 2. Wide brimmed hat of rough yellow straw trimmed with rosettes of white chiffon and green wings.
Fig. 3. Toque with brim of pleated black lace and crown of roses. Large ribbon bow at back.
Fig. 4. Wide brimmed chip hat trimmed with yellow lace, bows of chiné mauve and pink ribbon in front and pink roses at the back and under the brim.

As to the chaussure, tastes vary, and although openwork stockings and low shoes may do very well in Battersea Park, they are neither so appropriate to riding nor so useful and neat as shoes and gaiters; to have these last of the same material as the dress, above a brown or black shoe, is best of all, but they must be well cut; wrinkled gaiters, like some of those exposed under badly secured skirts, are a nightmare.

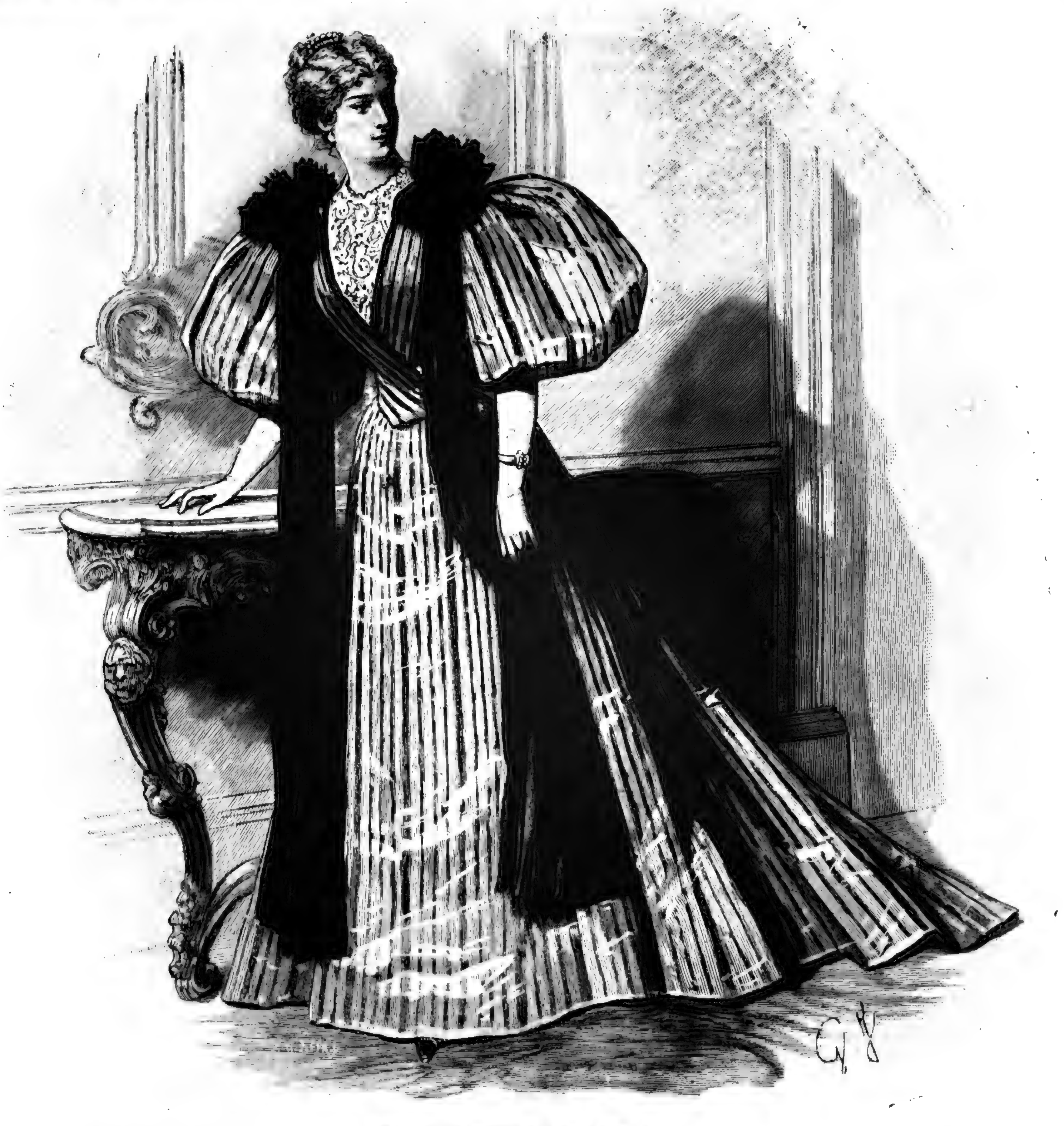
In the next number of the Journal it is our intention to give our readers some illustrations of different styles of cycling costumes, together with a diagram and instructions for cutting one of the recognized best forms of skirt, that with a box-pleat in the centre.

A much needed warning on the subject of chemically produced perfumes has lately been issued by the well-known firm of perfumers Messrs. J. and E. Atkinson, of 24, Old Bond Street, under the title of Artificial Perfumes. Scents can be and often are made from cheap and strong ingredients, but their effects are now and then injurious; the perfume always either evaporates speedily, or else its nature becomes so altered that the word *fragrant* is the last that would be applied to it, and as to the connection between the perfumes and the flowers from which they are presumed to be made, why that consists solely in the names on the labels. The preparation of genuine essences is a slow and somewhat costly process, demanding immense care, great skill and elaborate apparatus; the production of artificial scents is on the contrary quick, cheap and easy, and simply consists of mixing together a few chemicals in different proportions, varied to make distinctions in the perfumes, giving the bottle a shake and then labelling it rose, lily, heliotrope, or any other flower, *á discrétion.*

It is needless to say that the perfumes sold by Messrs. J. and E. Atkinson are not manufactured in this fashion, but that they do in truth owe their peculiar fragrance to the flowers and other natural products from which they take their names. One of the most delightful of these perfumes is the White Rose, and there can be no mistaking the fact that this scent is derived from the petals of white roses. Nothing else, and certainly no chemical compound, could give this particular odour, so delicate and refined that the greatest purist in perfumes need not disdain to use it.

One of the prettiest and most elegant of the revived fashions of this season is that of long scarves, falling from the shoulder to the hem on either side of the front of the dress and drawn in by the belt at the waist, or else passed round the neck at the back so as to avoid cutting the scarf, a reckless piece of extravagance when the scarf happens to be of real lace. Black lace scarves arranged in this way are as charming as they are fashionable on coloured silk dresses, and ladies who do not care to cut their old scarves, or to spend much money on a mode that may be fleeting, will be glad to know that charming black lace scarves, exactly suited for this style of dress, may be had at most moderate prices from Messrs. Samuel Peach and Sons, of Lister Gate, Nottingham. Scarves in fine Chantilly with purled edge, 108 inches long and 18 inches wide, cost only 10*s.* 6*d.* and are in a charming pattern; a heavy guipure purled scarf, 96 inches long and 11 inches wide, costs only 5*s* 9*d*; a fancy lace scarf is made in two widths, 12 inches wide at 3*s.* 6*d*, and 16 inches wides at 5*s.*, and in both cases this remarkably cheap scarf is 108 inches long and has purled edges. Another fancy design, 15 inches wide, costs 5*s.* 6*d.* in a length of 80 inches, or 6*s.* 6*d.* for a scarf 96 inches long. A handsome shawl, 2 yards square, and hand purled, in the same design, costs only 30*s.*, and amongst the many designs of black silk lace flounces, of 40 and 45 inches in depth, are several that correspond with the scarves and may be utilized for the same dresses.

These flouncings in Spanish and Chantilly laces are most useful and exceedingly cheap, costing in full



Reception Dress for Married Lady.

Dress of black and white striped silk; godet skirt, and bodice with crossed fronts open over a chemisette of antique point lace, the back drawn in with pleats at the waist. Balloon sleeves to the elbow. Folds of black silk muslin are draped like a collar round the back of the neck and secured in front under big rosettes from which long pleated stole ends fall nearly to the feet. Quantity of silk required, 20 yards.

Prices of Flat Patterns, Skirt, 6½*d., Bodice,* 6½*d., of* Madame Myra, 95, *Regent Street, W.*

skirt depth only from 2*s.* 8*d.* to 8*s.* 6*d.* per yard for the finest Chantilly flouncing, 45 inches deep. The patterns are admirable, and Messrs. Peach and Sons also supply black silk dress nets in a variety of designs, 44 and 45 inches wide, at very low prices. I strongly recommend these laces and nets to married and middle-aged ladies who are thinking of converting their silk summer gowns into dinner dresses for home wear in the autumn and winter. The lace blouses too are marvels of cheapness and made in many pretty styles; young ladies will find these invaluable.

Fancy veiling nets are another speciality of the firm, and when one thinks of the *fancy* prices so often charged for these nets it is not unpleasant to know that one may obtain them from Nottingham at very much lower prices, such as 9*d.* and 1*s.* per yard. One of the veiling nets with the fashionable very small spots may be had at 6*d.* per yard in white, black or brown; a similar but finer net costs in black 1*s.* per yard; a bordered net, 17 inches deep is only 9*d.* per yard.

The white and cream trimming laces again are of a fashionable and useful description, and include the Antique, Genoa, and Spanish Rose points, the Point de Venise, the Italian Braid Point, the Rose Point Guipure, and other kinds in vogue at present, at very reasonable prices, and all the patterns may be had in two or more widths. The lace collars and collarettes in various styles are also well worth the attention of my readers, and Messrs. Peach and Sons' Parcel system offers fascinations that it would be hard to resist; the Lace Costume Parcels, ranging in price from 4*s.* 6*d.* to two guineas are particularly interesting, and the contents are useful and well assorted. The "Latest" Parcel at one guinea, for instance, contains 6 yards of black lace flouncing, a lace blouse to match, a cravat bow of butter-coloured point de Venise, 3 yards of cream guipure, and 1½ yards of net veiling.

The choice of a good and suitable stiff lining is a point of extreme importance in the making of fashionable skirts; quite an ideal material for the purpose is the Fibre Chamois, a new invention specially introduced to meet this particular want. It is absolutely pliable, soft, thin, and light, and is therefore infinitely preferable to stiff muslin, which soon becomes limp, and it is less expensive and less destructive to the dress fabric than crinoline and other stiffenings. It is impossible to crease it, and its extremely light weight is an immense advantage. It is used with excellent results for lining sleeves, revers, etc., as well as skirts, but a different make is usually employed for sleeves. The stiffer kind (No. 20) is best for skirts, a thinner make (No. 10) is admirable for sleeves. Messrs. Debenham and Freebody, Mr. Peter Robinson, and all the leading drapery houses supply the Fibre Chamois, which costs only 1*s.* 6*d.* per yard, the width being 64 inches; there is also a heavy make for collars, and the revers of jackets and cloaks, but this is chiefly used by tailors The most useful kinds are Nos. 10 and 20, and these will be found invaluable in dress-making; the material is smooth and soft in finish, easy to work and manipulate, and does not pull or break at the seams.

The Silkworm.

Educational News.

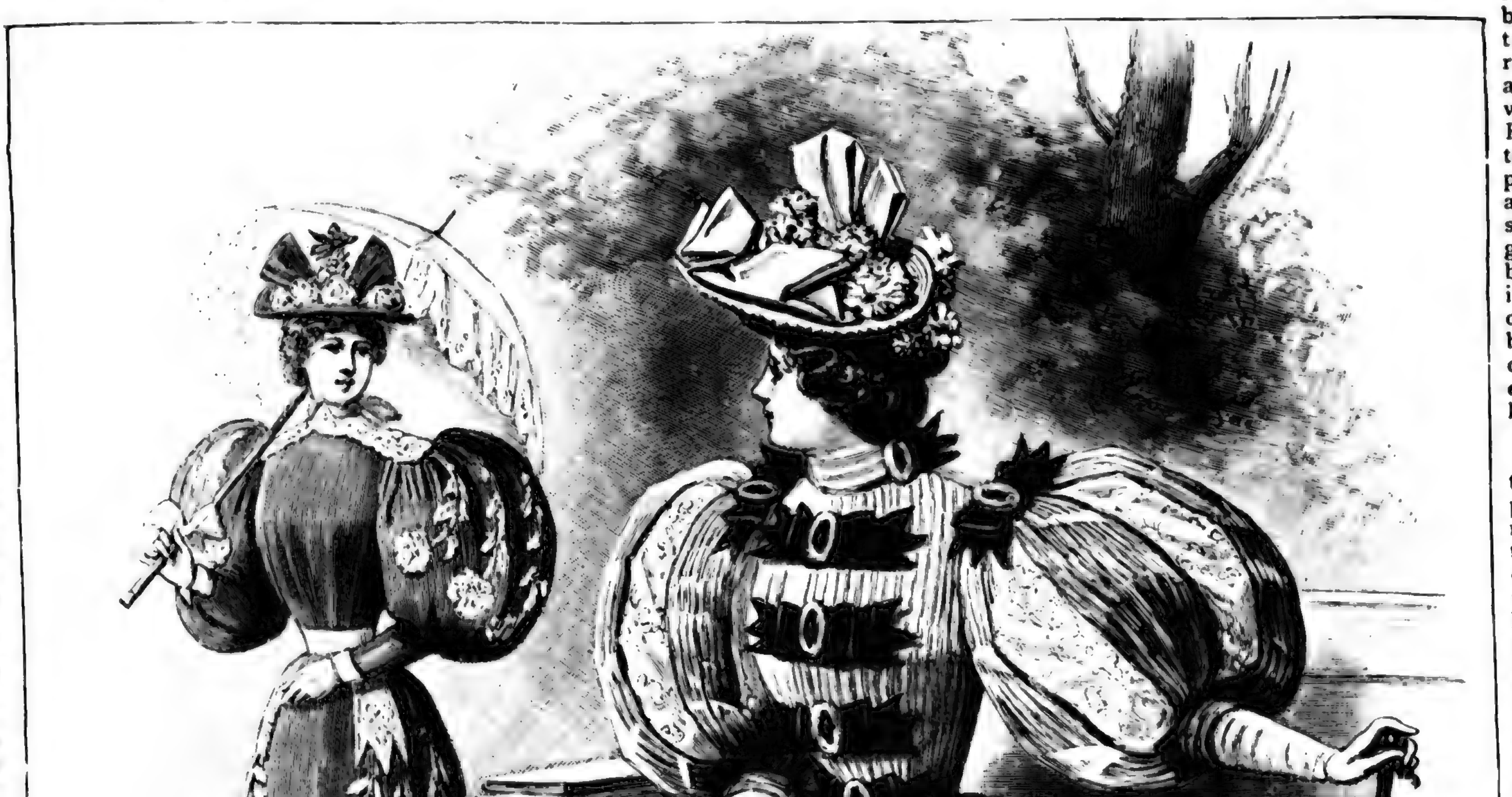
ON June 20th an interesting meeting was held in behalf of the Women's Branch of the Horticultural College, Swanley, Kent. The magnificent Indian Room of Lord Brassey's house in Park Lane was kindly lent for the purpose, the owner had also promised to take the chair, but he was detained in Paris on important business, and his place was taken by Earl Grey. The secretary of the Women's Branch, Miss A. G. Frere, gave its history from its foundation in 1891. Its object is less to train resident gardeners for noblemen's and gentlemen's country gardens, than to supply duly qualified home gardeners—women who will practise as market gardeners, as wives of colonists, as head gardeners in their own houses, so that they can dispense with the expensive services of a head gardener. This last, it appears, is the purpose of the majority of the lady students, who pay £80 a year for their board and tuition. The County Council, however, give free scholarships for two years, and send students to qualify themselves as market gardeners—which desirable result many reach with benefit to themselves and families. The Empress Frederick takes a great interest in the Women's Branch of Swanley College. Miss Williamson (head-mistress of the Princess Helena College at Ealing) spoke of gardening as an educational factor. Mrs. Westlake appealed for help towards founding more scholarships. The most interesting address came from Professor G. Henslowe, who declared that science backed by practice is the best method of instruction, and that is the Swanley system. He suggested that the College should *invent* and develop as well as teach what is already known. Mr. Powell, the Principal, supplied the cheering assurance that ladies make excellent gardeners, both from their ingrained patience and natural delicacy of finger.

JULY 9TH was "Commemoration day" at Princess Helena College, Ealing, when the prizes won by the large circle of pupils were distributed by Princess Christian, who is President of the College, in which Her Royal Highness takes so deep an interest. Sir Joseph Savory, Vice-President, was to have taken the chair, but he was too busy with electioneering, and Prince Christian graciously consented to take his place. The record of the College is excellent, and the present pupils are evidently keeping up the high standard. Miss Dorothy Spalding took honours in six subjects, and Miss Williamson, the Lady-Principal, read a highly gratifying list of the honours won in the past year at the big public examinations. Of those girls sent up for matriculation there was not one who failed to pass. The Lady-Principal and Committee of Princess Helena College pay as much attention to the training of the body as the mind—as the splendid looks of the pupils manifest. The large and open grounds lend themselves to sports, and excellent results are obtained in cricket, tennis, etc. The Royal President was received with acclamation.

THE Princess wore a handsome black gown with light silk bodice patterned in rose-buds and striped with jet. Her daughter was in pale green—a crépon skirt and a green silk blouse veiled in black chiffon, with broad collar of embroidered white lace.

THE visitors were permitted to ramble about the spacious drawing-rooms and halls after the ceremony was over. Favoured visitors also obtained a peep at some lovely water-colour paintings by Miss Ella Williamson—the Lady-Principal's artist sister. Miss Ella Williamson devotes herself to flowers—principally to roses, which are lovely, fresh and beautiful, nature itself are her panels. Some floral paintings of hers are now on view at the Dudley Gallery.

MISS EMILY EDROFF, who recently carried off the gold medal given by the London Organ School for organ playing, is well known to Metropolitan audiences, through the delightful recitals she has given at various times on the organs of many of the large London halls and churches. Although quite a young girl, she has achieved much success in her profession, to which she is devoted, and at the present time is one of the principal professors at the London Organ School. From her earliest childhood Miss Edroff has showed great talent for music.



WALKING DRESSES FOR AUGUST.

Fig. 1. Dress of mauve crépon, the sides of the skirt and the sleeves ornamented with designs in embroidery; the sprays on the skirt start from under tabs of cream lace matching the deep collar. Blouse bodice fastened under the left arm and drawn in at the waist by a belt of cream satin ribbon. Cuffs to match on the sleeves. Straw hat trimmed with roses and shot ribbon. Quantity of crépon required, 7½ yards.

Fig. 2. Skirt of pink and white figured silk, and blouse bodice of accordion-pleated white silk muslin with short fluted basque. Belt of black velvet, and a series of bows of velvet drawn through silver buckles down the front. Balloon sleeves of pleated silk muslin strapped at intervals with bands of silk and ending in pleated bands of muslin. Collar to match; velvet bows and buckles on the shoulders and smaller bows on the collar. White straw hat trimmed with orchids and almond coloured satin ribbon. Quantity of silk required, 15 yards.

Prices of Flat Patterns, Skirts, 6½d., Bodices, 6½d., of MADAME MYRA, 95, *Regent Street, W.*

My Grandmother's Rag-Bag.

AGAIN THE DEAR LITTLE ONES.

SELF-RESPECT.

IN my last article on the upbringing of children, which dwelt upon the importance of training them up in the habits of strict truthfulness, and upon the necessity of absolute honour and sincerity towards them on the part of their elders, I left a few little words to be said upon another important point, namely, self-respect.

Now I am fully aware that nowadays a spurious kind of self-respect is encouraged and fostered in children, which my dear old grandmother would have dubbed conceit, and have promptly snubbed, but since there are reactionaries among us who may prefer to revert to the old ways in more than their original severity, I would caution them against saying or doing anything that may lower the child's honest and perfectly natural self-respect.

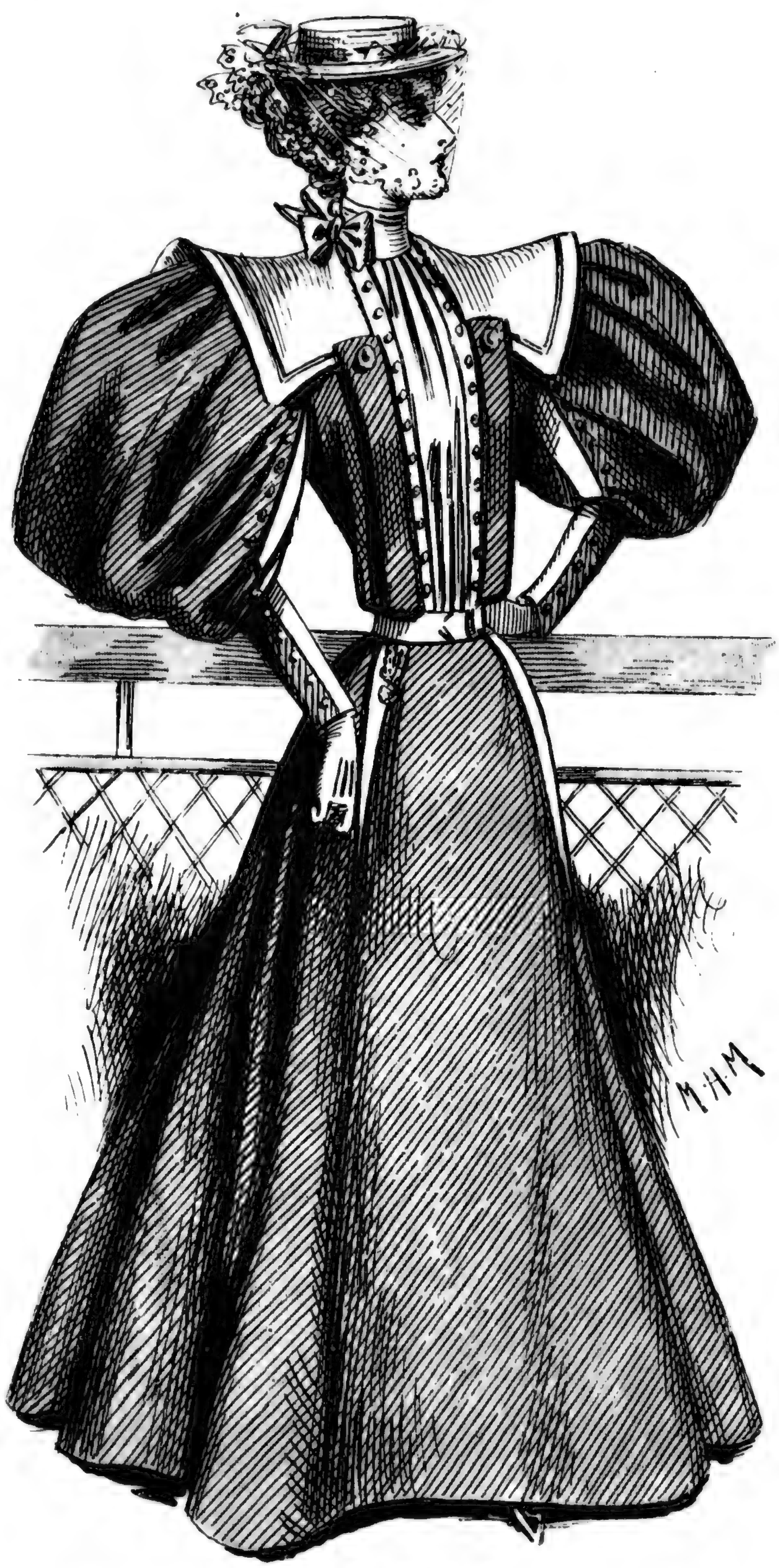
Self respect should be the strongest factor of all others in training children up into habits of perfect candour. But even here, this weapon has to be handled judiciously. I have known of a case where, the child having been accused of some little damage which had occurred by other means, strenuously denied it. She was then considered to have added a lie to her other fault. For two days and nights that child persisted in her denial, till at last, by an ingenious perversion of argument, she was brought to see that she would be more worthy of respect in the eyes of those around her if she owned her supposed fault, than if she persisted in her denial. Now self-respect had in her case been distorted into human respect, and so she gave in, and on two similar occasions made a false confession that she had done something of which she was entirely innocent. But the torture she endured for years after was, she told me in after life, the keenest mental trouble she ever, in a rather chequered existence, suffered. So, as I say, even self-respect may be turned into a weapon whose edge is against us. But, properly handled, there is no doubt that it is the greatest of all teachers of truth. Once train a child into the inner consciousness that all lying and shiftiness is absolutely contemptible, and that the having recourse to such means of evading consequences places the child beyond the pale of its own or others' respect, and the battle is won. For there is no denying that the respect of others is the outward and visible sign of that inward and spiritual self-respect which is so great a salvation to our moral natures.

Although these sayings are as old as the hills, it is not quite a superfluous work to reiterate them. We have been, for some time, in danger of substituting fine talk for noble action, and of elevating mind over heart and conscience. Since most of us ardently desire a return to better and simpler things, let us begin with these little ones, who are so dear to us that we would not wittingly "offend" them.

Self-respect may be made the lever by which passionate tempers, rebellion of all kinds, and most childish vices, may be conquered. Even a dog is always greatly more impressed by a serious lecture than by a thrashing. But the lecture should be judiciously delivered, and not repeated too often. Neither should it be a part of, or appendage to, any other form of punishment. The nigger's admonition to his master of "Massa, if you floggee, floggee, and if you preachee, preachee, but no preachee and floggee too," was apt and tersely philosophical. The one neutralizes the other. Make up your minds which is the better form of discipline, moral suasion or corporal punishment, and when you have made your selection, stick to it. Don't attempt to mix the two. It is quite unnecessary to state that personally I am on the side of moral suasion, but the person who has recourse to it must be possessed of conscientiousness, perseverance and self-denial. It is easier to smack a child than to appeal to its own better judgment, but the smack will do little or nothing towards the formation of its character, and a judicious appeal to its self-respect may help materially in forming a noble, self-reliant character As the child grows older, a due consideration of its self-respect becomes even of more importance, in fact, this question is so many-sided that I find that I shall be obliged to ask the indulgence of my readers still further while I consider it in another article. But I would beg those mothers who may sincerely desire to follow the better way in the bringing up of their children, to give the question of truthfulness their most serious consideration If I have given any stray hints which may be of help to them, I shall be glad and thankful. I fear I have laid myself very much open to the charge of "preachee-ing," but as I have not had the opportunity of "floggee-ing," I may be within the pale of forgiveness. And may absolution be still further extended to me for the anachronism of presenting my readers with this little scrap of exquisite material, which after all did not come out of my grandmother's rag-bag—but was extracted from a treasure house of literary beauty and masterly psychological analysis?

"Surely if we could recall that early bitterness, and the dim guesses, the strangely perspectiveless conception of life that gave the bitterness its intensity, we should not pooh-pooh the griefs of our children." Although my quotation has no especially direct relevance to the subject which we have been considering, it has a general bearing upon it, in that it reminds us of the heavy responsibilities of our duties towards "these little ones," and may bring it home to us that the wounding of their self-respect is one of the most serious violations of those responsibilities, the most sacred which life is likely to lay upon us.

THE OLD LADY.



A YACHTING COSTUME.

Blue serge skirt with pointed tabs of white cloth at the waist covering the pocket and opening. Serge blouse showing a white satin vest with tabs and small gold buttons down each side. Collar and bow to match. Deep turned-down collar of white cloth and straps of the cloth with rows of gold buttons on the sleeves. The fronts of the blouse form pleats buttoned up over the collar. Straw sailor hat with white veil. Quantity of serge required, 7½ yards.

Prices of Flat Patterns, Skirt 6½*d., Bodice,* 6½*d., of* MADAME MYRA, 95, *Regent Street, W.*

* * *

FLAT Paper Patterns of costumes and dresses for Children under ten years of age, 6½*d.* each, in all styles, from illustrations published in MYRA'S JOURNAL or others, of MADAME MYRA, 95, Regent Street, W.

Hints for the Household.

A FIRST-RATE polish for mirrors, which will cleanse them and render them exceedingly brilliant, is made by pounding to a fine powder a small quantity of calcined magnesia, and adding to it gradually enough benzine to convert it into a rather liquid paste. This must be carefully preserved in a well-corked bottle; when wanted for use a few drops are poured on to a pad of cotton wool and the mirrors rubbed with it. All kinds of glass goods, including window panes, may be cleaned in this way.

EQUAL parts of linseed oil and spirits of turpentine, well shaken together in a bottle, make an excellent polish for furniture. The articles to be polished should be first washed and thoroughly dried, the polish is then rubbed in with a linen rag, and last of all the furniture is rubbed with woollen cloths until it shines with the requisite lustre.

STATUETTES and other articles made of alabaster may be cleaned with pumice stone reduced to a very fine powder and mixed with verjuice. Let the paste stand for two hours, then with a sponge rub the alabaster with it. Wash it off with fresh water and a linen cloth, and dry with clean linen rags.

DAMP salt is the best thing to use for removing stains from china. A sponge moistened in turpentine and rubbed on a gilt frame will clean it and restore the gilding.

THE first stage of a cold is often the most trying, but it may be greatly relieved by the administration at night of a comforting beverage comprised of the yolks of two eggs thoroughly beaten up in a tumbler, with a teaspoonful of sifted sugar, a port wine glass of good rum, and as much boiling water as will fill the tumbler. This dose should be taken after the patient is in bed, and may be repeated on subsequent nights if one dose is not sufficient.

A PASTE made of mealy potatoes, dry mustard, and spirits of turpentine, mixed together, and applied to the spot, will, it is said, extract the grease from leather, if rubbed off after it has been allowed sufficient time to dry. A little vinegar may be added to make the application more effectual.

To prevent chalk or pencil drawings from rubbing out, it is only necessary to lay them on the surface of some skim milk, free from cream and grease; and then, taking off the drawing quickly, hang it up by one corner to drain and dry. A thin wash of isinglass will answer the same purpose.

THERE are two meanings attached to the turning up of the corner of a visiting card; the chief one is to indicate that the whole family is included in the call, but the corner may also be turned up to imply that it has been left in person, and not sent by a servant. The corners of gentlemen's cards are never turned up. The regulation time for a first visit is twenty minutes, half an hour is the longest time a visit should last.

ONE of the chief curiosities at the recent Clock and Watch Exhibition at the Aquarium was a very fine musical clock made in 1804 by a Mr. John Smith, of Pittenweem, Fifeshire. The clock plays sixteen tunes on the same number of well-toned bells; it chimes at the quarters, and after striking the hour plays a tune twice through, the tunes changing every hour. In addition to this, when the clock strikes the hour a number of little painted brass figures move in procession past an open door in the front of a house, a troop of dragoons marching at the same time past an opening below the door. But the clock is so arranged that all these musical and other diversions cease entirely between the hours of 12 p.m. on Saturday and 1 a.m. on Monday morning, the words "Remember the Sabbath" on the dial, appearing as a reminder of the strict observance of Sunday practised by the clever maker.

POKER work, or, as it is sometimes called, burnt wood engraving, or again more scientifically pyrography, should always be varnished or French polished, otherwise it becomes dull and dusty-looking and loses all its beauty. French polish is by far the best finish; it is a trifle more costly than varnish, but it greatly improves the work and protects it from the ill effects of time.

PET dogs should be washed as seldom as possible, and when it is necessary it should be done quickly and on a day that is neither cold nor wet. Washing a dog immediately after a meal is also to be avoided. The water should be lukewarm, and the head washed last of all. It is a mistake to use Carbolic soap. Spratt's soap is good and pleasant to use, and the washing should be followed by rinsing and rubbing until the coat is dry. Short-haired dogs, such as black and tan terriers, smooth terriers, pugs, etc., only need combing and brushing every day, and now and then they may be rubbed with a chamois leather. A little Reckitt's blue may be put in the water in which white dogs are washed.

THE pressing and preservation of seaweeds is a favourite amusement with boys and girls at the seaside. The seaweeds should first be washed in fresh water; then take a large plate or dish, cut a piece of paper the size required for the specimen and lay it on the plate with fresh water, and spread the plant out on this, using a good-sized camel's hair brush for the purpose in preference to a pin; with the brush spread the seaweed out in a natural form, then gently raise the paper with the specimen on it and place it in a slanting position for a few minutes for the water to run off. Place it now in a press made of three or more pieces of board, with sheets of blotting paper under each specimen and a smooth piece of muslin over it and then more blotting paper. Put another board over this, then more specimens, and finally strap them tightly together or place heavy weights on them. The blotting paper and muslin should be renewed every day until the specimens are perfectly dry. No gum should be used if the plants can be made to adhere to the paper without it.

PICTURE-GLASSES should be cleaned with a soft leather wrung out in clear cold water, then left to dry without any rubbing.

DELICIOUS MAZAWATTEE TEAS.
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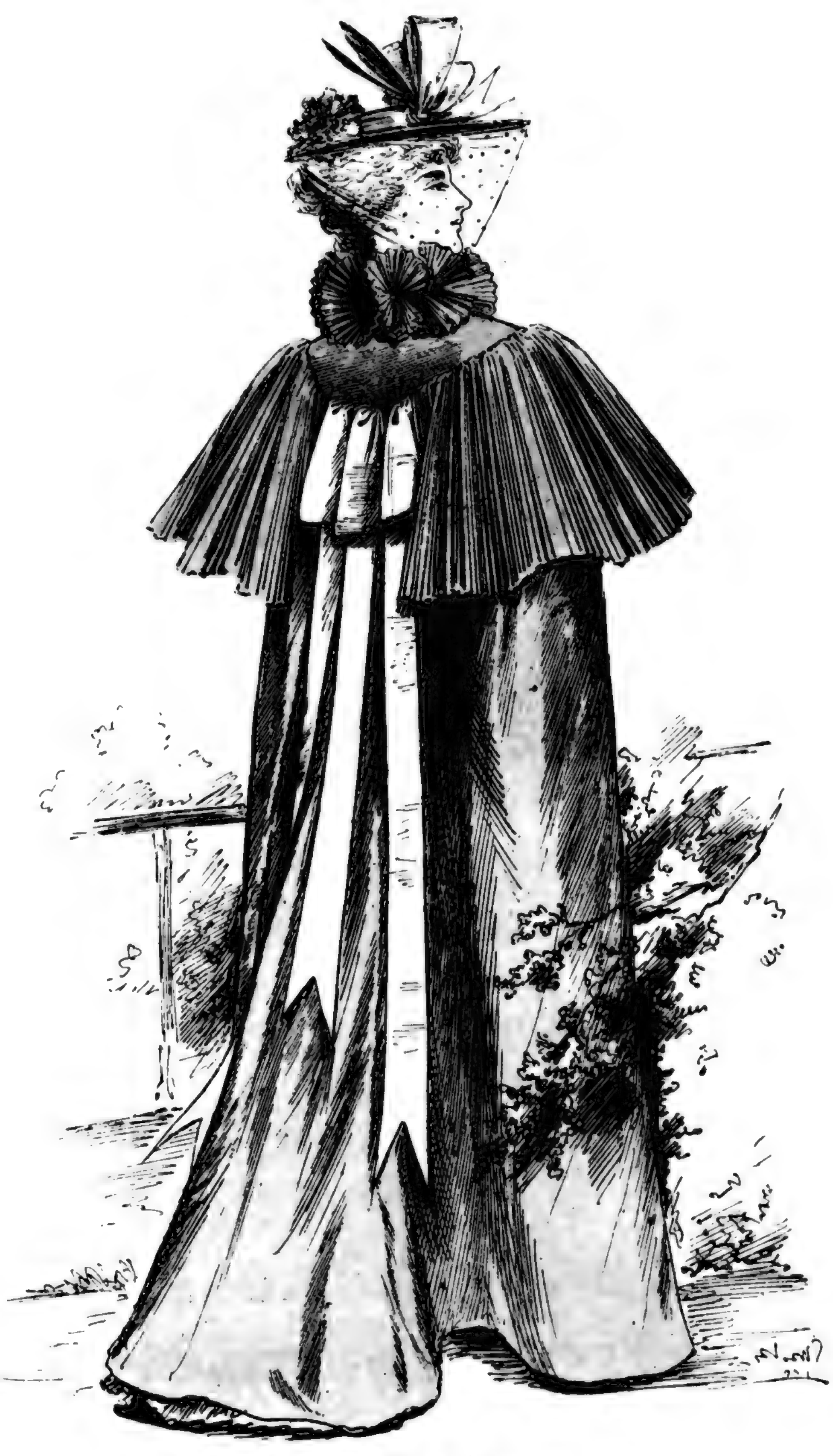
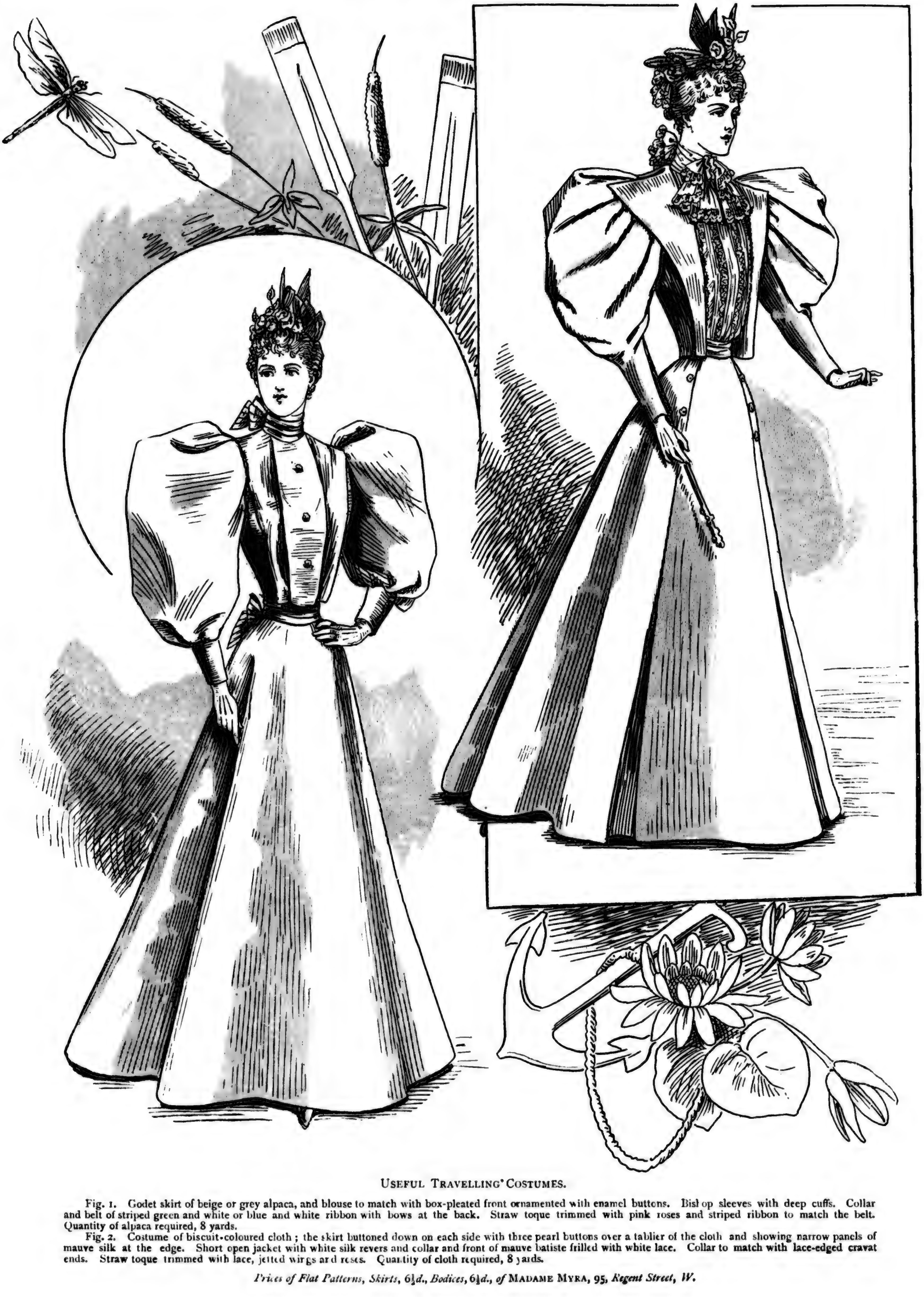
DELICIOUS MAZAWATTEE TEAS.
At 1/6, 1/10, 2/-, 2/4, 2/10 & 4/- per lb. Of Leading Grocers.



A STYLISH DUST CLOAK.

MODEL FROM PETER ROBINSON'S, OXFORD STREET.

Dust cloak in pavement grey "Gloria" with accordion-pleated frill round the shoulders and ruche at the neck to match. Long loops and ends of ribbon at the back. Price, 3½ guineas. Similar cloaks are made in alpaca at 39*s.* 6*d*, and simpler models at 29*s.* 6*d.*

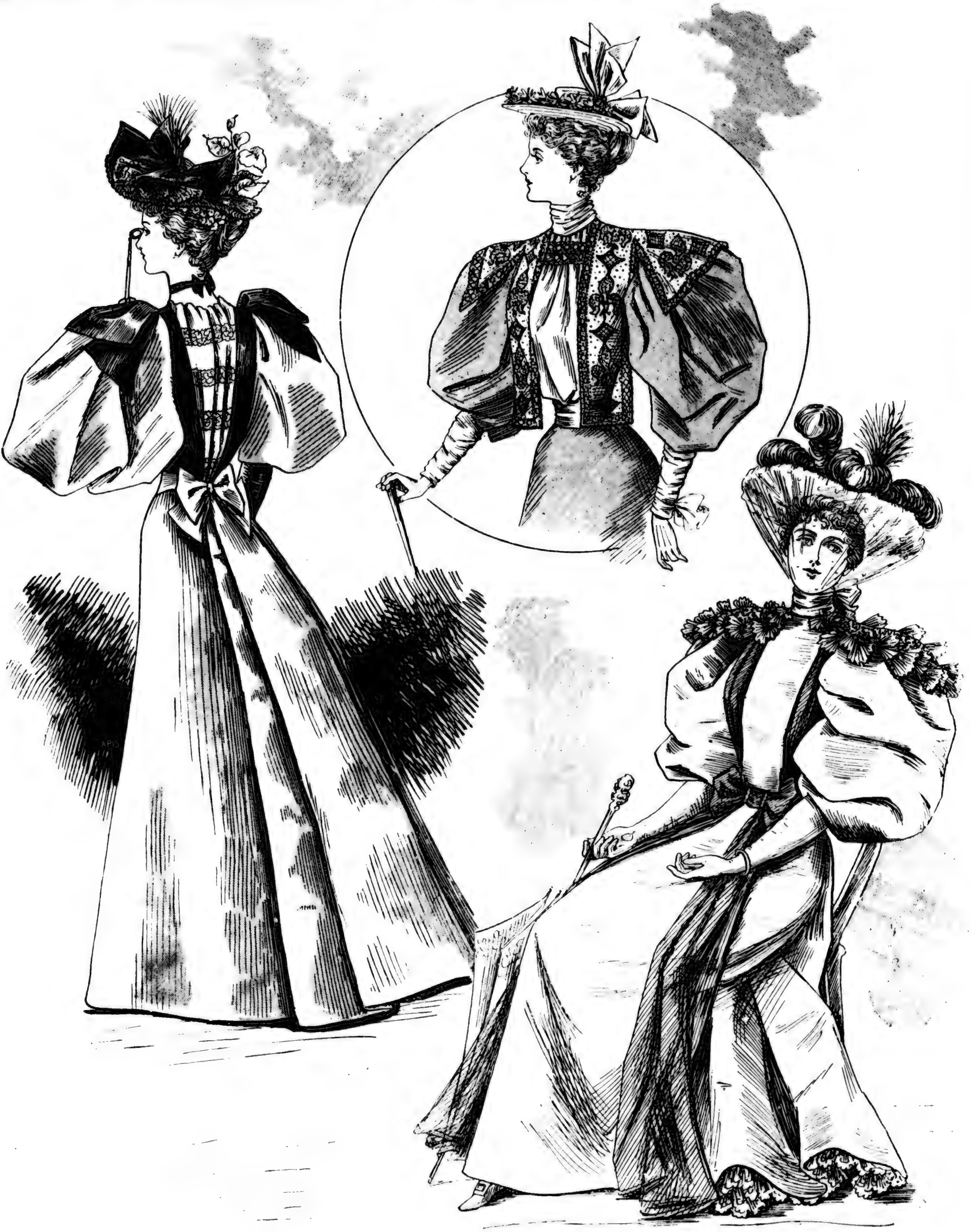


Useful Travelling Costumes.

Fig. 1. Godet skirt of beige or grey alpaca, and blouse to match with box-pleated front ornamented with enamel buttons. Bishop sleeves with deep cuffs. Collar and belt of striped green and white or blue and white ribbon with bows at the back. Straw toque trimmed with pink roses and striped ribbon to match the belt. Quantity of alpaca required, 8 yards.

Fig. 2. Costume of biscuit-coloured cloth; the skirt buttoned down on each side with three pearl buttons over a tablier of the cloth and showing narrow panels of mauve silk at the edge. Short open jacket with white silk revers and collar and front of mauve batiste frilled with white lace. Collar to match with lace-edged cravat ends. Straw toque trimmed with lace, jetted wings and roses. Quantity of cloth required, 8 yards.

Prices of Flat Patterns, Skirts, 6½*d., Bodices,* 6½*d., of* Madame Myra, 95, *Regent Street, W.*



FASHIONS FOR AUGUST.

Fig. 1. Dress of light grey alpaca, the skirt mounted in a wide box-pleat at the back. Bodice of grey silk striped with lace insertion, the sides of the back and bolero fronts of dark pansy silk. Sleeves of alpaca with epaulets of pansy silk. Belt and bow of grey ribbon. Hat of lace straw trimmed with cream lace, pansy ribbon, and a yellow rose. Quantity of alpaca required, 6¼ yards.

Fig. 2. Skirt and sleeves of réséda-green crépon; blouse of the palest salmon pink pongee silk, the collar, belt, and lower part of the sleeves of the same. Collar with epaulets and stole ends of twine-coloured embroidery interwoven with gold tinsel and jet. White straw hat trimmed with marguerites and pale pink ribbon. Quantity of crépon required, 6 yards.

Fig. 3. Skirt, blouse and sleeves of shot silk, the blouse made with a wide box-pleat in front. Pointed tabs of lace on the shoulders outlined with chiffon frills, and long scarves of chiffon on each side drawn in at the waist under bows of chiffon and a paste buckle, and extending to the hem. Lace hat trimmed with black feathers. Quantity of silk required, 18 yards.

Prices of Flat Patterns, Skirts 6½d., Bodices 6½d., of MADAME MYRA, 95, *Regent Street, W.*

Lessons • in • Millinery, • No. 28

IT is always difficult to combine the requisite degree of smartness with what is also useful, and yet nothing is really smart if not appropriate, and what a sorry figure do our sisters cut who persist in wearing light and airy garments on occasions when something solid and workmanlike is most needed

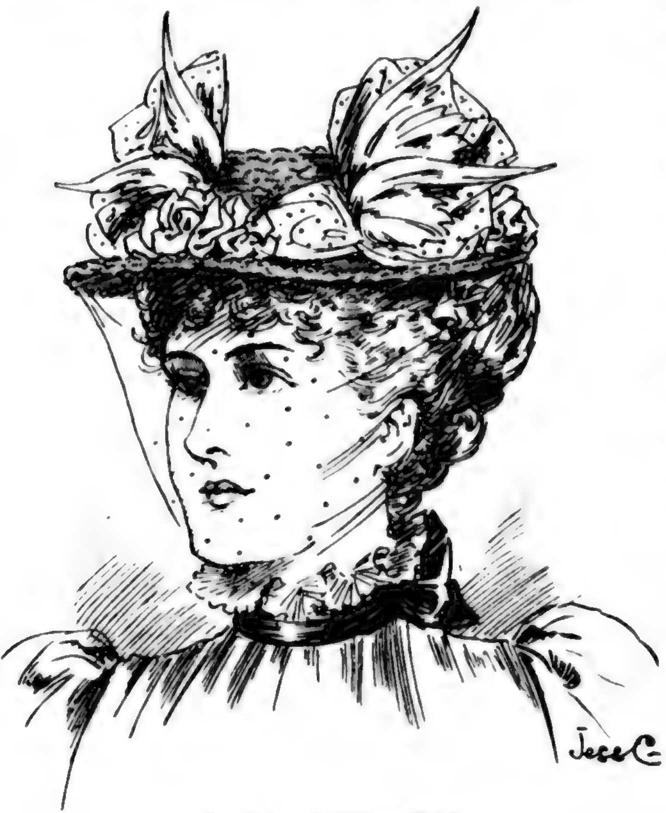


FIG. 1. SAILOR HAT.

The question of the day (that is the summer day) is where to get a sailor or plain hat which, while it looks suitable, is yet becoming. Fortunately, to many English faces a sailor hat with its trim neatness is eminently becoming, but there are many really pretty women who lose all beauty beneath its hard uncompromising lines, and who are led away into vagaries of all kinds, such as having the brim bound with ribbon, unduly high crowns, large bows at the sides, and other forms of ugliness. There is absolutely only one excuse for a sailor hat, viz. its neatness and simplicity; the moment that is done away with, its *raison d'être* is destroyed. Have your straw hat perfectly plain or with at any rate only a plain ribbon in black, or some club colours (if you belong to a club), round it.

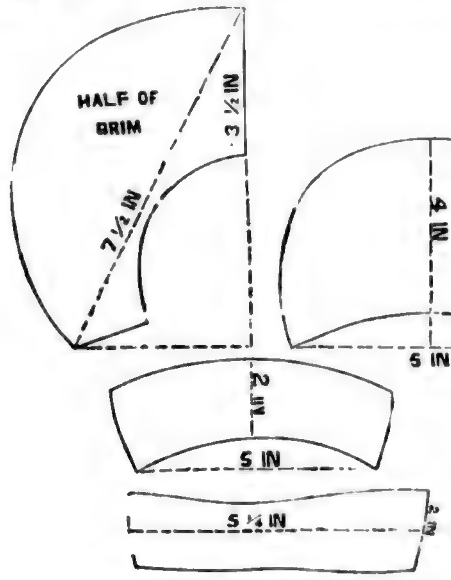


DIAGRAM OF BONNET.

If you find it is *too* unbecoming, then try some of the new boat shapes, they often look very nice, and are quite serviceable. I can tell you where to get a specially smart hat, which I have recommended to many of my friends, and which costs under 10*s*. Of course sailor hats are even cheaper, and I have no idea that it is necessary to give a large price or go to a very expensive hatter for them, you are as likely to get one that suits you for 2*s*. as for 10*s*., only be very careful in choosing it. There is no doubt, however, that for travelling by train a sailor hat is the most uncomfortable thing one can possibly wear, and unless you wish to sit bolt upright during the whole journey, there is only one thing to be done, and that is to take it off.

In illustration fig. 1, however, I give you a very pretty travelling hat in brown straw, which, as it turns up at the back, is quite convenient for railway travelling, as you can lean back in comfort in it. It is made in a very soft brown fancy straw, or rather a band of pleated rush, which a lady in the country makes entirely herself, and I can obtain the hats from her in any shape or in any pattern, in brown, écru, or green. The model drawn is in brown with small rosettes of white and brown spotted ribbon, and folds of white net. Two wings each side, one in natural shades of brown and fawn, the other white, are placed according to the illustration, and a small rosette of the ribbon on each side underneath a white and brown spotted net veil should be worn with this. By the way, the pretty Russian nets seem to have quite gone out of fashion, and only the fine nets with black pin points are in vogue just now.

The elderly lady's bonnet, fig. 2, is composed of a lace brim made over wire, with a narrow gold and jet edging on the wires, and peeping out under the lace. The wire frame is made exactly according to the diagram; the crown, which has a curious half-moon shape, is made in spartrie; it has a bend-up in the centre of the back, which makes it wide and well-fitting, yet not cumbersome-looking. A piece of black satin cut to shape should be handsomely embroidered with gold and beads to form the crown, and a ruche of satin ribbon encircles this. A small bow and very good black osprey are the only other trimmings, and the strings are of the satin ribbon. This shape can be cut in any size needed and looks equally well, and the brim can also be made entirely of spartrie and covered with embroidered satin to match the crown. In this case ruches of black lace round the crown and a very narrow one round the edge of the brim will look lighter and prettier than the satin ribbon.

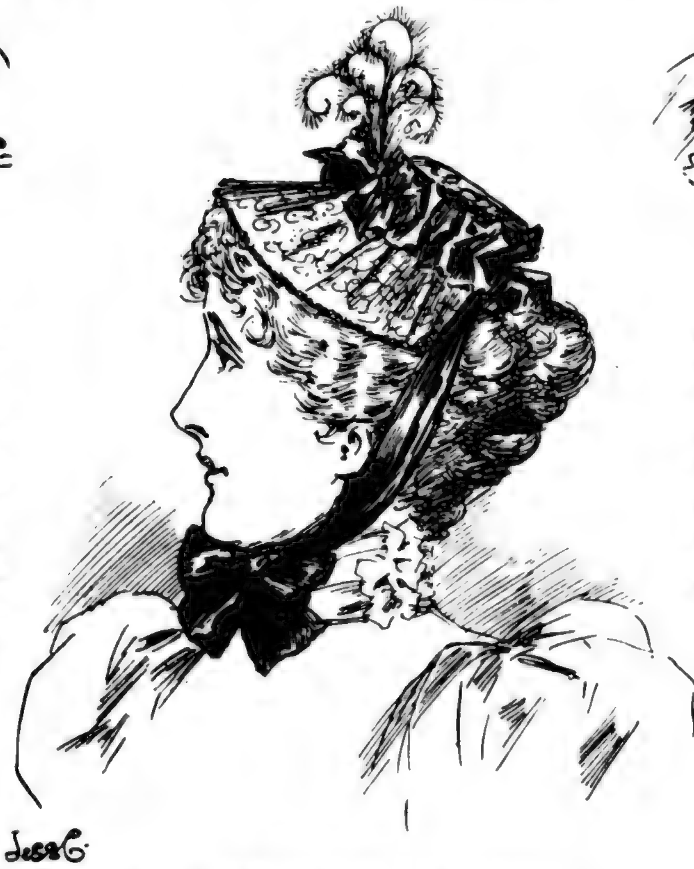


FIG. 2. BONNET FOR ELDERLY LADY.

The model fig. 3 is a very pretty smart lace hat either in cream or black, with the outlines and foundations of white silk wires in different sizes. The diagram gives the little gores which have to be put in to make the spartrie pattern, but many of my pupils can by now I fancy make a lace hat without a block, and this model is easy, as any old plain straw hat will do to fasten the wires to. The wires are graduated, allowing for the extra width outside. The thickest wire runs round the centre of the brim. When the lace is firmly fixed, and the crown, which is in the ordinary round shape, is also finished, turn up the back of the brim and trim with plumes of cream feathers and white embroidered ribbon; two feather tips fall over the hair on each side, and a strap of the ribbon passes across the crown and keeps up the brim at the back.

Reeds and grasses are again being used as aigrettes on hats for sea-side and country wear, for both of which purposes they are better suited than feathers, being more durable and less affected by damp. A pretty straight-brimmed hat of Panama is trimmed on one side and at the back with bows of shot green and blue ribbon. In front and tending towards the other side is a bunch of cornflowers, and behind these rises a group of green reeds.

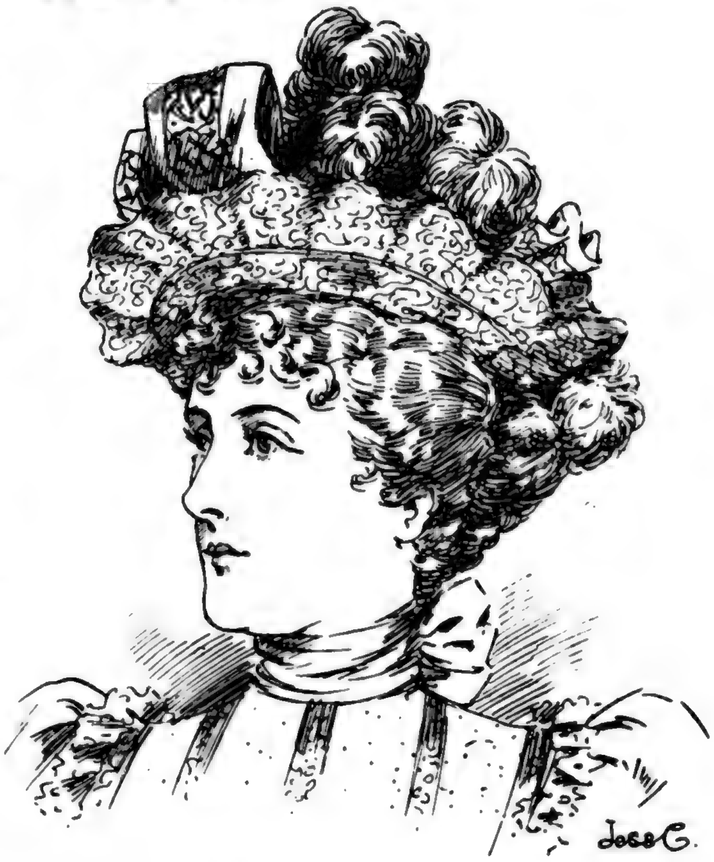


FIG. 3. SMART LACE HAT.

The hat of the immediate present is black chip with a plethora of ostrich feathers, of which as many as eight or ten appear on some of the smartest hats, rendering them by no means inexpensive purchases.

Black hats are still a frequent accompaniment to a muslin or light silk gown, and are likely to predominate for some time.

To the French woman's penchant for shrouding her dainty head and face in voluminous folds of tulle is probably due the rage for tulle veils.

Materials for fig. 1.—Fancy straw shape; 2 pairs wings; 2 yards ribbon; ½ yard spotted net.

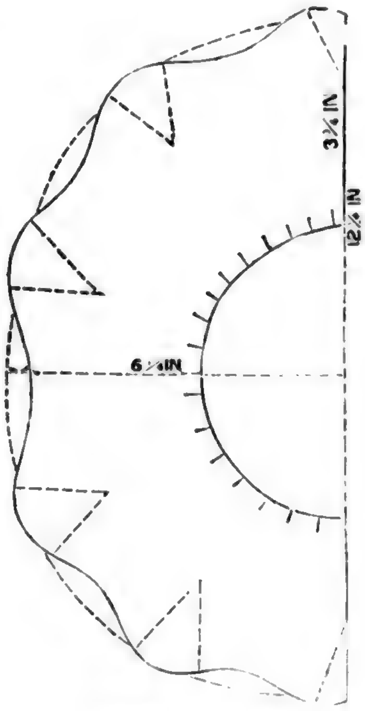


DIAGRAM OF HAT.

Materials for fig. 2.—3 yards black lace; ¼ yard black satin; 4 yards satin ribbon; bunch gold beads; bunch fine jet; gold thread; 1 yard gold and jet trimming on wire; 1 black and gold aigrette.

Materials for fig 3.—3½ yards cream lace; 7 cream feather tips; 2 yards embroidered satin ribbon.

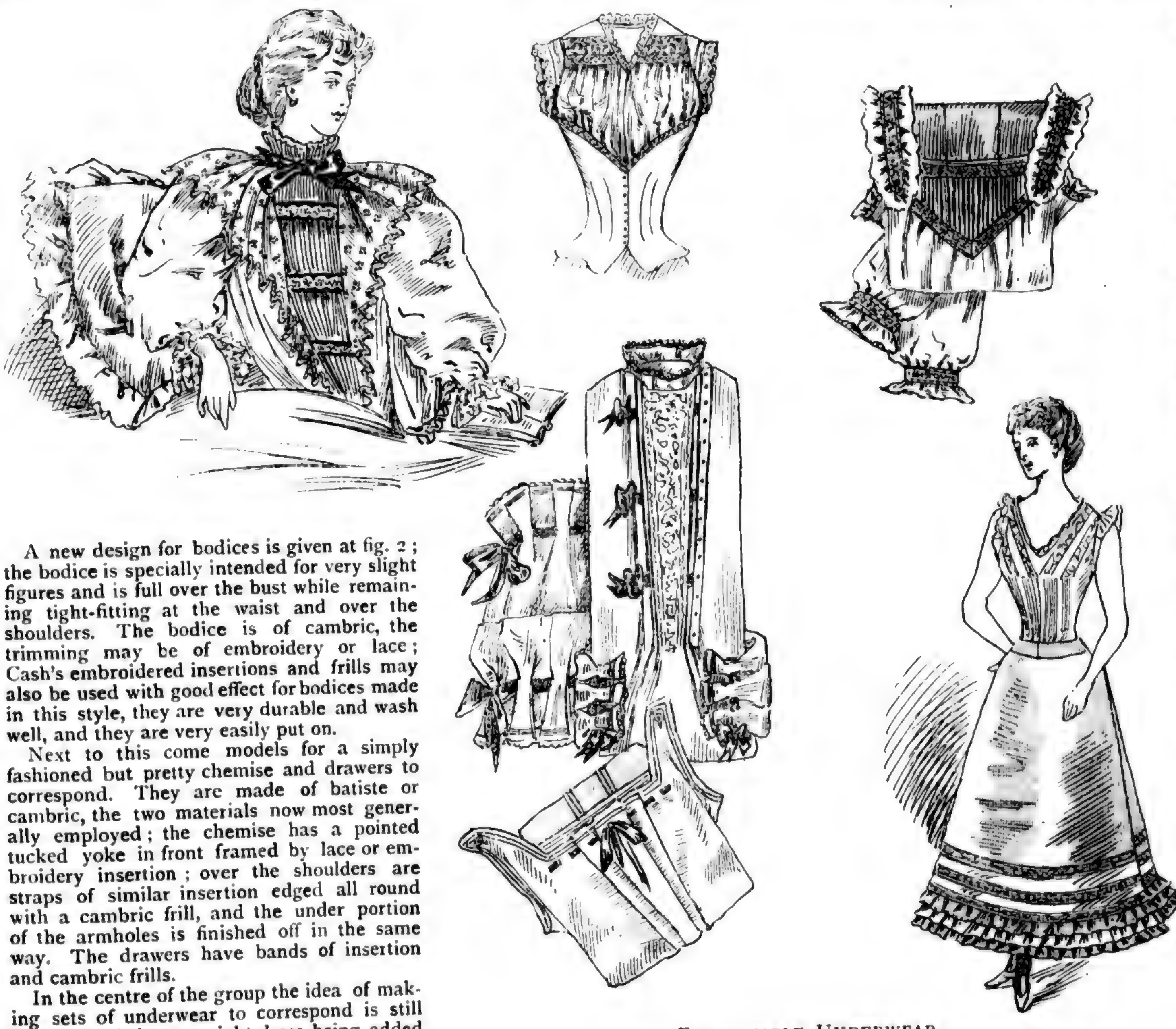
E. W.

Practical lessons in millinery can be had by application to the Editress of MYRA'S JOURNAL, and any questions on the subject answered. These must in all cases be clearly written and numbered in order.

Underclothing and How to Make It.

DAINTY underwear has survived the introduction of the plain hygienic garments that are so much more to be commended on the score of their common sense than on that of their beauty, indeed it is more dainty and elaborate than ever, and borrows from dresses new styles of make and charming devices in trimming.

The night-dress, fig. 1, of our illustration is a case in point; this is in batiste with a finely pleated front crossed by straps of lace on ribbon. The pointed plastron thus formed is framed by a graduated flounce of open embroidery continued as a deep collar round the neck at the back. A plain pleated frill of the batiste with a ribbon collar and bow finish off the neck, and the full bishop sleeves are completed by frills of embroidery. The opening is cleverly contrived on one side of the plastron to avoid a break in the straps that cross it.


FASHIONABLE UNDERWEAR.

Prices of Flat Patterns, 6½d. each, of MADAME MYRA, 95, *Regent Street, W.*

A new design for bodices is given at fig. 2; the bodice is specially intended for very slight figures and is full over the bust while remaining tight-fitting at the waist and over the shoulders. The bodice is of cambric, the trimming may be of embroidery or lace; Cash's embroidered insertions and frills may also be used with good effect for bodices made in this style, they are very durable and wash well, and they are very easily put on.

Next to this come models for a simply fashioned but pretty chemise and drawers to correspond. They are made of batiste or cambric, the two materials now most generally employed; the chemise has a pointed tucked yoke in front framed by lace or embroidery insertion; over the shoulders are straps of similar insertion edged all round with a cambric frill, and the under portion of the armholes is finished off in the same way. The drawers have bands of insertion and cambric frills.

In the centre of the group the idea of making sets of underwear to correspond is still further carried out, a night-dress being added to the chemise and drawers. This set is made of cambric, with no other ornament on the drawers and chemise than lines of fine drawn work and ribbon run through button-holes worked in the material. These are so placed that when the ribbon is drawn up the material arranges itself in fluted pleats. The drawers are finished off with a very fine edging, the chemise has no trimming and is buttoned on the shoulders. Our correspondent Iris, who objects to trimmings that her laundress converts, by the use of starch, into instruments of torture, will approve of this design. The night-dress of the set has folds of cambric on each side of the pointed plastron of embroidery; it is fastened with a row of small buttons down the left side, and the ribbon straps that begin here reappear on the other side of the plastron to terminate in little bows. The sleeves are finished off with flutings drawn up with ribbon, and round the neck is a soft, narrow, lace-edged frill.

Petticoats are charming this year; that depicted in our illustration is of beige and blue shot silk, trimmed at the edge with two narrow frills of beige silk with a blue silk frill between them, headed by three bands of écru lace insertion. Very pretty petticoats made of coloured batiste with Vandyck frills edged with narrow lace are amongst the tempting jupons offered at the summer sale at Peter Robinson's Oxford Street establishment, and here too are to be found coloured zephyr skirts adorned with a deep frill edged with torchon lace, and holland-coloured zephyr skirts of a most practical description trimmed with a deep flounce and lace insertion. White washing petticoats and silk jupons still hold their own, but more substantial models for summer wear are made of silk-striped moreen. These look well with a deep flounce in black and cerise, black and blue, and other colourings, and they are exceedingly cheap.

Dressing jackets are so pretty and coquettish that one is tempted to adopt them for morning wear, and to follow in this respect the French fashion, and force Mrs Grundy to accept the matinée, a garment which she ordains shall only be worn in the privacy of the bedchamber. Some of these loose jackets are made in rose-pink moiré zephyr prettily trimmed with scalloped frills, and in French printed cambric with wide white Valenciennes lace for trimming. White dressing jackets are made of checked muslin elaborately befrilled with lace-edged flounces, and finished off with the fashionable large collar edged with lace frills and tied with pink or blue ribbons. Striped muslin jackets, with huge puffed sleeves striped with lace, a collar to correspond and pink or blue ribbons, and batiste jackets simply trimmed with lace, are all fascinating garments and a decided acquisition when trousseaux are on the tapis.

The dressing-gown again is a very different garment from the hideous flannel peignoir known to our grandmothers. Spotted muslins are used for these, and a delightful model is in heliotrope and white spotted muslin drawn in at the waist by a sash of heliotrope ribbon. Covering the shoulders is a deep collar with square open ends in front; this is of plain muslin edged with a double pleated frill bordered with narrow écru lace. The sleeves are very full and finished off with a pleated frill, lace-edged like the frills on the collar.

* * *

A Royal Trousseau.

WELL worthy of the beautiful daughter of the Royal House of France, and of a possible future Queen of Italy, was the trousseau of the Duc d'Aosta's bride. Worth, Doucet, the Maison Dieu la fait, the Maison Froment, and other high-class Paris houses have furnished the lovely and sumptuous array of gowns, full descriptions of which would occupy several pages of *Myra's Journal.* A splendid confection is the Court dress, made by Worth, for official presentations. It is of turquoise velvet, lined with white satin, with a train four yards long, bordered with ostrich feather trimming; a white satin bodice, with large tulle sleeves over blue velvet, and a tulle berthe to be studded with jewels. Two under dresses are provided for this superb garment, one of cloth of silver, the other of white satin.

As the bride is still in half mourning for her father, black and white toilettes figure largely in the trousseau. Studied simplicity characterizes all of them, for the beauty of the prettiest young Princess in Europe needs no adventitious aids, and her tastes, moreover, are averse to elaboration. A charming dinner-gown is of black and white fancy silk, with a foamy Marie Antoinette fichu of lisse and rare old Valenciennes. Another, of black ondine, has two bodices, one a demi-toilette corsage with a deep tulle collar round the open square, embroidered with jet and paillettes; the other a high one, with the guipure collar worked in diamond jewellery and steel paillettes.

A lovely dress in black moire is spangled with fine steel sequins on all the seams; the corsage is of white satin draped with black tulle studded with steel paillettes and ornamented with appliqués of point d'Angleterre. A draped corselet of black moire and short sleeves of tulle complete the dress. Another charming demi-deuil dinner dress has the corsage draped with white tulle on which light sprays are worked in fine jet beads.

Several beautiful dresses emanate from the Maison Rouff; one of these is an evening gown in red satin with a mass of soft pleatings of silk muslin to match on the corsage. Another is of draped veloutine, the intercrossing fronts ending in a graceful pleat under a belt of scarabée moire. A Louis XVI. dinner dress is in mauve pekin with fichu of priceless lace secured at the waist by a diamond buckle. A white cloth princess dress is a toilette that is only possible on a faultless figure, such as that of the Princess.

The bridal veil, made specially for the occasion at Bayeux, is one of the most magnificent specimens of French taste and skill. It is upwards of four yards long and is of white Chantilly net decorated round the edge with a flower border diminishing to the lightest possible sprays at the top. The centre is plain, but in the lower part the wreaths of flowers are crossed and intertwined, leaving medallions in which are the coats of arms of bride and bridegroom in point d'Alençon; above the two medallions is the crown of the princes of Savoy.

Of the cloaks, coats, capes, and other wraps there is no end, and truly covetable are some of them, especially a sweet little carriage cape in black satin with white satin lining, ruffled with black and white lisse, and veiled with diamond-studded Venetian guipure; and a theatre cloak of white satin, with appliqués of lovely lace, and a full white ostrich feather boa with long ends

Though the Princess Héléne's trousseau was made in Paris, she wisely entrusted her equestrian outfit to a London firm. For riding to hounds there is a convertible safety skirt which can be used for riding, walking, and driving, and cannot possibly catch the pommel in case of accident.

For ordinary riding there is a skirt of dark grey twilled cloth. With this is provided a very smart double-breasted coat with lapped seams, while the basque, reaching to the saddle, is cut quite straight in front, imparting a desirable look of length to the figure. The coat is tightly fitting, and the cut is perfection, while every detail as to length of seam, position of buttons, shape of collar and lapels has been carefully studied, with a view to giving that neat, well set-up effect which is characteristic of Englishwomen on horseback; and in the saddle Her Royal Highness can challenge comparison with the smartest and bravest of our lady equestrians.

DELICIOUS MAZAWATTEE TEAS.
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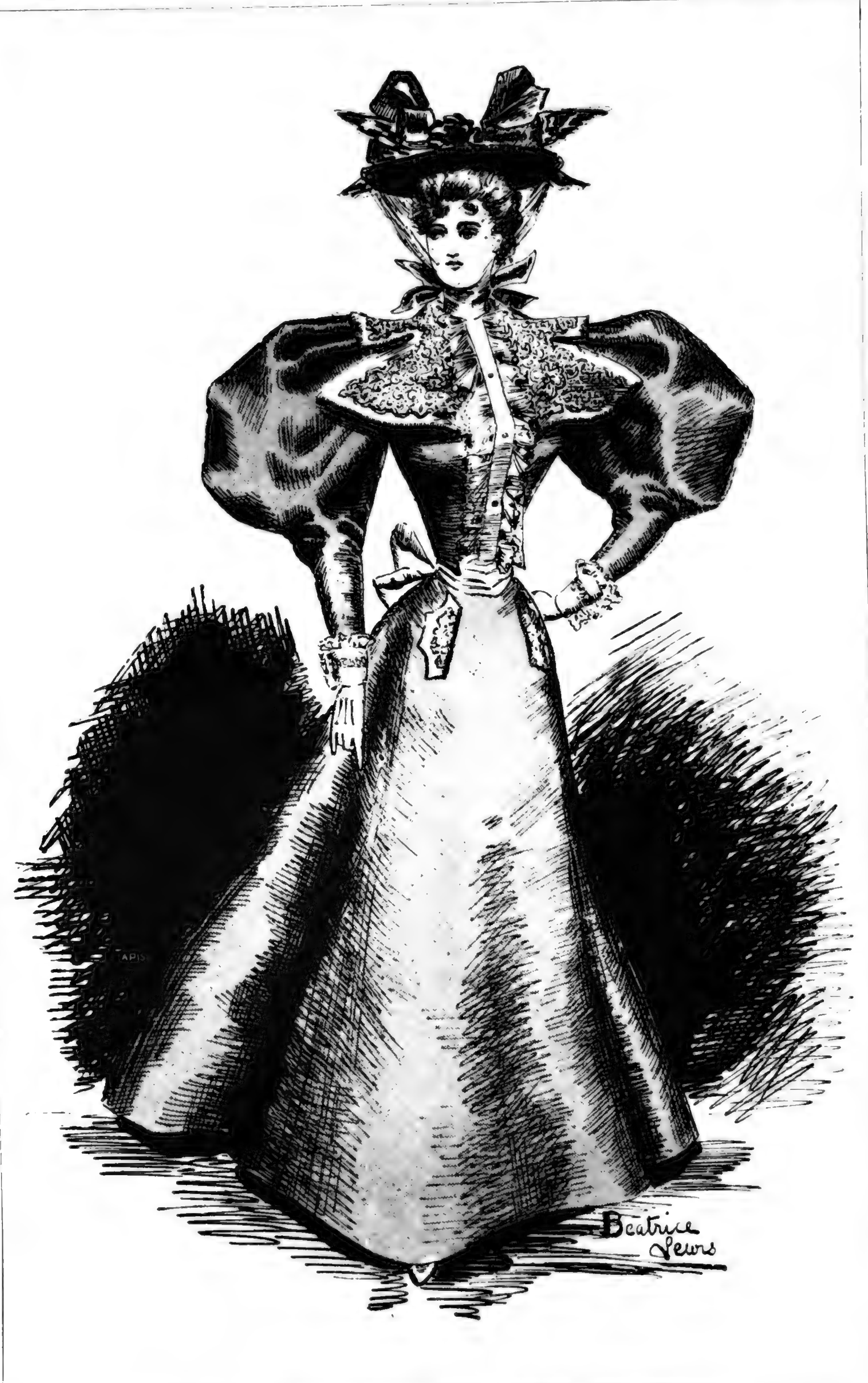
Hints on Economical Dress

It is every day becoming more difficult to keep up with all the fantastic changes of fashion, more especially as these are chiefly seen in matters of detail that every dressmaker endowed with a little originality and taste invents for herself, or adapts from something she has seen and that has given her a useful idea to be carried out with any alterations that may be required.

One of the newest ideas is the slashed blouse worn over another blouse of a lighter fabric and in a different colour. These slashings are all from the waist upwards, so that the front of the blouse forms a series of points at the waist caught in by the belt. As a rule these slashed openings are trimmed round with a little narrow sequin trimming or passementerie and the chiffon or lace of the under-blouse puffs out through the openings. It is an easy and effective way of remodelling half-worn dresses with blouse bodices; it has been carried out in dark blue serge dresses, with red or cream silk under-blouse, and a deep sailor collar and cuffs to match, trimmed round with a narrow frill of the silk. In these gowns a little black braid trims the slashed openings.



Design for Bride's Travelling Gown.

Godet skirt and jacket of dark blue mohair. The jacket opens with a wide collar and revers of white suède covered to within an inch of the edge with écru guipure. Pocket flaps to match; the jacket fronts lined with white suède. White muslin front with narrow box-pleat deeply frilled and cuffs to correspond. White satin ribbon belt and collar. Straw hat trimmed with bows and black and white wings. Quantity of mohair required, 8 yards.

Prices of Flat Patterns, Skirt, 6½*d.*, *Bodice,* 6½*d.*, *of* MADAME MYRA, 95, *Regent Street, W.*

A pretty style for a lighter dress of crépon or silk is to have two openings only in front on each side of a long central point ending at the belt. The openings are carried up to the collar and show the front of a lace under-blouse overhanging the belt. The centre point and the sides of the over-blouse are covered with three long points of guipure, but black passementerie might be used in place of guipure, and the trimming is repeated in some way on the sleeves.

An evening dress, not too bright for outdoor wear at a flower show or garden party, may be made serviceable by covering the low bodice with a lace blouse, low in front, but joined at the shoulders over a chemisette of thin silk in the same or a contrasting colour. The chemisette begins with a plain lining covered front and back by frills meeting in the centre and joined on under the shoulder-strap of the lace blouse. A collar with big bow at the back completes the chemisette and is made of the same material, and three frills to match form an epaulet above the puffed sleeve of the bodice. A draped belt of the chemisette silk and bands and rosettes finishing the sleeves at the elbow are all that are needed to complete a very smart gown. I have seen this very nicely carried out in a pink chiné silk with a white lace blouse and pale green pongee, matching a shade in the pattern of the silk, for the chemisette and collar, the epaulets, belt and sleeve bands. The sleeves end at the elbow, but as this mode, together with that of long gloves, is decidedly gaining ground, their shortness is no disadvantage.

The box-pleat is spreading from the bodice to the skirt; it is usually double, and from the waist downwards gradually spreads out to three times its original width. The style is decidedly becoming to figures that are matronly without being unwieldy, and a really charming gown has been made in this way of fancy shot silk for a shapely woman of five-and-forty. The pleat overhangs a very little only at the waist and conceals the fastening. The belt and collar are of plain dark green satin matching a shade in the silk, and on each side of the collar is a bunch of heliotrope. The finishing touch is given by draped bretelles of écru net over the shoulders, with a graduated pleating forming an epaulet over the sleeve. The bretelle and epaulet end on the chest, close to the arm, under a net rosette and gathered up end of écru lace falling almost to the waist. A lace bonnet trimmed with green ribbon bows and bunches of heliotrope complete the costume.

Nothing is too smart for the blouses that are worn with absolutely plain skirts, that look simple and inexpensive enough until one arrives at the knowledge that they are immensely wide and lined throughout with pink, blue, cerise, green, mauve or straw-coloured silk. Some of these silk linings are original as to colouring; a navy blue serge is lined with turquoise silk; a fine mastic cloth with mauve silk; bottle-green crépon with pink silk, and so forth. The only economical way to meet such extravagant fashions is to have two or three old silk evening dresses dyed the same shade, when they will produce about enough silk to line one new skirt.

To return to the blouses, however, here is a lovely model in white satin with three box-pleats in front covered with coarse but artistic cream guipure, and a collar and belt of cyclamen velvet, a lovely pink shade with a tinge of mauve. Clasps of paste on the collar and a buckle to match at the waist are desirable, but not absolutely necessary, adjuncts. Another charming blouse is of mauve silk with a square yoke of lace, the front part with a point to the waist, epaulets of lace over the big balloon-puffed sleeves that are covered with lace below the elbow. A delightful bit of colouring is a blouse of shot pink and gold silk with deep collar of cream embroidered net and draped collar band of turquoise blue silk.

The hot weather may be credited for some of the prettiest fashions of the day, the delightfully cool and dainty blouses made of muslin, chintz patterned cambrics, and lawns, coloured batiste, silk muslin and gauze; these are all more or less trimmed with lace and ribbon, and when well made and well worn nothing could be prettier. With all these thin materials, however, the greatest attention must be paid to the underclothing; a coloured corset is quite inadmissible even when the blouse is made upon a well-fitting silk or cambric lining, there is always a distinct difference of tone where the corset forms the background to the costume.

Myra's • Answers • to • Correspondents

GENERAL RULES FOR CORRESPONDENTS.

1. *Letters asking questions should be written on one side of the paper only, and one question only asked on the same page.*

2. *Letters requiring answers in next month's* Journal *should reach* Myra *by the 4th of the month. Letters received after this date can only be answered in the following number.*

3. *Letters will be answered in the* Journal *in the order in which they arrive.*

4. *In cases where immediate advice is necessary upon any particular Toilette or Dress, on Furniture and Furnishing, on Needlework, Household Management, Etiquette, Employment for Women, upon Health and Personal Attention, or other subjects,* Myra *will reply to inquiries by post. In order to meet the expenses attending inquiries and correspondence, with letters requiring such answers by post,* 12 *postage stamps should be enclosed.*

All letters to be addressed to Myra, 6, *Fetter Lane, London, E.C.*

MYRA'S ANSWERS ON DRESS AND FASHION.

Special Rules for Correspondents.

1. *Letters regarding the purchase, making-up, and alteration of dresses, &c., should describe height, figure, complexion, and shade of hair, in order that each case may be artistically considered.*

2. *Photographs are useful and may be sent. These will be returned to the owners, but should always be accompanied by a stamped envelope.*

Sadi.—You will have enough of the crépon over from the old sleeves to make a short, sleeveless figaro jacket matching the skirt. Under this you can wear a full bodice with puffed sleeves to the elbow of printed spotted muslin, with the printed flower pattern in mauve and other colours. Make the collar and broad draped belt of mauve satin merveilleux. If you want the jacket to be very smart and novel, open it a little way up from the edge under the arms and trim the pointed openings all round with tiny gold buttons, and put three straps of narrow mauve ribbon up each shoulder, fastened down at either end with gold buttons.

Beatrice.—1. For millinery purposes jet trimmings are made on fine wire so that they can be made to assume and remain in any shape. All good drapers keep these trimmings. 2. No, it really is not possible, you have only just enough silk to make a moderately wide skirt, a full skirt takes fourteen yards. Line the skirt all through with pale green silk and put a narrow flounce of the same inside the hem. Then make a plain bodice and sleeves also of the green silk and cover them with the transparent black gauze embroidered with black paillettes. 3. The ribbon collar, belt, etc, should be black; the coloured material is a lining only. 4. A black tulle or chiffon hat trimmed with pale green ribbon and bunches of cherries.

First Season.—To wear with the pink skirt I should suggest a full blouse bodice and sleeves of white silk muslin over pink silk; trim the blouse round the top and across the bust with bands of your coloured embroidery, and finish off the elbow sleeves with bands to match; you will find this pretty and the embroidery will look very well.

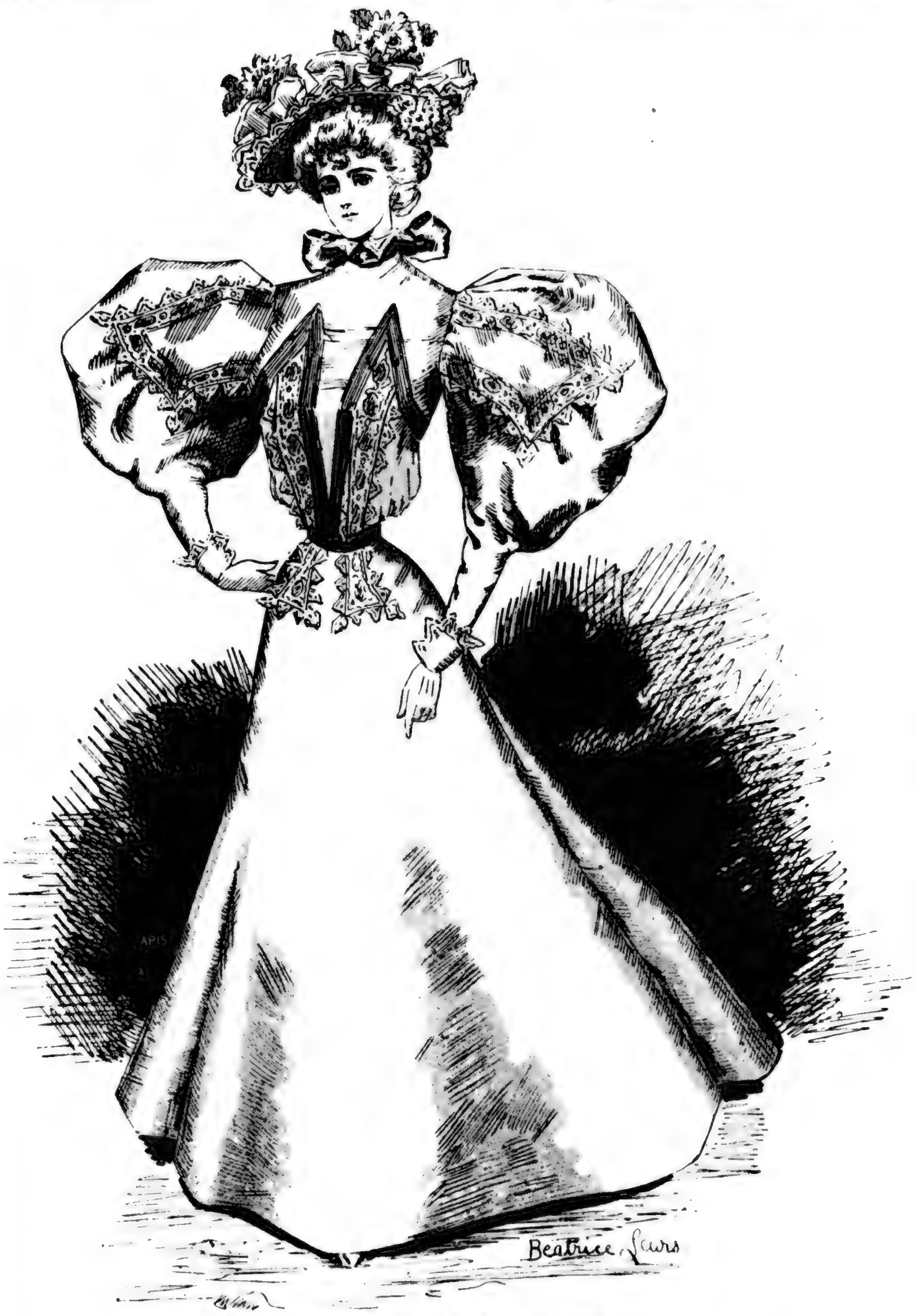
Marie—Very pretty collars are made of white lawn, almost as clear as muslin, with insertion and edging of butter-coloured Valenciennes lace, and of the printed spotted muslins, that are also used for blouses, trimmed with white lace. The coloured collars are chiefly made of linen, but lawn and fine cambric are also employed.

Fishwife.—You could make the black surah dress lighter and more modern by adding a full blouse front to the bodice formed of alternate rows of inch wide black moiré ribbon and cream or white Valenciennes lace insertion. Let this overhang at the waist and finish off the sleeves with full draped epaulets or short oversleeves made of ribbon and lace in the same way. The idea could be also carried out with mauve ribbon and white or black lace, or with white ribbon and black lace. Begin by cutting patterns of the blouse and draped sleeve, or send for them to our Pattern Depôt at 95, Regent Street, W., and then join the rows of lace and ribbon together according to the pattern. In this way you will avoid wasting your materials and time. I am so glad you have found my previous suggestions useful and practical.

Sunflower.—Your blue silk is charming, but I think a better way to utilize it than that you suggest would be to make a plain skirt and open blouse bodice of the silk, and to buy for the sleeves sufficient blue and white striped silk, the blue of course matching that of your dress. Between the open fronts of the blouse have a gathered or pleated front of white chiffon with collar to match. You will find the kind of blouse intended at fig. 1, page 27, in this number, and on page 13 of the July number of the Journal; it should not be very widely opened, but it needs no trimming.

Mrs. B.—You will find a charming model for your black and white silk dress on page 10; you might fill in the front with folds of white gauze and make the sleeves also of pleated gauze. To alter the dress for outdoor wear you must remove the rosettes and stole ends and substitute for them a short cape of white moire edged with a pleating of the gauze and ornamented with long pleated stole ends of black lace or net secured on the shoulder and falling down front and back. The ruche at the neck should be a mixture of the white gauze and black lace or net. The long ends of the illustration would be very pretty if you wore the dress as a demi-toilet dinner-gown.

Nix.—1. You could simply cover the whole of the



Design for Bridesmaid's Dress.

Godet skirt of ivory silk; zouave of the same, short under the arms but with long points to the waist, back and front trimmed round the edge with gold braid or sequin galon. Full blouse of white chiffon. From beneath the zouave come long strips of embroidered grass lawn edged with points of guipure passing under the belt and ending in square tabs. Similar but larger tabs on the back and front of the ivory silk sleeves; collar points and cuffs to match. Belt and collar of cornflower blue velvet. Chip hat lined with sequins and edged with lace; the brim covered with a box-pleating of white chiffon and bunches of giant cornflowers and leaves standing up on either side of the crown and resting on the hair beneath the brim. The dress may be carried out in alpaca or crépon, in white, cream, or any pale colour. Quantity of silk required, 16 yards.

Prices of Flat Patterns, Skirt, 6½*d.*, *Bodice,* 6½*d.*, *of* Madame Myra, 95, *Regent Street, W.*

bodice with a blouse and bishop sleeves of cream sprigged net or piece lace, finished off with coloured ribbon belt and collar, or use it as a foundation for a blouse of printed spotted muslin. 2. A pretty change might be made in the bretelles by crossing them at the waist, front and back. They should be narrowed where they cross, secured to the dress below the crossing by cut jet buttons, and then fall in long loops. 3. Drape the lace over the shoulders and draw it in under a rosette at each end. Join the lace epaulet to the outer edge of the drapery and make it deeper in the middle than at the ends. 4. The seams of crépon skirts should be ironed like velvet; that is, drawn over a hot iron held upright.

Miranda.—1. Your flounces of shot silk would make a charming cape, especially as you have enough of the silk to make a foundation. This should be short and not very full, and covered from the edge to the top with four flounces of the silk, each one veiled by a flounce of very light spotted black tulle with a narrow lace border, or of very light black lace or black chiffon; finish off the neck with a double ruche to match. 2. The allowance for ruches is seven times the length for a triple box-pleat, and nine times the length for a four-fold pleat.

Buttercup.—You will find a capital model for your dress on page 20; your pin-spotted alpaca is quite new and very pretty. Do not omit the lace cravat.

ANSWERS ON HOUSEHOLD MANAGEMENT.

Julia.—For a light supper dish you would find sweetbread *aux fines herbes* a dainty dish. Chop up together a little parsley, shalots, a few button mushrooms and a small quantity of thyme and other sweet herbs. Mix these up with butter and flavour with pepper and salt, and melt them together. Scald the sweetbreads and put them in the stewpan covered with slices of bacon; add a small cupful of stock and simmer the whole gently. You may put in a tablespoonful of sherry if you like, but it is not necessary. When done put the sweetbreads on a hot dish, skim the sauce and add a little glaze to colour it, heat it up and pour over the sweetbreads. If you are not afraid of lobster, either fresh or tinned, you may also like the following scalloped lobster. Cut the flesh from the tails in neat, small pieces, lay them in a well-buttered sauté dish, and brown them quickly on both sides. Pound the rest of the flesh in a mortar with tomato sauce with which a piece of butter has been mixed. Put this mixture in a saucepan, flavour it with a pinch of cayenne, and when thoroughly heated pile it in the middle of a hot dish, and serve with the scallops arranged round it. Fresh crab might be dressed in the same way.

Sunflower.—Sateens with a white or light coloured ground may be washed in a lather of soap and soft water, then rinsed in cold water and dried out of doors, but not in the sun. If the ground is red the sateen should be allowed to soak for a small time in vinegar and water. To restore the glossy surface use a solution of gum, which will also have the effect of giving the necessary degree of stiffness to the material.

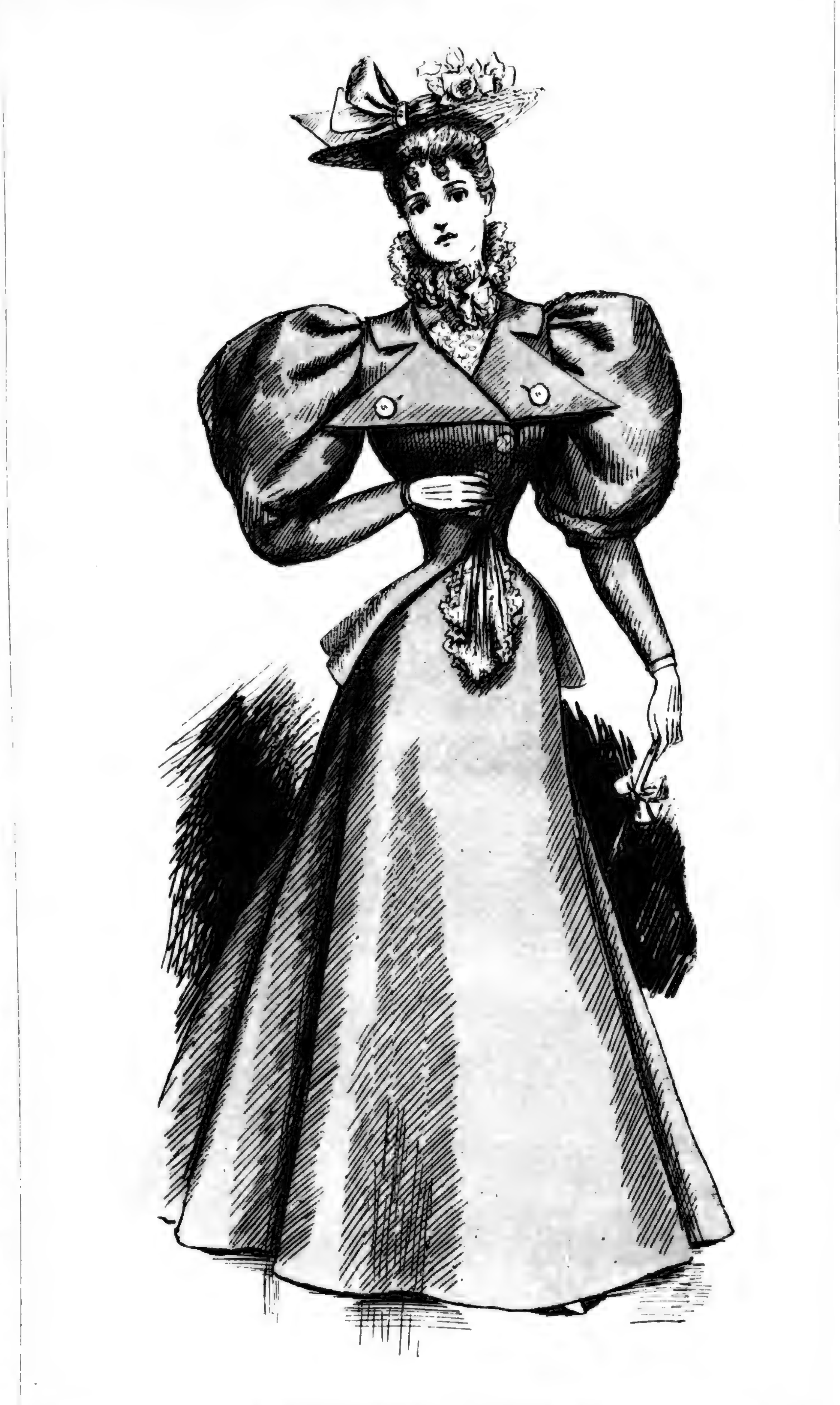
Durham.—Nothing injures marble so much as acids and oil or greasy substances. To clean the marble slabs wash them first well with soap and water, then with cold water, and dry them with a soft cloth. Stains may be removed with pumice stone, or with a paste made by dissolving white wax in spirit of turpentine. This must be prepared and used cold.

MISCELLANEA.

Tinfoil.—I can send you the address of a most comfortable boarding-house at Westgate-on-Sea, which is not too large to suit your taste and is thoroughly refined and home-like. You need not fear meeting the kind of people you describe and very naturally wish to avoid. The house faces the sea and is very near it.

Bread and Cheese.—It is true, as you say, that many of the professions open to women are already becoming crowded, and most certainly nearly all of them require special training. Have you ever thought of becoming a lady house-agent? The experience as a rent collector that you mention in your letter seems to suggest this as a possible opening for you. Women as a rule are much better judges of houses than men, and are far better able to give a trustworthy opinion as to the convenience and capacity, and even as to the construction of a house. They have taste too in matters of decoration, and a quicker perception of the requirements of possible tenants. Good business capacity and some knowledge and experience are of course necessary, but if you could announce to the public that you were an authority on the subject of small flats in London, for instance, and knew where and at what prices they were to be had, I think you would not have to wait long for clients. Very little capital would be wanted, enough to furnish an office and provide for your support until you had gained a connection.

Meadow-Sweet.—1. The ugly bedsteads could easily be beautified by giving them a couple of coatings of Aspinall's ivory bath enamel. It answers capitally for iron bedsteads, and you can either apply it yourself or get your "handy man" to do the painting. 2. Very pretty lace bedspreads may be had at quite reasonable prices from Messrs. S. Peach and Sons, Lister Gate, Nottingham.



A Useful Gown.

This costume may be carried out in alpaca, serge, or tweed, and consists of a moderately full skirt and jacket bodice buttoned over on the chest and with deep cutaway basque. Deep turned-down collar and large pointed revers fastened back with buttons. Silk waistcoat and lace ruffle and long cravat end falling below the jacket. Straw hat trimmed with shot ribbon and poppies. Quantity of material required, 8 yards.

Prices of Flat Patterns, Skirt, 6½*d., Bodice,* 6½*d., of* Madame Myra, 95, *Regent Street, W.*

DELICIOUS MAZAWATTEE TEAS.
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At 1/6, 1/10, 2/-, 2/4, 2/10 & 4/- per lb. Of Leading Grocers.

Fashions for Children

ALTHOUGH serge is the material par excellence for children's seaside frocks, many other materials are almost equally useful, especially for the rather smarter dresses that are sometimes required for afternoon wear.

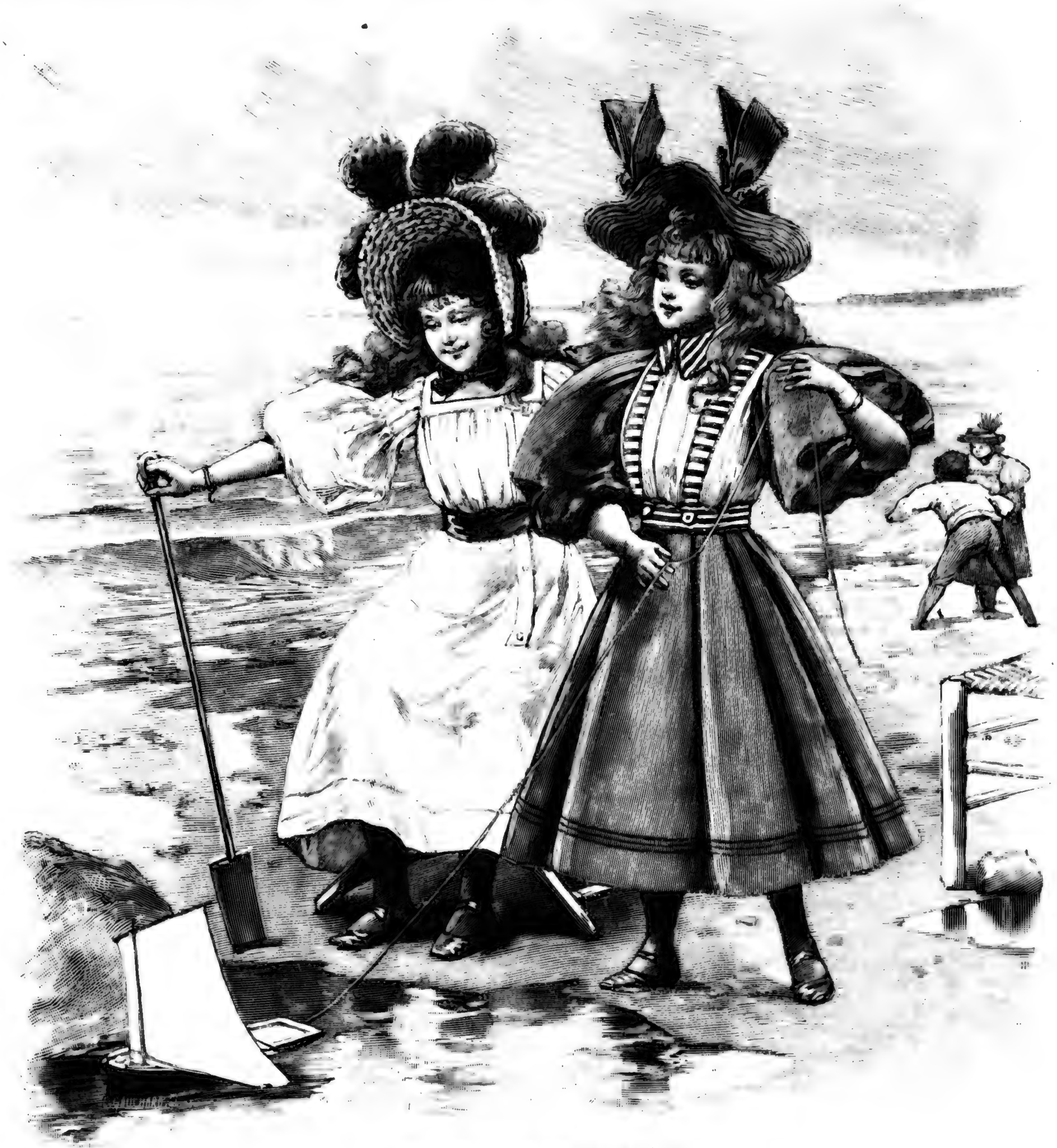
The two little maids depicted on this page are specimens of the happy youngsters who may be seen in hundreds on the sandy shores of any fashionable French seaside resort, and they demonstrate the fact that although French children are sometimes very much overdressed they are also occasionally attired in a very pretty and sensible manner. No one could take exception on the score of undue finery to either of the frocks here illustrated, yet they are undoubtedly Parisian and fashionable.

Fig. 1 wears a dress of genuine tussore silk, made with a plain skirt and full blouse bodice mounted on a square yoke under a shaped band of the silk. A buttoned tab ornaments the skirt on the left side, but the tab may be transferred to the right side to conceal the opening to the pocket. The puffed sleeves ending at the elbow are pleated at the top, and the pleats are stitched down to keep them flat. The broad draped belt is of *violine* velvet, and the big straw bonnet has a band and strings of velvet to match. Feathers are not the most appropriate trimming for a seaside hat, but for state occasions, and fine days, they are certainly pretty, and they form the most correct trimming for this particular kind of headgear.

The skirt and sleeves of fig. 2 are of cornflower blue serge; the skirt is in the fashionable godet shape, and the hem is trimmed with three rows of narrow braid. The blouse is white; veiling, crépon, fine serge, flannel or cashmere may be used for this, the braces, turned-down collar and belt being of the same material striped with rows of cornflower blue braid; the braces are secured to the belt, back and front, by fancy pearl buttons. The elbow sleeves of these two frocks are a capital idea, for they are cool, and the wearing and soiling of the lower part near the wrists is prevented. The big hat of fig. 2 is of coarse blue straw, and the trimming consists of upright bows and ends of blue and white striped ribbon.

A remarkably practical suggestion for "paddling" costumes also comes from Paris, and is the outcome of one of the most fashionable styles for cycling costumes. The whole dress consists of a blue serge blouse with short sleeves and a pair of full Turkish trousers ending at the knee. A broad band round the waist, or a cashmere sash tied at the back, conceals the junction between the two garments, and attired in one of these costumes over the usual combination garment, and a hat or sun-bonnet, little girls may spend their mornings in perfect happiness on the beach.

Few materials are better suited for children's wear than crépon, and pretty frocks are made of crépon in white, cream, and light colours. A plain skirt is mounted with gathers on a bodice that is made very full in front but with only a little fulness at the waist behind. A ribbon belt and collar complete the dress.



SEASIDE DRESSES FOR LITTLE GIRLS.

Prices of Flat Patterns, 6½d. each, of MADAME MYRA, 95, *Regent Street, W.*

Hints on Household Management.

RIVER PARTIES AND THEIR ARRANGEMENT.

SAD, but only too true it is, that we English people are becoming more and more inhospitable. We make excuse to ourselves that times are hard, and entertaining an expense which we can ill afford; but the truth of the matter is we are as a race both proud and stiff-necked, and sorely apt to give parties, as Thackeray says, out of "a spirit of revenge," rather than from an impulse of hospitality.

However, to-day it is not so much my business in life to prate of entertainments in general as it is to discourse of one entertainment in particular, namely, a river-party, for, after long experience, I am assured that, given nice weather, no pleasanter informal and not necessarily expensive dissipation can be devised. On the river the stiffest persons unbend, and condescend to enjoy themselves. Everyone looks at life easily and charitably. Energetic folk can row, or paddle, or punt; lazy ones lounge in picturesque attitudes, while the whole atmosphere is sympathetic to a flirtation. But, mark you, if a river-party is to be really successful it must be carefully and minutely thought out from start to finish.

Before starting, make a clear list of boats, and arrange to the best of your ability to send congenial folk together, and do not overcrowd them. Personally, I think it entirely spoils a tea picnic to take servants, but if this is not done, trustworthy persons must undertake the care of the provisions, otherwise one of the hampers is certain to be mislaid, and the success of the entertainment is ruined at one fell swoop. All these details must be arranged, and the party conducted with method, otherwise madness—of temper—will result.

The picnic I propose to cater for consists of sixteen persons—four boatloads of four each—who are to have picnic tea and to return to a dainty supper between 9 and 10 o'clock.

And now to the consideration of the menu, bearing in mind that all dishes should be of a carrying nature, and prepared as much as possible beforehand:—

Tea.—Tea, iced coffee (not necessary), brown and white bread-and-butter, shrimp, cucumber, lobster, cream, and grated tongue sandwiches, apricot-jam sandwiches, sponge-cake fingers, almond-cake, strawberries-and-cream.

Supper.—Clear soup with green peas (hot), mayonnaise of mackerel or salmon, pressed beef, cutlets (on iced vegetable purée), aspic of chicken, green anchovy sandwiches, devilled chicken sandwiches (made with cheese biscuits instead of bread), raspberry méringues with iced cream, macédoine of fruit, petits fours.

Now to consider the preparations for tea.

The tea itself should be sewn in loose muslin bags, and spirit lamps will be required to boil the water, which is best carried in a large stone jar.

The coffee can be made ready, the cream added, put in bottles, well iced, and then packed in a box with broken ice and wrapped in a blanket; but if the day is not very warm it is best to dispense with the icing, and heat the coffee in a saucepan over one of the lamps instead. The bread-and-butter should be rolled, the sandwiches cut very daintily in fancy shapes and packed in tin boxes, while the strawberries carry best in a bowl with a layer of leaves over the top, and a cloth to tie them in securely. Just before serving cream and sugar must be added. The prettiest tea-sets for the river are of a rough Oriental ware, with fruit bowl to match, and a jar for the posy of flowers, without which I consider no picnic tea complete. A good supply of cloths should be taken, they are useful as packing for the china, as well as in their ordinary capacity. On the whole, I think it is best to pack the china in one hamper, all the provisions in another, the kettles and lamps in a third, and the drinkables in a fourth. The tea requires no further explanation, except to mention that the shrimp sandwiches carry best if made of potted shrimps, otherwise they are nicer to eat when made with whole shrimps.

For the supper—the mayonnaise of mackerel is prepared precisely as a salmon mayonnaise, except that when the fish are boiled the skin is removed and they are divided into small fillets, and soused in vinegar previous to being converted into mayonnaise. The cutlets are ordinary mutton cutlets masked in aspic jelly, and arranged *en couronne* round a purée of vegetables which has been iced in a pretty shape.

The raspberry méringues are prepared in the usual manner, but are filled with fresh ripe raspberries and frozen cream instead of the usual whipped cream and preserve.

It is quite possible to freeze both the vegetable purée and the cream without the aid of an icing machine by making ordinary round coffee-tins serve as moulds, and placing them in buckets of ice and salt; but nowadays an icing machine is not an expensive luxury to indulge in.

The soup, I admit, came out of a tin, and was only touched up with a *soupçon* of sherry and the green peas—otherwise, except for the petits fours, for which Buszard was responsible, the cooking was entirely the work of my amiable cook.

The dishes were, of course, carefully chosen, so that there should not be too much work at the last moment. The pressed beef—a most economical dish if made at home—was prepared and garnished on the previous day. The méringues had been made some days before, and the cases kept in a tin box until needed. The lobster cream (made of tinned lobster), grated tongue, devilled chicken and anchovy butter, could all be prepared the day before if necessary; but shrimps do not keep well, so I arranged that they should be dispatched by a fisherman of my acquaintance by train on Friday morning, so that the potting process should be gone through early on Saturday morning, and there could be no fear as to their absolute freshness. A word or two as to the arrangement of the tables. Every table was lighted by candles in silver candlesticks, with pale yellow shades, and adorned with branches of creamy roses in quaint-shaped green Venetian glasses. Opposite every cover lay a loose bouquet of roses tied with yellow ribbon, to which were attached ordinary luggage labels, which served as name-card and menu in one. I saw to the arrangement of the table, flowers, etc., before starting, and as all the dishes were cold, the maids were able to rest quietly, and even the cook was dressed and ready to help to wait at table on our return.

I find that the most popular drinks are claret and Sauterne or Moselle cup—lemon squashes with a liqueur glass full of gin in each tumbler—and whiskies-and-soda, but I always have claret and sherry ready in case it is required, while black coffee is served with the cigarettes. Champagne I do not indulge in, and I find that the consumption of wine is really so small that this item does not add heavily to the expense.

D. C. P.

RECIPES FOR THE MONTH.

Picnic Fare.

Mayonnaise Réchauffé.—Take any remains of chicken, game, ham, tongue, veal, or sweetbread, and cut them into tiny dice, and mix with finely-shred lettuce, a few capers, chopped olives, green peas, or dice of cucumber. Arrange in paper or china ramekin cases and cover with mayonnaise sauce (the sauce can be made beforehand and added when required). A boned and filletted anchovy curled round a stoned olive can be used to garnish each réchauffé.

Cold Beef in Jelly.—Make a jelly with Liebig and hot water, flavoured with Worcester and anchovy sauce to taste, and stiffen with half an ounce of gelatine to half a pint of gravy. Take any nice slices of cold beef or pieces of fillet cut in large dice. Coat a plain square mould with the jelly; lay a layer of the meat with olives or rings of tomato, hard-boiled eggs, or cold boiled peas. Fill with jelly, alternating with meat, and leave until set. Turn out and garnish with lettuce and tomato.

Pressed Beef. (Economical.)—Nice for breakfast, lunch, or supper. Four to six pounds of brisket of beef, one good-sized dessertspoonful of mixed spice. Rub the spice well into the beef, and leave it for a night; next day put it into a saucepan with two bay leaves, one carrot, one turnip, one onion, two blades of mace, with enough cold water to just cover the beef, and boil *slowly* for two hours. Take out the beef, slip out the bones, and press between two dishes with a heavy weight until quite cold. Trim neatly, glaze, and garnish with pâtes d'Italie or dice of aspic, or just with parsley.

Veal Mould.—Cut in small pieces one pound of uncooked veal and a quarter pound of ham or bacon; pass the whole through the mincing machine and then slightly pound. Flavour with pepper, salt, a small quantity of spice, and add a few pistachio nuts cut in small pieces. Put the mixture in a buttered mould, cover the top and bake in the oven. The gravy from the meat will form a thin layer of jelly over the mould which must not be turned out until the meat is cold.

Stuffed Eggs in Aspic.—Boil hard as many eggs as are required, drop them in cold water for a minute or two, shell them and cut them in half. Take out the yolks and mix well with bloater paste or sardine paste, salt, pepper, and cayenne; put back in the whites, coat a mould with aspic jelly and lay the eggs in; fill up with jelly and serve on a border of chopped jelly garnished with parsley or cress. The jelly must be allowed to set round the eggs before they are turned out of the mould.

Aspic Jelly for the Above.—Stir into one quart of hot water two and a half ounces of gelatine, one onion (sliced), twenty peppercorns, one quarter pint of vinegar, one dessertspoonful of tarragon vinegar, the juice of one lemon, the whites and shells of two eggs, whipped together for a moment, a saltspoonful of salt and four cloves. When it has boiled for about two minutes run through the jelly bag (previously warmed with boiling water), in which place half a pint of rice that has been boiled in water, tied up in a cloth and left to get cold. Run it through two or three times till it is quite clear.

Green Anchovy Sandwiches.—Boil two ounces of parsley for a quarter of an hour, strip it from the stalks and press it through a sieve with a quarter pound of clarified butter; pound in a mortar with four boned anchovies. Spread on plain biscuits and press two of these tightly together with a layer of the paste between them.

Devilled Chicken Sandwiches.—First make a paste composed of one teaspoonful each of English and French mustard, one of chutney, and salt, pepper, and cayenne to taste. Put any remains of cold chicken in a mortar and pound smooth, adding the paste gradually, until of the consistency of thick cream. If too hot add a little cream or melted butter instead of using only the paste. Spread on thin slices of brown bread, or on toast biscuits.

Camembert Sandwiches.—Take a ripe Camembert cheese and beat it into a cream. Spread on slices of brown bread. Sprinkle with a few chopped gherkins and cut into pretty little shapes.

Lobster-cream Sandwiches.—Put the contents of a small tin of lobster into a mortar and pound it fine; add pepper, and salt, and cayenne to taste, and then pound with melted butter or cream to a smooth paste of the consistency of very thick cream. Spread on slices of white bread.

Lemon Sponge Roll.—Weigh half a pound of eggs (in the shell) as nearly as possible, break them into a basin, and whisk them well, adding gradually half a pound of sifted sugar; stir in half a pound of flour by degrees. Spread the mixture rather thinly on a tin, covered with well-buttered paper and bake in a hot oven. Spread with lemon cheese cake mixture, roll up, and dust with sifted sugar.

Sponge Cake Baskets.—Take eight sponge cakes, not too new, and trim to a pretty size; scoop out a small square in the centre of each, fill with apricot jam or remains of stewed fruit flavoured with sherry, and make a handle with a strip of angelica. This sweet is improved by the addition of some whipped cream placed over the jam.

Cheese Toast and Cream (Cold).—Take a gill of very thick cream, whip it so stiff that it will stand of itself, continue to whip, adding by degrees two tablespoonfuls of Parmesan cheese which has been seasoned with salt and pepper. Have ready some pieces of toast, butter them and cut in fingers about three inches long by one inch wide. Cover each piece thickly with the whip, and sprinkle coralline pepper over. Serve garnished with watercress.

Savoury Biscuits.—Boil two or three eggs hard, plunge into cold water, when quite cold take off the shell and skin, pound very fine in a mortar, adding one teaspoonful of French mustard, one ditto of butter, one of minced parsley, two tablespoonfuls of cream, with pepper and salt to taste, work all into a paste, have some thin water biscuits, butter them, and place some of the mixture well over each, now put another biscuit on the top, buttered on *both* sides, thus forming a kind of sandwich; have some fresh mustard and cress chopped small, sprinkle over the biscuit, to which the butter will make it adhere. Finish with a dust of pepper, and serve.

Lobster Biscuits.—Butter some small water biscuits, season with salt and cayenne, and make thoroughly hot in the oven. Just before serving spread with lobster butter. For lobster butter pound the coral with butter until quite smooth and the consistency of thick cream; season with salt and cayenne. The biscuits are equally good spread with green anchovy butter, or with potted shrimp or salmon.

Seed Buns.—Half a pound of flour, three ounces of lard, four ounces of sugar, one egg, two teaspoonfuls of carraway seeds, half a teaspoonful of baking-powder, quarter of a pint of milk. Mix the baking-powder with the flour, rub in the lard, add the sugar and seeds, beat up the egg, and add it with the milk and the other ingredients. Mix well, drop into a well-buttered tin, and bake from fifteen to twenty minutes.

Iced Coffee.—To every quart of good, strong, clear coffee add half a pint of hot milk. Allow it to become cold, then stir in half a pint of thick cream and sugar to taste. Pour into a glass jug and stand on ice until slightly frozen. If expense is no object cream only may be used instead of part milk and part cream.

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A Friendship Quilt.

THIS artistic article of household use has been invented by some lazy, but ingenious person or other as a subtle and crafty device for making use of one's friends, and, dear me, how we have all jumped at it!

It is a mode of acquiring a handsome and interesting quilt with a minimum amount of labour to oneself, without the said dear and unsuspecting friends at first actually realizing the fact that they are being so utilized.

The flattering compliment implied in the first prettily worded request that one will undertake to contribute a square to a friendship quilt must perforce result in an immediate and complaisant assent. It is only when the prettily-proffered petition recurs with distressing frequency that the affair begins to pall, and the put-upon "worm" is compelled to consider the advisability of "turning."

Many will doubtless ask, "But what *is* a 'friendship quilt,' and how does one set about making it?" I will explain.

A friendship quilt is composed of several squares of a suitable and pretty washing material, each worked by a different friend. The size fixed upon for the squares must necessarily depend upon the extent of one's circle of friends, or the latitude allowed to the application of the sweet word "friend." With some of us the quilt would contain but three or four squares at the most! As a rule it would be safe to limit the size of each square to a foot or under. The squares must be neatly hemmed and distributed to the different friends who consent to contribute to the undertaking, with a sufficient amount of embroidering material to complete the work and an understanding that the work shall be returned, if possible, by a certain date, when all the pieces will be neatly joined together into a complete quilt. The joins may be made ornamental by a neatly worked fancy stitch masking them, or a narrow insertion of coarse lace may divide the squares. In this case the quilt will need lining.

It will at once be seen that in this work there is much scope for individuality of taste, as any amount of latitude is allowed, and any device, pretty, severe, suggestive, or grotesque may be indulged in, just as the spirit and capability of the worker dictates, resulting, perhaps, when completed in a possession of value and real interest.

One friend will give you a simple flower, or a posy, perhaps; another may send you a conventional design; or your squares may come home embroidered with a strain of song, perchance, from a musically-gifted friend; an original verse from the "poetess" of your acquaintance; a Latin proverb may emanate from the learned one; while the ingenious individual indulges in a complicated monogram, difficult to decipher. There will not be wanting, we hope, some comical whimsicality from "The Irrepressible!"

There is no end to the ideas that may be introduced. Should a whole family, containing a sufficient number of members, each consent to work a square, they might combine and make a "set" by working out the different signs of the zodiac. Motto after motto on the subject of friendship, beside others equally applicable, crowd upon one's recollection. "He was my friend, faithful and just to me," from 'Julius Cæsar"; "The dearest friend to me, the kindest man, the best conditioned and unwearied spirit in doing courtesies," from the "Merchant of Venice"; from "Othello" comes, "If I do vow a friendship, I'll perform it to the last article" (even to the extent of embroidering a square!) A put-upon worker, with not much sympathy with the "fad," could work, and viciously enjoy working it, the lines from "Julius Cæsar"—

> "A friend should bear his friend's infirmities."

"A man that hath friends must show himself friendly," rather hints at a "return" quilt looming in the distance. The willing horse may work, "He that is thy friend indeed, he will help thee in thy need." The "chum" might venture to put "Mine own familiar friend," while the instigator and owner of the quilt could centre or head it with Amelia Welby's lines:—

> "As the dew to the blossoms and bud to the bee,
> As the scent to the rose, are these memories to me."

having a quaint old-fashioned twang of the once-cherished valentine about them, taking one back to bread-and-butter days at one bound.

Some might feel inclined to copy a favourite verse and illustration from the famous old Nonsense Book, or even compose original ones dealing with sly jokes understood of the two, and no soul else. But enough of suggestions. The best plan for commencing the quilt is to fix upon a favourite shade of dyed linen or other substantial material, and after deciding upon the size of the square, to cut a sufficient number out by a drawn thread to ensure accuracy, and hem them neatly with fine washing silk to match.

A dark, warm turquoise-blue linen might be embroidered in gold-coloured linen thread or washing filoselle, and would look handsome. An alternative scheme would be to choose red Turkey twill and white twill of a similar quality, to be subsequently joined together alternately like a chess board; the red squares worked in white cotton, thread, or silk, and the white squares done in either red silk to match the twill exactly or in red ingrain cotton.

The squares may, of course—and many will prefer it so—be set diamond-wise, in which case the lazily inclined can get off cheaply with the half-diamonds that must occur all round the quilt; while the owner, an it please her, may indulge in a huge diamond, worth four of the others, to work her will on as a centre piece.

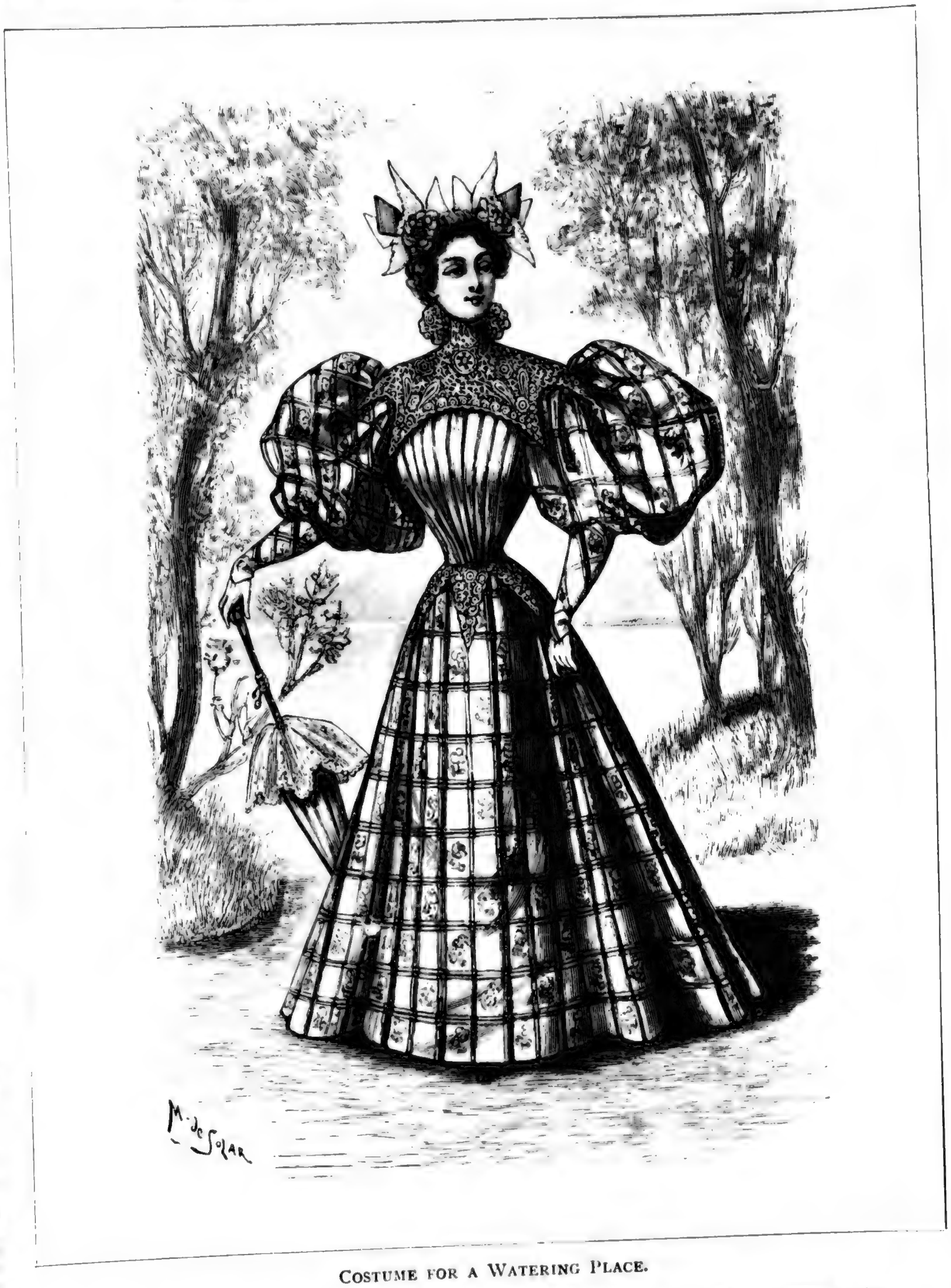
I have in remembrance a picture I once saw of an elaborate quilt belonging, I think, to James I., who had, by-the-bye, a very pretty and expensive taste in bed-hangings, that might well serve as a model for a friendship quilt.

The squares were in this case, as I have just suggested, set diamond-wise, and were divided one from another by a band of rich embroidery, an elaborately worked boss, or conventional rose, being placed over each intersection of the latticing.

The squares contained quaint devices, all dissimilar, and among them, if my recollection serves me, I noticed a pansy, a rose, a bunch of grapes, a wheat-sheaf, a partridge, a swan, an eagle, a lion, a snail a curly fish, a little man in quaint attire, and so forth.

I have lately been gazing upon another form of this quilt, made in Jubilee year, which might with propriety be termed a "Subscription Quilt." In a certain town a bazaar was on hand, and in order to help the funds, all the ladies of the community who were charitably inclined were invited to purchase for the sum of sixpence, a two-inch square of either red or white twill on which her initials or other device was to be embroidered, the said sixpenny square entitling her to a share in the quilt when, at the bazaar, the ownership should be decided by lottery. The work was executed throughout in white and red, and the middle square, which was extra large, and doubtless worked by the prime mover in the affair, was decorated with a crown and the date, and I know not what else. The idea might be taken and copied with advantage for other charities.

OLIVE TONGE.



COSTUME FOR A WATERING PLACE.

Godet skirt of figured plaid silk, the top part covered by a basque of points of lace. Sleeves of the plaid silk, the lower part very tight and ending in a mitten point. Pleated bodice of plain silk matching the ground of the plaid with deep yoke of guipure cut in points. Guipure collar with flowers on each side. Pink straw capote trimmed with lace wings, ribbon and flowers. Quantity of plaid silk required, 16 yards.

Prices of Flat Patterns, Skirts 6½*d.*, *Bodices*, 6½*d.*, *of* MADAME MYRA, 95, *Regent Street, W.*

Myra's Answers on Health and Personal Attention.

IDEAL.—The best remedy for the bite or sting of any insect is, as soon as the bite is discovered, to take a piece of soap, dip it in cold water, and rub the wet surface upon the bite until the lather has dried into the skin. The efficacy of this simple remedy is astonishing, no more being, in many cases either seen or felt of the bite.

TITANIA.—Apply Mason's Eyebrow and Eyelash Tonic to the edges of the eyelids every night at bed-time. Persevere with this treatment, and I can assure you that you will be gratified by the result. This tonic is compounded of vegetable substances, possessing mild stimulant properties, which act most effectively upon the hair bulbs, and produce a free growth of both eyebrows and eyelashes. For particulars see Mr. Mason's advertisement.

ASPEN.—1. You should not allow your hair to continue falling in the way it is now doing, the longer this lasts the more difficult it will be to check it. Send at once to Cassie and Company, 49, Newgate Street, E.C., for a bottle of Dr. Horn's capital Germania Tonic, and apply it daily for some time. You will be pleased with the tonic and its results. 2. Send your combings to Mr. Smith, Silver Street, Salisbury, to be made up into a tail, you will find this very useful now that your hair is so much thinner.

GITANA.—To prevent the staining of the skin you can rub cold cream over it before applying the dye. Leave a thick layer of the cream and do not remove it until the hair is dry.

MRS. O. S.—You are certainly far too stout for one of your age. The fact can perhaps be traced to some recent and marked change in your mode of life or diet. less exercise, for instance, or richer food. Go in for a course of Mr. Mason's absolutely safe and invaluable Sea Wrack. Its power in reducing obesity is exciting great attention now, and the rules as to diet are simple and easily followed.

GRACE.—Most medical men condemn the wearing of linen next the skin, oblivious of the fact that their grandmothers wore it and lived to a good old age. If you are at all subject to rheumatism, or have delicate respiratory organs, then undoubtedly the wearing of linen underclothing is rather risky, but if your health and constitution are as good as you describe there is really no reason why you should alter your habits. It is quite possible to be healthy and live long in linen under-garments.

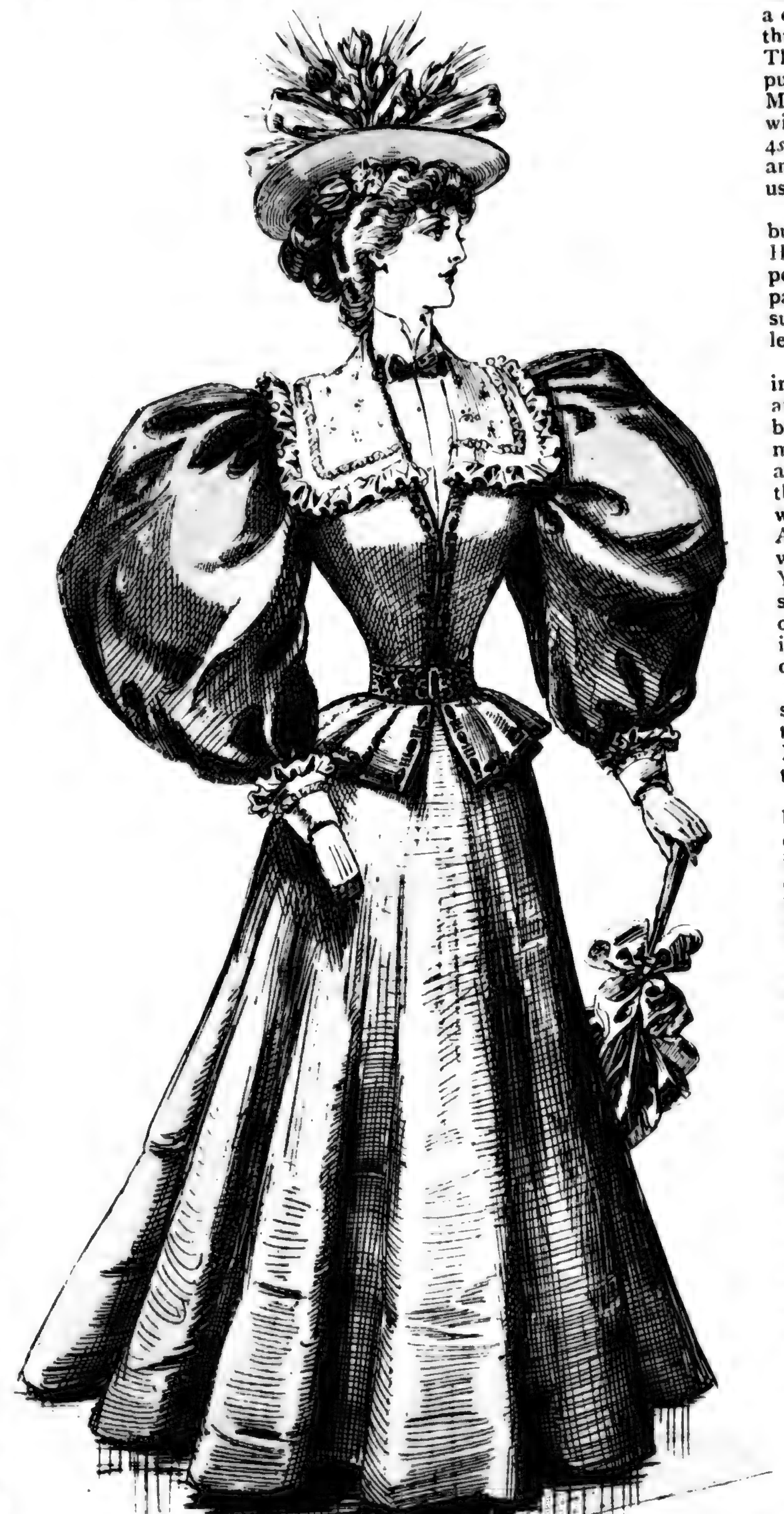
VIXEN.—The skin at the base of the nails must be pushed back with the towel every time the hands are washed. This will in time improve the shape of the nails.

LETTICE.—The oatmeal must be mixed to a thin paste, with a mixture of Eau de Cologne and hot water. In using it a little should be well rubbed into the skin, and after a few minutes washed off by a copious effusion of tepid water. The addition of Eau de Cologne to the paste greatly enhances its beneficial action upon the skin, and renders it much pleasanter to use and more fragrant.

CORNFLOWER.—The best Freckle Cure to use is that of which full particulars are given in Mr. Mason's advertisement. Its efficacy is to a great extent based on the use of a new scientific discovery—the actual fatty matter of the skin and hair which enables the remedy to penetrate the epidermis. Such a remedy as you describe might remove the freckles, but its effect on the skin would be injurious, while, on the contrary, Mr. Mason's Freckle Cure renders the skin soft, firm and smooth.

RIDER.—When the nail grows into the flesh, the affected side should be painted, night and morning, with tincture of steel. At the same time the whole central portion of the nail should be scraped with a knife as thin as possible, thus absorbing all the energies of growth to replace this loss, and tending to contract the sides of the nail.

MEADOW-SWEET.—The bust can be to a great extent developed by special treatment and carefully arranged diet. This last should consist of food rich in iron and phosphates, underdone meat, fish, eggs, milk, cream and cream cheese, oysters and all kinds of farinaceous food, fruits and vegetables. Friction every morning and evening with milk of almonds, Beetham's Glycerine and Cucumber, or any other preparation of a like kind. Avoid all sours and acids, and before going to bed take a light supper of Benger's Food, arrowroot, rice, milk, or cocoa. Mashed potatoes prepared with butter or cream are excellent also. At night you can raise the bust by wearing a cambric belt or corselet padded at the top with wadding.



AFTERNOON PROMENADE COSTUME.

Full godet skirt of beige alpaca. Bodice of the same with fluted basque and bishop sleeves; narrow galon on the bodice and round the edge of the basque; belt to match mounted on silk and fastened with a buckle. The bodice opens over a white batiste and shirt and collar, and is ornamented with a collar of printed muslin with lace insertion and plain muslin hem and frill. Cuffs to match. Straw hat trimmed with poppies and grasses and ribbon bows. Quantity of alpaca required, 9 yards.

Prices of Flat Patterns, Skirt, 6½*d.*, *Bodice,* 6½*d.*, *of* MADAME MYRA, 95, *Regent Street, W.*

IRIS.—Hair often changes to a darker and duller shade with advancing years or a change in the constitution. A great deal of interest attaches nowadays to the prevention of this change by imparting a bright golden sheen to the hair, and keeping it of a light and sunny hue. No dye is of any use in such a case. What is necessary is to oxidize and thus lighten the natural colour of the hair. This can only be safely done by the use of pure Peroxide of Hydrogen. Mr. Philip Mason, Pharmaceutical Chemist, Norwich, will send a case of it free to any address for 4*s.* It is of full strength and great purity, and accompanied by explicit directions for use.

WILD WEST.—Do not give up in despair, but leave the tweezers alone and try Dr. Horn's Hair Solvent. You can get a bottle post free for 2*s.* 9*d.* from Cassie and Company, 49, Newgate Street, E.C. The firm supplies all Dr. Horn's preparations. It leaves no mark and will not injure the skin.

TINFOIL.—Bran baths are often prescribed in bad cases of eczema and other skin affections. To prepare such a bath put the bran in muslin bags, lay one of these or more, depending on the size of the bags, in a large basin and pour boiling water over them. Let them stand till cold, when you will find the water converted to a stiff jelly. Add the whole or part of this jelly to the water of your bath, which must be warm. You must not use and will not require any soap; you will find the bran bath both cleansing and healing, and you may remain in it for some time. The bath may be taken daily or every alternate day.

ANTE.—The only safeguard on such occasions is to rub cold cream or Vinolia into the face before starting on an expedition. If you omit to do this your skin will certainly peel off.

EVA D.—If you desire white, soft hands, be careful not to expose them ungloved to outdoor extremes of either cold or heat, and in winter do not wear tight kid gloves, but either lined kid or cloth. To render the hands permanently white or soft one of the best cosmetic applications is the Gants Gras Pomade prepared by Mr. Mason, Pharmaceutical Chemist, Norwich, which he will send you post free for eighteen stamps. It is used at night with soiled kid gloves.

LAURA.—You need not be at all afraid of Mr. Mason's Freckle Lotion, it will do no harm whatever, but if you want something perfectly inoffensive, and of which you know all the ingredients, make a lotion of a small quantity of borax dissolved in rose water, or else infuse ¼ ounce of red rose leaves in ¼ pint each of fresh lemon juice and brandy or rum. Let the ingredients stand in a cool place for two or three hours, then strain with pressure, and the next day pour the clear part of the lotion into a bottle for use twice daily. You should prevent the formation of the freckles by not exposing your face without the protection of a shady hat or parasol.

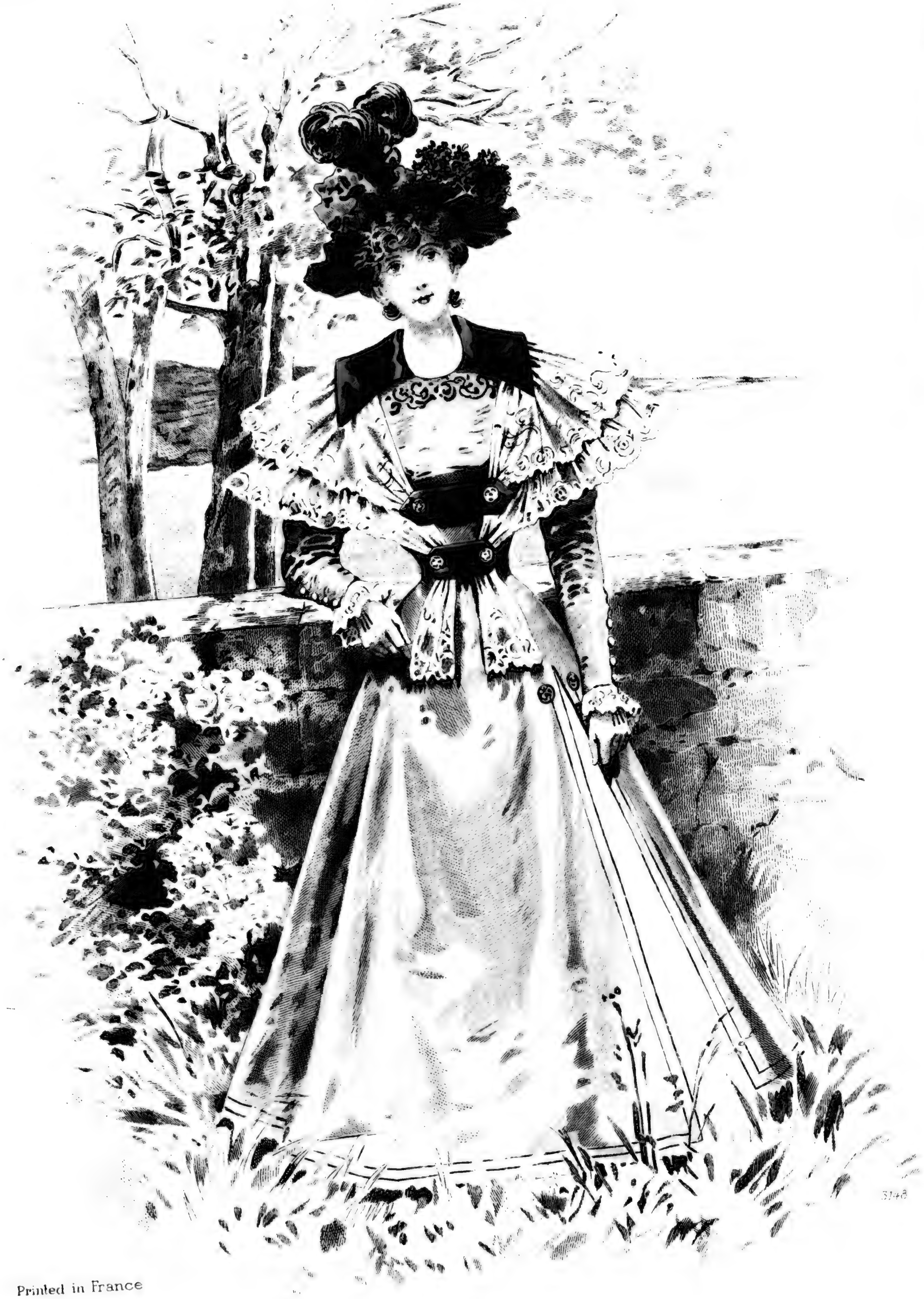
CISSY.—1. Dr. Horn, Newport, Isle of Wight, is the specialist in hair diseases to whom you refer. Baldness is often curable, but the remedies vary with the special form of disease that causes the baldness. Write for advice to Dr. Horn, describing the symptoms fully, and ask him which of his remedies will be most suitable in your case. 2. Use Beetham's Glycerine and Cucumber; it is excellent and very cheap.

M. H.—You could overcome the difficulty by making the tea early in the day and pouring it into another tea-pot when it has stood three or four minutes. Before drinking it add cold water and lemon juice to taste. You will find this a refreshing and cooling beverage.

BARBARA.—A restorer very gradually colours grey hair. A dye does so at once, or in two or three applications. A good dye requires to be applied only at intervals of a week or two, or even longer; whilst a restorer, as a rule, requires daily use. For this reason, a good simple and harmless dye in one solution is, in our opinion, to be preferred to a restorer, being so much less trouble. An excellent hair-dye of this kind is the Garrison Dye, of which you will find particulars in Mr. Mason's advertisement.

Supplement to Myra's Journal, The Leader of Fashion

August 1st 1895



Printed in France

London, Beeton & Co., Ltd., 95, Regent Street, W., and 6, Fetter Lane, E.C.

DESCRIPTION OF THE NEEDLEWORK DESIGNS.

BERCEAUNETTE COVER.

NO. 1 illustrates one quarter of the berceaunette cover, in full size, the design being repeated for the three other corners; No. 2 shows the quilt completed. It is made of creamy white molleton cloth embroidered with blue and cream silk. The outlines in button-hole stitch with picots are worked in cream silk, but the stem-stitch and spots following and between the lines are in blue silk. The spots, wheels and small flowers are worked in blue silk, the bars are in cream silk, and this is also used for the long stitches crossing the large spots and for the stem-stitch round them. The whole of the work may, if liked, be executed with the coloured silk. and pink, yellow, or any other colour may be chosen for the work. For a summer quilt Harris's baby blue linen embroided with white flax thread would be exceedingly pretty, and a cover for the basket might be worked to correspond with the quilt.

DESCRIPTION OF THE COLOURED FASHION PLATE.

DRESS of suède-coloured silk; the fronts in princess shape, fastened invisibly on the left side, the skirt on the same side open over a narrow panel of white faille, to which it is secured with paste buttons. The back of the skirt mounted in godet pleats on a plain corsage. The neck cut rather low with silk embroidery across the front. Sleeves of suède silk buttoned at the seam. Fichu formed of two flounces of white lace, the ends in front passed under tabs of cornflower-blue velvet secured with paste buttons. Deep collar of the blue velvet. Black chiffon hat trimmed with cornflowers, poppies and black feathers.

DESCRIPTION OF THE CUT-OUT PAPER PATTERN.

THE pattern is that of the jacket illustrated at fig. 2, page 27; it consists of five pieces—1, the front, without darts; 2, the back, folded down the centre; 3, the revers, to be made of piqué, silk or other material; 4. the foundation of the sleeve, and 5, the large puff, folded down the centre of the back, and with the under-part cut out a little at the dotted line. The sleeve is gathered at the top, the lower edge is either pleated or gathered, then turned up and joined to the foundation at the dotted line BB, the material hanging over in a drooping puff. The sleeve below the puff is finished off with a broad band.

DESCRIPTION OF OUR ARTIST'S SKETCHES.

FIG. 1. Skirt and double-breasted bodice of Harris tweed; the bodice open with revers over a white linen shirt and collar. White leather belt and cuffs. Cape of the tweed lined with plaid silk and secured by crossed straps of the tweed. Straw hat trimmed with ribbon and quill feathers.

Fig. 2. Skirt of cornflower-blue crépon White satin blouse cut low over a chemisette of the same ornamented with iridescent paillettes. Revers of satin joined with a bow on the chest, and collar with bow behind also of satin. Narrow ruches of white chiffon edging the revers, cuffs, collar and cravat ends. Chip hat trimmed with blue ribbon and black wings.

Fig. 3. Dress of Harris shot green and white flax and silk cloth. Plain skirt and blouse bodice with bishop sleeves. Collar of white silk edged with green silk embroidery and white lace; white chiffon chemisette. Belt of black satin bordered with white suède. Sailor hat trimmed with green and white ribbon.

Fig. 4. Tweed or serge skirt. Jacket of drab cloth with strapped seams, revers and pocket flaps. Double-breasted waistcoat of check tweed. White shirt and collar; black tie. Straw hat trimmed with ribbon, silk rosettes and curled quill feathers.

Fig. 5. Skirt of fancy silk in black and white stripes. Bodice of black satin strapped with white satin ribbon, the straps forming loops at the top and loops and fringed ends below the waist. The side straps continued over the shoulders as bretelles; similar arrangement at the back. White satin cape collar cut in shaped tabs, and white satin collar and belt. Straw hat trimmed with white ribbon sewn with black paillettes. Puffed elbow sleeves.

Fig. 6. Skirt and jacket of brown cloth ornamented with appliqués of light fawn cloth. The jacket is loose and double-breasted. White shirt and collar. Panama hat trimmed with black ribbon.

PERSONAL APPEARANCE, HOW TO IMPROVE. Wear the "Immovable Scalpette," made only of natural grey hair, from 21s. to 10 guineas. Shaded Grey Pompa Fringes, 21s. to 4 guineas. T. S. BROWN, 3, Leece Street (top of Bold Street), Liverpool.

OUR PRIZE COMPETITION.

THE perusal of the tempting picnic menus sent to us by numerous competitors has made our mouths water, and aroused in us longings for river picnics that are not, alas! compatible with editorial duties. It has not been very easy to come to a final decision as to the merits of the menus and suggestions for general arrangements, but after due consideration the first award is given to Miss Oliver, of 2, North Road, Surbiton, whose menu is well thought out, and who provides ample refreshment in eatables and drinkables at 5s. per head for a party of sixteen people, eight of whom it may be presumed are men who will be both hungry and thirsty after a good pull. There is in Miss Oliver's menu a well-balanced proportion between the solid and sweet dishes, and she is the only competitor who has recognized the necessity of taking some form of wine besides claret or champagne cup; the short, but practical, suggestions show considerable experience in river picnics.

Capital menus, and suggestions, are also sent by Miss Giles, Mrs. Dickinson Heelis, Mrs. R. E. Colebrook, Miss Atkinson, and Miss C. Bell, besides others, but in some the dishes of meat are either not well chosen or insufficient, in others the sweets preponderate over all other kinds of food, and in most of them there is a deficiency either in the quantity or the choice of beverages. One lady allows nine sweet dishes, but no beverages beyond claret cup and home-made lemonade; another competitor, whose general arrangements are excellent, gives rabbit pie and veal cake as the two chief meat dishes, and a great number of people eat neither of these, but on the other hand the drinkables are amply provided. In all the menus there are some excellent ideas, and as many of the competitors have kindly sent the recipes for preparing the dishes they recommend, we shall in our next number give our readers as many of these recipes as are likely to be of general use.

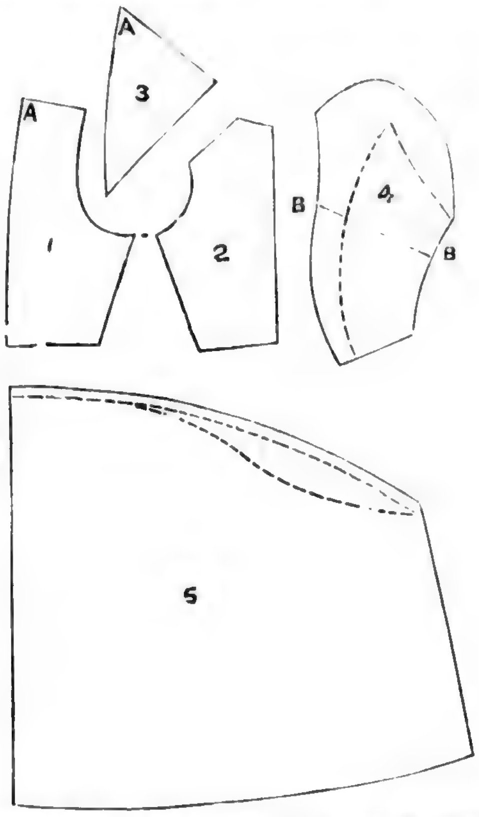


DIAGRAM OF THE CUT-OUT PAPER PATTERN GIVEN WITH THIS NUMBER.

This ends the fourth in the series of eight competitions for the cumulative prize of £15. For the sixth competition we have again decided on a piece of needlework; this is to be in the same style of work, if not exactly the same design, as the berceaunette cover on page 26. The work may take the form of a table-cloth or other article, and the materials and colours are also left to the choice of the worker. As this is rather a larger piece of work than usual, we shall be quite satisfied if one-half of it only is completed when the work reaches us on September 4th, accompanied as usual by the coupon and a stamped and addressed envelope for the return of the work.

PRIZE MENU FOR A RIVER PICNIC BY MISS OLIVER.

Salmon Peel, about 5lbs., with Mayonnaise sauce; lobster salads (two); 3lbs. of spiced beef; 2 fowls; 1lb. of cooked ham cut in thin slices; raised pie of pigeons, veal, etc.; mutton cutlets, glazed; salad of cold peas, potatoes, and hard-boiled eggs, with mayonnaise sauce; lettuces and cucumber; 1 dozen meringues; macédoine of fruit; Swiss roll, with apricot jam; 3 jugs of cream; gorgonzola and cream cheeses; butter; rolls; cherries; strawberries and melon; mineral waters, champagne cup (4 bottl
Moet and Chandon), 1 bottle of whisky; one b
of sherry; ice; sugar.

List of things to be taken. 20 plates; 5 dis
16 tumblers; 6 wine glasses; 16 forks; 4 large
16 knives; 4 large ditto; 8 spoons; 6 large dit
serving. A small mop to wash plates, etc.; 1
cloth; 16 table napkins; 4 glass cloths; tin bo
ice and a needle to break it; a large jug for c
pagne cup; corkscrew; champagne nippers; a
of soap; cigarettes and matches.

REMARKS.—The two fowls to be carved b
starting in five joints each, 2 wings, 2 legs, m
thought and part of breast, and each helping
wrapped in a thin slice of ham and tied with ri
this saves a great deal of trouble, as when helpi
joint is lifted by the bow of ribbon. Mayo
sauce to be taken in a soda water bottle and p
over the salmon when unpacked. Mutton cutl
be neatly arranged on a dish over the salad o
peas, potatoes, etc., and some of the same salad
put round the spiced beef, which should be cut i
slices before starting, and put in a tin box with
lettuce leaves on the top, and when unp
arranged as described. Macédoine of fruit
taken in a large jam pot with secure screw top,
and cheeses in jam pots. Pepper and salt in
tin muffineers; mustard to be mixed whe
packed in a small pot. Lobster salads to be
when unpacked.

Where to Spend the H
days.

AXENFELS.

WELL above the level of the Lake of Lu
but within a reasonable walk of the
boat pier and railway station of Brunn
Grand Hotel Axenfels can boast of magn
views and of the cool mountain air that is un
on the shores of the lake. The hotel stands
top of a wooded cliff looking over the Lake of th
Cantons, and has a large garden in which natu
art have been skilfully combined to form shady
from which, even on the hottest days, ex
glimpses of the lake and of distant snow-
mountains may be enjoyed. Holiday-seeke
long for rest, pure air, and a view of whic
impossible to tire, and the creature comforts t
never more desirable than when one has t
think about and appreciate them, will find al
at Axenfels, and one may be as energetic or
as one likes, and find life decidedly worth li
either case. The mere fact of breathing such
that which comes down from the heights
Frohnalpstock, on the lower slopes of which the
of Morschach and the hotel are situated, is en
to the Londoner, who has so few chances of
pure air, and if the London water companie
supply such cold and sparkling water as
Axenfels, the number of total abstainers w
increased a hundredfold!

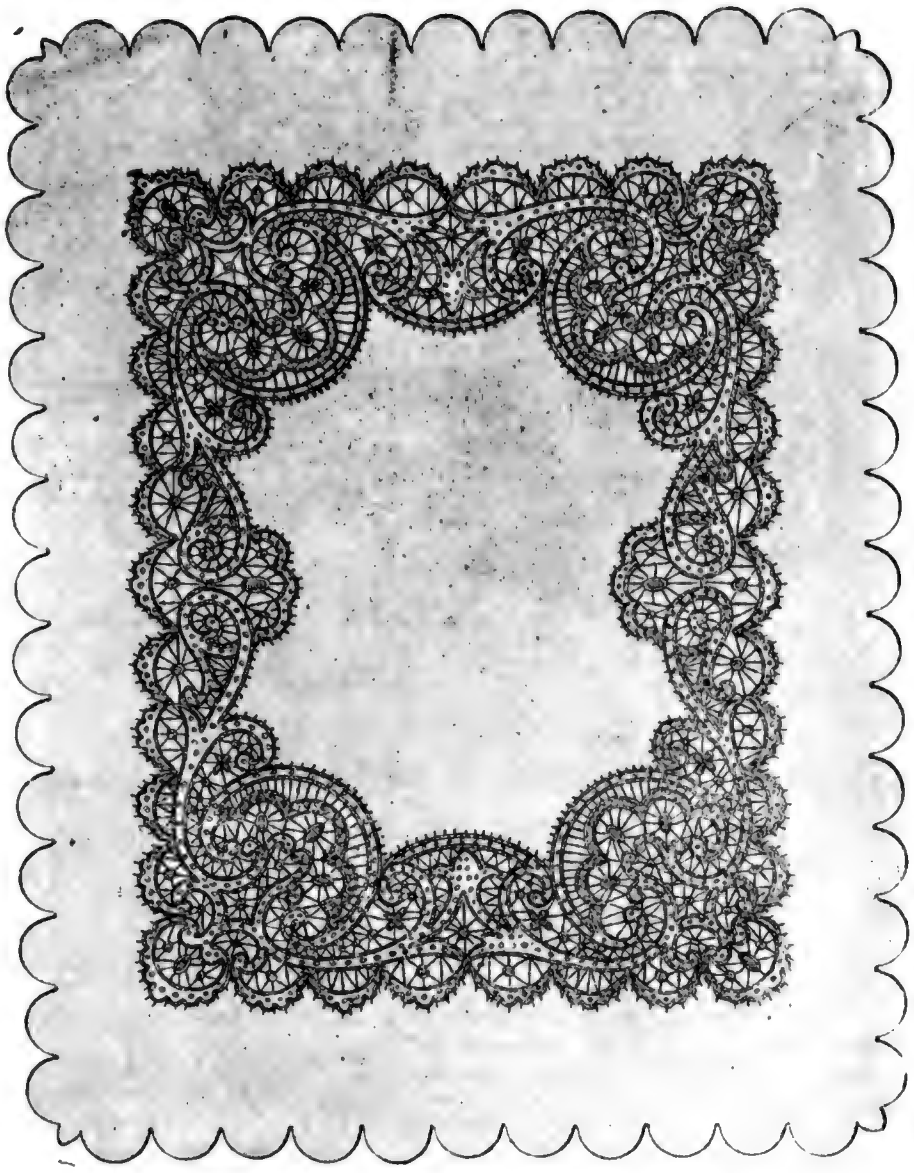
Many interesting and delightful excursions
rail, and steamer may be undertaken from A
those who dislike to begin the day with the w
Brunnen can drive down, as the hotel omnibu
all the principal boats and trains, and carria
easily be ordered; Lucerne, the Rigi, Pilat
the famous St. Gothard railway, are all easil
sible, and there are numerous places on
that are well worth visiting. The proprietor
hotel, Mr. Schnack, takes the greatest interes
doings of his guests, and is never better pleas
when called upon to suggest excursions, and
the intricacies of the Swiss railway system.

Life at Axenfels is remarkably pleasa
easy, thanks to the admirable management
proprietor, the excellent staff of servants, the
of a first-rate chef (a very important item),
fact that the visitors have not that depressing
that the identity of the individual is sunk in a
which so often accompanies a sojourn in a lar
Axenfels has another advantage, for notwith
the comfort and refinement of the appointmen
most liberal table, the prices are by no mea
and the fear of "extras" need not haunt the
the purse-bearer.

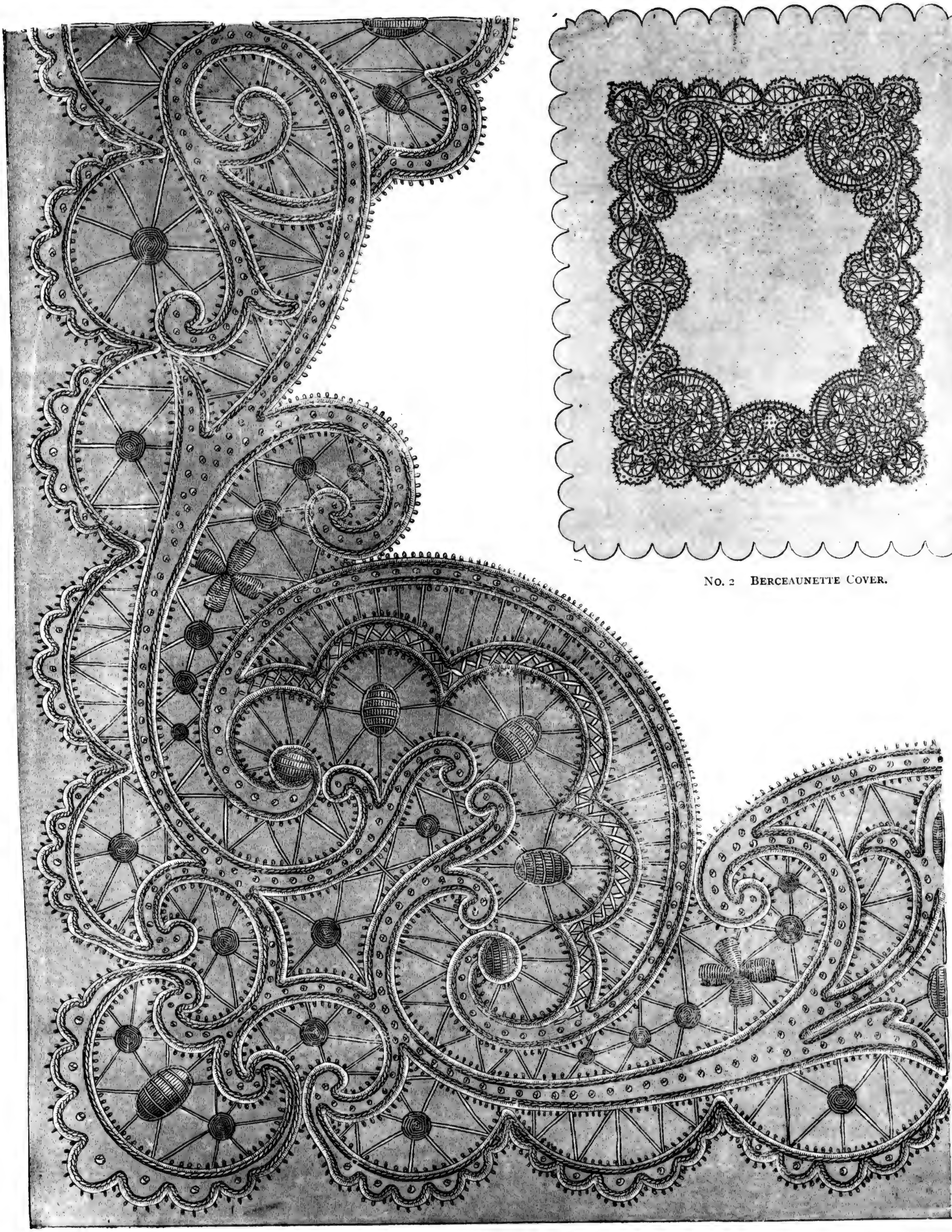
The shortest and most direct route to Ax
viâ Calais, Laon and Bâle to Lucerne; Mess
and Son issue tickets to Lucerne, where th
meets the train, and puts travellers in the
collecting their luggage and proceeding to
by the lake steamer, a most welcome chang
long night spent in railway travelling.

DELICIOUS MAZAWATTEE TEAS.
DELICIOUS MAZAWATTEE TEAS.
DELICIOUS MAZAWATTEE TEAS.
DELICIOUS MAZAWATTEE TEAS.
DELICIOUS MAZAWATTEE TEAS.
At 1/6, 1/10, 2/-, 2/4, 2/10 & 4/- per lb. Of Leading

NOVELTIES IN NEEDLEWORK.

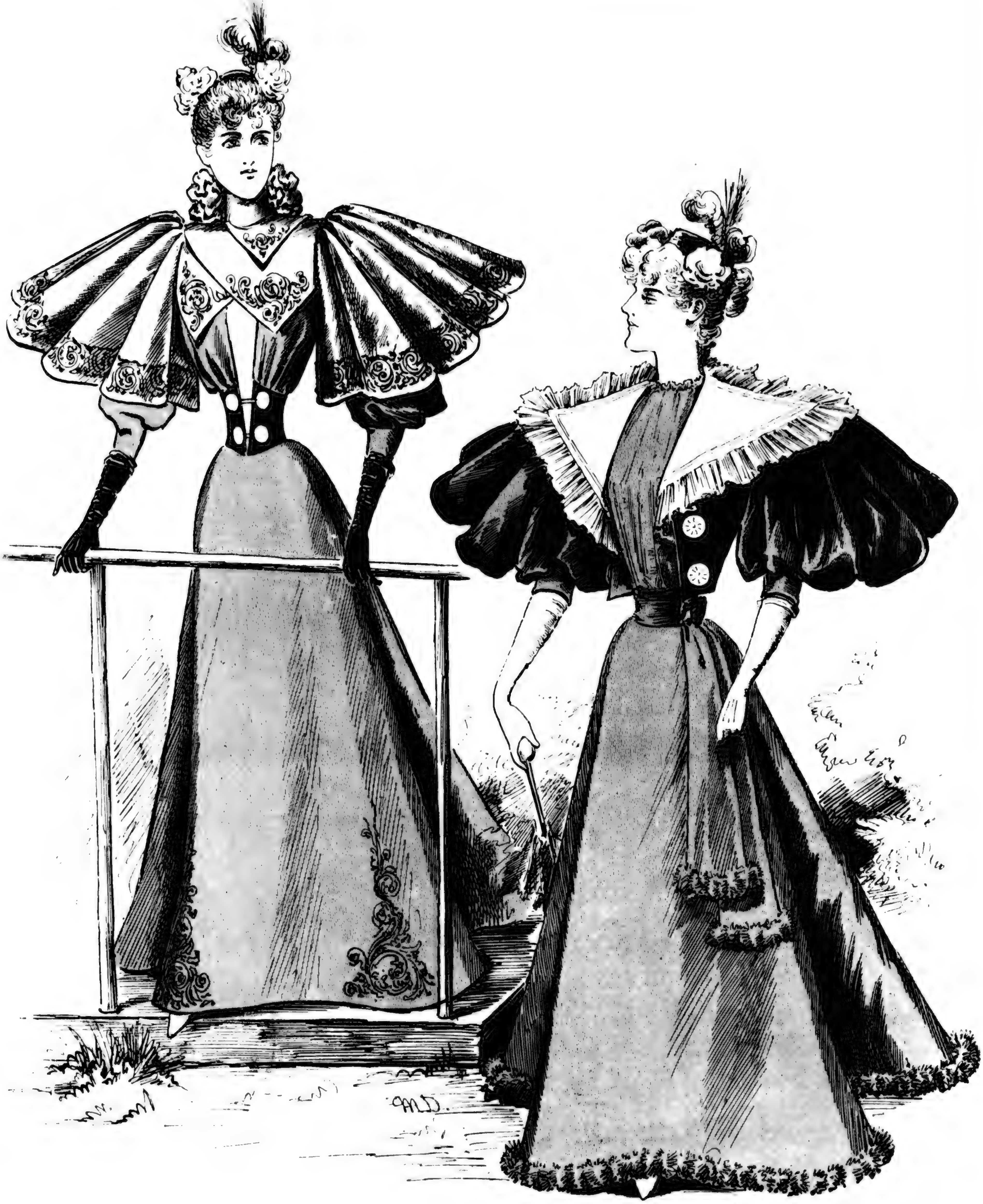


No. 2 Berceaunette Cover.



No. 1. Corner of Design for Berceaunette Cover.

For Description see Page 25.



COSTUMES FOR AUGUST.

Fig. 1. Skirt of black mohair with black silk cord braided design on each side of the front at the edge. Open blouse and sleeves to match. Vest of white cloth with crossing yokes to match, and full over-sleeves ornamented with braiding in black silk cord. Black satin belt with large pearl buttons. White cloth collar with big rosettes of white ribbon at the sides. Black bonnet with white tulle rosettes and black feathers. Quantity of mohair required, 8 yards.

Fig. 2. Skirt of shot silk trimmed round the edge with a pinked out ruche of the same. Blouse of the silk with a gathered heading at the neck, and draped sash to match, the ends trimmed with a ruche. Short jacket with puffed elbow sleeves of mirror velvet, the fronts ornamented with large buttons. Lawn collar edged with a deep frill; velvet toque trimmed with rosettes and feathers. Quantity of silk required, 18 yards.

Prices of Flat Patterns, Skirts, 6½d., Bodices, 6½d., of MADAME MYRA, 95, *Regent Street, W.*

The Cut-out Pattern of the Velvet Jacket, fig. 2, is given with this number.

The Making of Skirts.

THE first requisite for cutting out skirts is a good-sized table on which the material may be spread out in its full width and length. The pattern—and a good skirt pattern is absolutely essential—having been carefully examined, measured, fitted together, and rectified where necessary, is pinned on to the material, with the straight line of the fabric exactly where it is indicated on the pattern at the top and foot of each breadth; care must also be taken to keep the pattern quite flat, and the material must lie absolutely smooth under it.

Next, with white or coloured chalk, depending on the colour of the fabric, all the outlines of the pattern are traced, together with darts, or any other marks that will help in making up the skirt. The material may now be cut, leaving the necessary turnings; the front breadth, and the back breadth also, if made with the fold of the material up the centre, may be cut from the folded material, to make sure of both sides being alike.

In tacking the seams before stitching them the two breadths to be joined should be laid together on the table and pinned to see that they are quite smooth and even; the tacking should be moderately close. If the material is a thin woollen or silk, a narrow strip of thin paper may be tacked on at the same time and afterwards stitched, and torn away only when the seam is completed. If both breadths are cut on the bias and the seam is on the cross of the material, a narrow strip of muslin may be substituted for the paper, left on the seam and pressed when the seam is ironed. Wherever a bias and selvedge are joined the bias is eased on to the straight breadth, and all selvedges should be snipped at intervals.

The seams must be carefully pressed, and no part of the material, except the seam and the turnings, should be touched by the iron. A moderate degree of heat only is required in the iron, and it should be lightly passed over the material, unless this is heavy and thick. The seams of silk, velvet, crêpe, and crépon skirts should not be pressed on the table, but held out at each end while a third person passes the iron along the opened seam. For delicate colours a cool iron is necessary.

The false hem of crinoline or horsehair, the material that is now used for all fashionably made skirts, is cut to fit the skirt exactly; this hem is from 14 to 16 inches deep and is cut the right way of the material, not selvedge round, a sufficient number of breadths being joined together and fitted on the skirt. If the breadths of crinoline overlap a little only it is best not to cut the overlapping parts, but to tack one down on the other; wherever it is necessary to cut the crinoline the edges must be bound, as it is these rough edges that fray the material. Begin fitting in the false hem by pinning the two materials together in the centre of the front, then hold the crinoline in the hand and arrange the material over it; if there is any fulness it should be in this, not in the stiff lining. Tack the two together round the edge, leaving a turning of the dress material to hem up inside the skirt. The top may be left as it is, or bound if the dress is of delicate material likely to fray. Press the edge, as soon as the turning has been hemmed up with long but firm stitches. Care must be taken to keep the edge quite even, any inequalities in the stiff lining must be corrected before doing the hem.

In godet skirts the stiff lining is usually carried up to the waist at the sides and back; it is the only way to make sure of the skirt falling in the rounded fluted folds that are the chief feature of these skirts. The best way to cut godet skirts is to make them consist of a series of rather narrow breadths sloped on each side, and mounted at the top, where they are very narrow, in small box-pleats, each breadth forming one pleat.

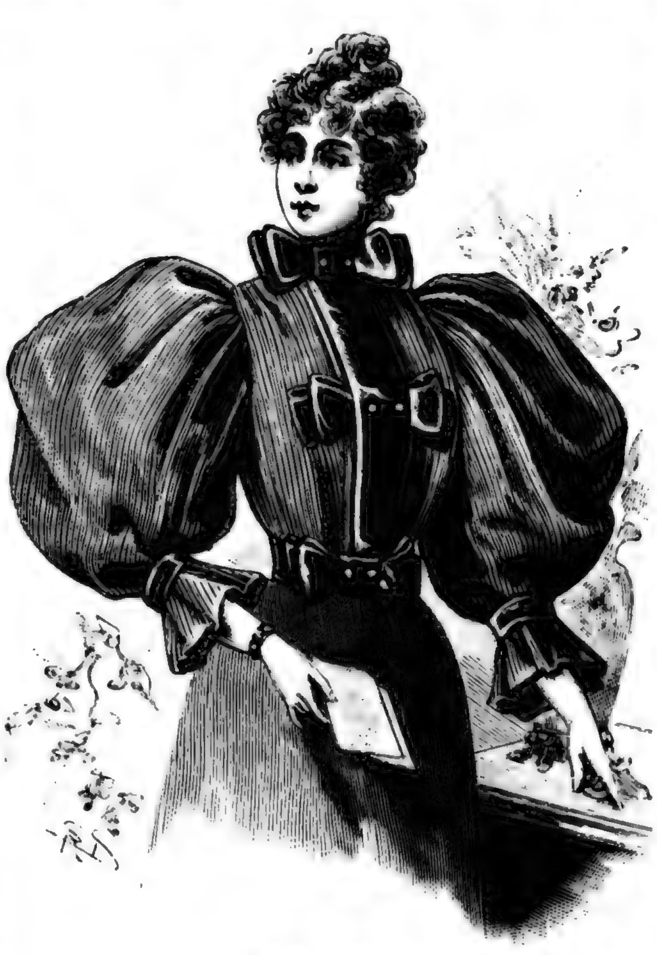
If a steel is to be used it must be put in now, between two and three inches above the edge, where it will be covered by the gathered heading of the balayeuse. The steel is secured by stitches crossing it and worked into the stiff lining. The ends must be well covered and strongly joined together.

The lining comes next; this should be of faille or glacé silk, no other material can compare with these as a lining. It must be cut exactly like the skirt, breadth by breadth, but a trifle longer if the dress is of woollen material; if both are silk they may be exactly alike; pieces must be joined on where necessary to give the width wanted. Each breadth of lining is now placed on the corresponding breadth of the dress and tacked all round; the seams are then hemmed or slip-stitched, care being of course taken not to carry the stitches through to the right side.

Before completing the edge of the skirt it should be mounted on the waistband and tried on to see that the lining is correctly fitted in. This will also be the time to see whether any darts are required in fitting the skirt round the hips; well-cut skirts should not require any, but on stout figures a few slight gathers may be found necessary. The belting should be of silk and narrow, and the fulness at the back arranged in small box-pleats. The silk lining may now be turned up at the edge and hemmed all round. The stiff hem is kept in place by securing the lining to it at the top by strong stitches, that must on no account be visible on the right side.

The silk balayeuse is a frill about 5 to 6 inches deep cut the right way of the material and pinked out along both edges; if the silk is cut the selvedge way it is liable to cut at the folds, if cut on the cross the pinked-out edges are ruined in a day's wear. The frills are mounted with a double row of gathers, leaving about half an inch at the top for a heading and not quite half an inch between the two rows of gathers. The amount of fulness to be allowed is about half as much again as the width of the skirt.

Skirts are made just to clear the ground all round; the most difficult part of skirt-making is the shaping and rounding of the lower edge, and unless this is well cut at first it is impossible to ensure success. Those who are not accustomed to cutting from close and intricate measurements should procure a good pattern. Of these there are several in different styles, suitable for materials of different widths, costing 6½*d.* each at our Paper Pattern Depôt, 95, Regent Street, W.



A Silk Blouse.

Blouse in shot green and mauve striped silk. The fronts are pleated or gathered at the shoulder seam, the back has a box-pleat down the centre. In front is a pleat of black satin with loops of ribbon to match at the neck, chest and waist, and antique silver buttons. Collar and belt of the ribbon and bands of black satin drawing in the sleeve above the frill. Quantity of silk required, 5 yards.

Price of Flat Pattern, 6½*d.*, *of* Madame Myra, 95, *Regent Street*, *W.*

Funeral Reform Association.

THE Duke of Sutherland gave Stafford House for the 17th annual meeting of the Funeral Reform Association. General Lowry, in taking the chair, read a letter from Sir Francis Knollys stating that the Prince of Wales renewed his approval of the objects of the Association. He also said that the Duchess of Albany had sent the expression of her sympathy, and that letters of regret at inability to be present had been received from Prince and Princess Christian, the Duke of Teck, the Marquis of Lorne, the Archbishop of Dublin, the Lord Chancellor, the Earl of Stamford, Lord Harlech, Sir W. Vincent, Bart., Sir W. H. Flower, Sir Edward Hamilton and others. Papers contributed by Sir Seymour Haden and Dr. Poore were read by the Rev. Septimus Buss, setting forth that "earth to earth" burial may be practised in the immediate neighbourhood of a thickly populated district, not only with harm to none, but with positive advantage to all, as supplying the open spaces which are essential to the general well-being. With ten years' interval between successive interments in the same spot an acre of land would prove to be an ample area for a burial ground in perpetuity for a population of 10 000 persons. The Report which was read by Mr. Hugh Munby, hon. solicitor to the Society, stated that the main object in view was to induce the clergy and Church officers generally in every parish to unite in the effort to bring about a simple, economical, and sanitary mode of burial, in accordance with the letter and spirit of the Order for the Burial of the Dead. The Rt. Hon. J. Lowther, M.P., in moving a resolution to the effect that it was desirable that moderation be exercised in funeral floral decoration, said that floral tributes gathered personally by friends was very different from the wreaths costing so many guineas which society ordered for a funeral. For the one practice they could have nothing but sympathy, the other was a mere instance of the thraldom of fashion.

Church Society for the Promotion of Kindness to Animals.

THE lay members of the Church Society for the Promotion of Kindness to Animals are issuing the following appeal to the clergy:—"A large proportion of the inhabitants of every parish, especially in country districts, are occupied every day with animals, and very many, such as farmers, fishermen, butchers, coachmen, drivers, and drovers derive their living, wholly or in part, from them; yet there are very few persons who have ever heard a sermon upon the subject of a man's duty to animals. A deputation of this Society, which recently waited upon the Minister of Education to ask that in all state-aided schools the children should be taught the nature and requirements of the animals with which they were best acquainted, gained its object because, as the Minister himself said, the practice of kindness benefits not only the animals themselves but man also. While much cruelty is exercised towards animals, as is proved by the fact that the Royal Society for the Prevention of Cruelty to Animals secure upwards of 7000 convictions in one year, yet there is no doubt that the unnecessary sufferings which animals endure are to be traced for the most part to thoughtlessness and ignorance. The only security against a person inflicting wanton and unnecessary pain is his learning to be kind. As Ruskin has said, 'He who is not actively kind is cruel.' It is the duty of the Church to enforce the principles of true humanity, not only as between man and man, but also in the considerate treatment of the lower animals; you are therefore most respectfully asked if it be not possible for you to give some instruction upon the Christian sanctions for kindness and consideration towards animals."

Novelties for Housekeepers.

A NEW knife-sharpener that has the twin merits of being simple and indestructible is the "Rapide" knife sharpener, made in two sizes, for ordinary table knives and for penknives. The "Rapide" is exceedingly inexpensive, 1*s.* 6*d.* in the larger size, and 1*s.* only in the small size, and it is only necessary to draw the blade firmly to and fro in the sharpener in order to obtain an edge as sharp as that of a razor should be. The little implement is so cheap and handy, and blunt knives are such an unnecessary addition to the small worries of life, that the "Rapide" sharpener should find its way into every ironmonger's stock, and thence into every household. The Anglo-American Trading Company, of 15, Wool Exchange, Basinghall Street, have introduced this useful novelty.

Good ink has a wonderful effect on letter writing: it is just as impossible to be gay and sprightly when the ink is thick and muddy as when one is harassed with trivial cares and worries—the one influence is as fatal as the other to the flow of ideas. A capital ink that is equally good with a quill, an ordinary steel, or a fountain pen, is Vickers' Blue-Black writing fluid; it is perfectly clear and a good colour, and neither corrodes nor clogs the pen, and is equally useful for ordinary correspondence and for office and literary occupations. It is supplied by Mr G. Vickers, of Angel Court, 172, Strand, in bottles of various sizes.

Sterility in Women: Its Causes and Curative Treatment. By J. B. Ryley, M.D., M.R.C.S., London. An illustrated edition of this work is now ready, price 3*s.* 6*d.*, post free 3*s.* 8*d.* London: Henry Renshaw, 356, Strand.

Towle's Pennyroyal and Steel Pills for Females quickly correct all irregularities, remove all obstructions, and relieve the distressing symptoms so prevalent with the sex. Boxes, 1*s.* 1½*d.* and 2*s.* 9*d.* (the latter contains three times the quantity), of all Chemists. Sent anywhere on receipt of 15 or 34 stamps by the Maker, E. T. Towle, Chemist, Nottingham. *Beware of imitations injurious and worthless.*

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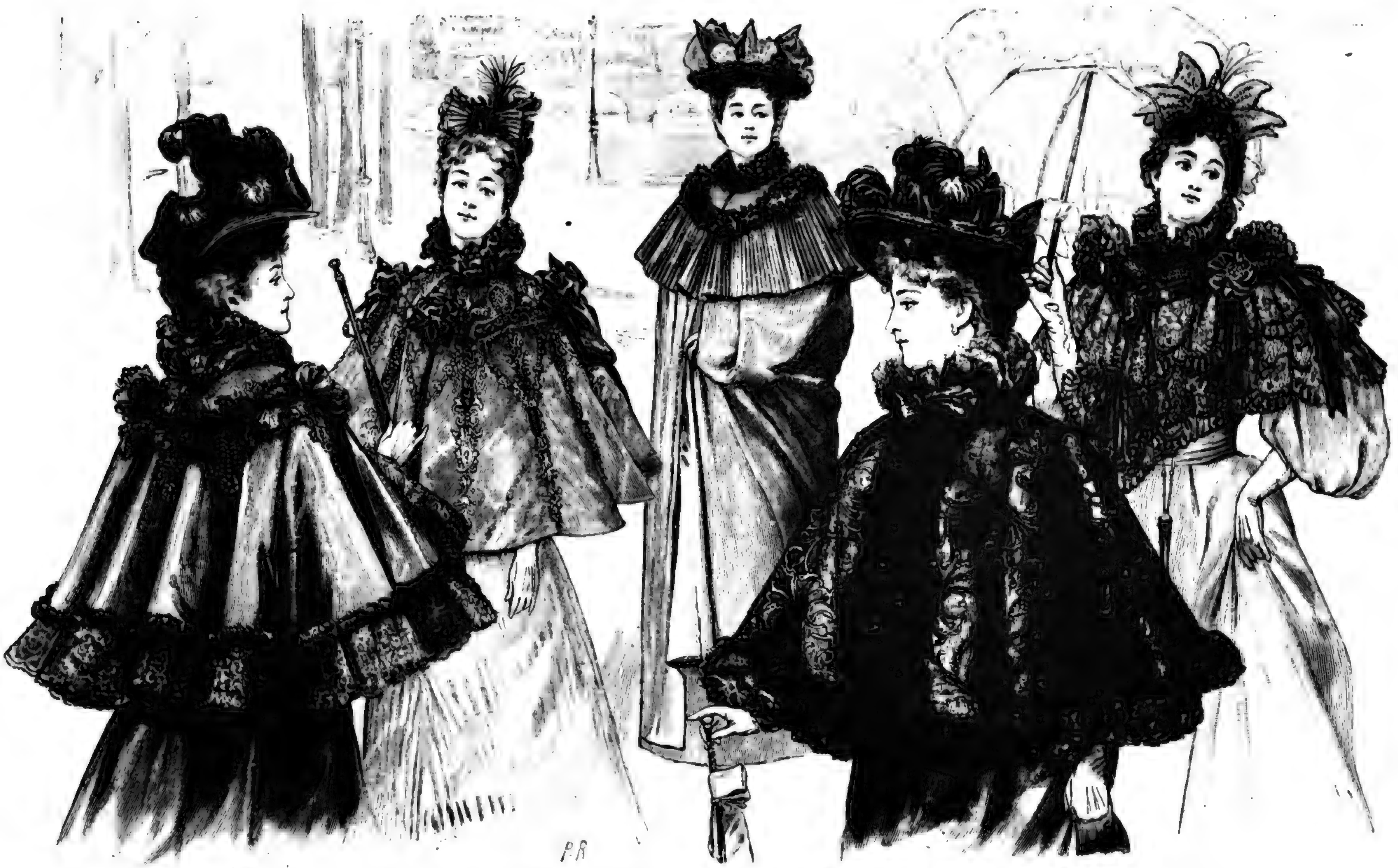
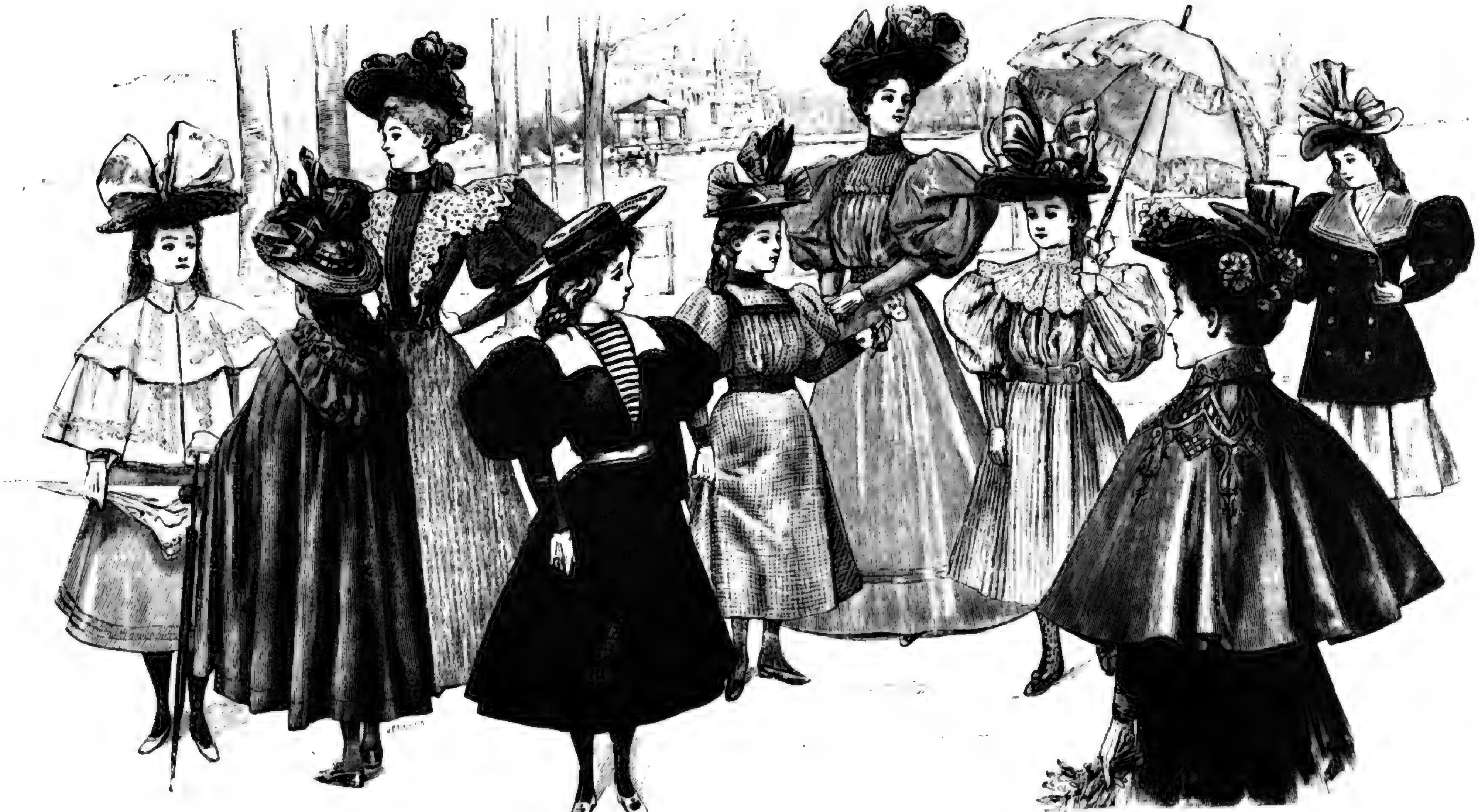
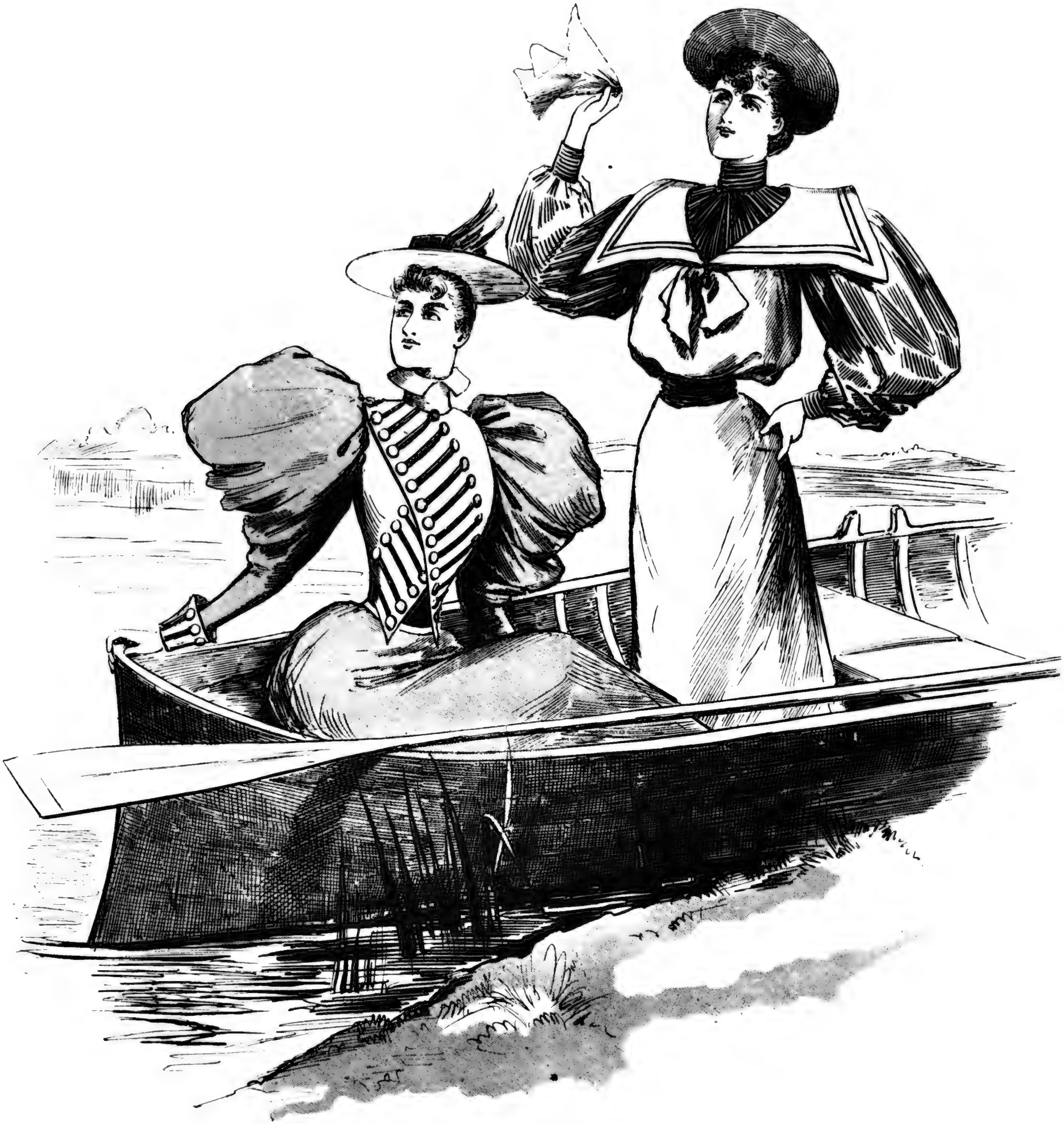
Novelties at Les Grands Magasins du Louvre, Paris.



New Capes and Cloaks: Models from Les Grands Magasins du Louvre, Paris.



Children's Cloaks and Costumes: Models from Les Grands Magasins du Louvre, Paris.



Novel Yachting Costumes.

Fig. 1. Skirt and sleeves of navy blue serge. Bodice of white cloth with crossed fronts ornamented with black braid and gold buttons. Cuffs to match, and plain cloth collar turned over at the top. Broad belt of black satin bordered with white cloth. Straw hat trimmed with black ribbon and wings. Quantity of serge required, 7 yards.

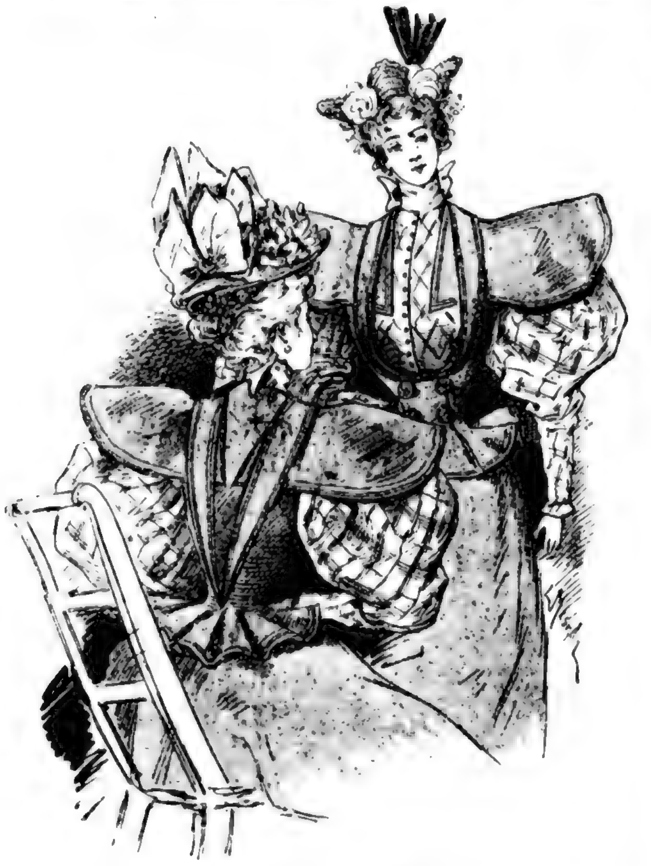
Fig. 2. Skirt and blouse of white serge; the blouse open and ornamented with a wide collar of white piqué. Full shirt of blue and white striped silk, with collar, cuffs and belt to match. Blue and white straw hat. Quantity of serge required, 7½ yards.

Prices of Flat Patterns, Skirts, 6½d., Bodices, 6½d., of Madame Myra, 95, *Regent Street, W.*

Our • Lesson • in • Dressmaking • No. 108

TRAVELLING GOWNS SUITABLE FOR CYCLING.

IN considering travelling gowns this year it is necessary to think of them also from the cyclist's point of view, seeing what thousands of young married ladies intend this autumn to pass the usual holiday cycling with their husbands. How many young couples intend to start on their bicycles this July, the goal of their wheel journey, Edinburgh? These adventurous young women will choose a stylish but plain cycling dress which will not look singular as a pedestrian's costume when they perambulate the streets of each newly entered town of interest, "seeing the sights."



FIGS. 12 AND 13.

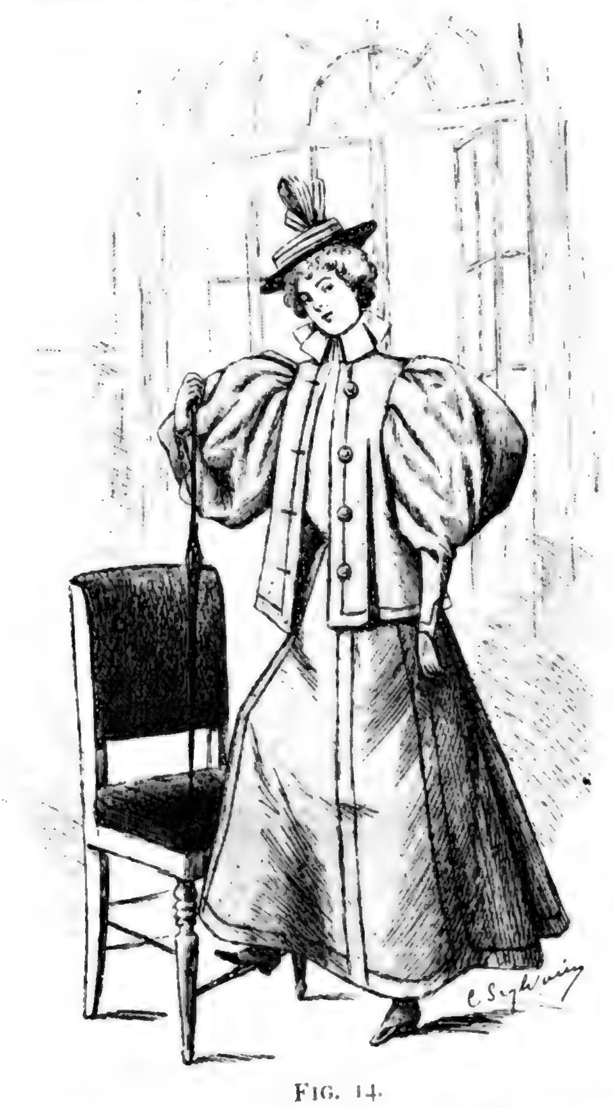


FIG. 14.

The skirt should reach the ankles at least. It should not be too full. It should be lined with coloured flannel, and be made of alpaca or smooth suiting. The best cycling skirt has a box-pleat in front—to prevent the knees being too obvious as they rise and fall. Straps of elastic should hold the skirt to the legs, to prevent its riding up, these straps being released when the wearer is using her skirt simply for pedestrian or travelling purposes.

Fig. 14, though without the box-pleat front, is a very nice cycling skirt which can perfectly well be used as an ordinary travelling skirt. The seams are strapped, and a bias band covers the hem. It is of mixed grey smooth suiting, lined with blue flannel. The shirt under the smart little coat is also of blue flannel.

This coat is a capital model for cycling or travelling. Many ladies choose their cycling coat with too long basques—a mistake, as the ends interfere with the seat, or fall around it in a ridiculous manner. A coat or corsage should be chosen of which the basques are not long enough for the cyclist to risk sitting on them. The advantage of the little coat, fig. 14, is that it buttons over to protect the chest, and is very loose, falling in smart pleats back and front below the bust and shoulder-blades. It is made in three pieces—two fronts and a back, without side-pieces. It is made of the skirt material, lined with silk. The gigot sleeve is comfortable. The collar can be made to taste; a revers collar, which can be turned up on colder evenings, is best.

Very smart and new is the little travelling or cycling jacket, figs. 12 and 13, to be worn over an under-bodice with gigot sleeves made of plaid or shot silk or striped flannel. This is not an easy bodice to cut, so the diagram of the various pieces is given at figs. 1 to 11.

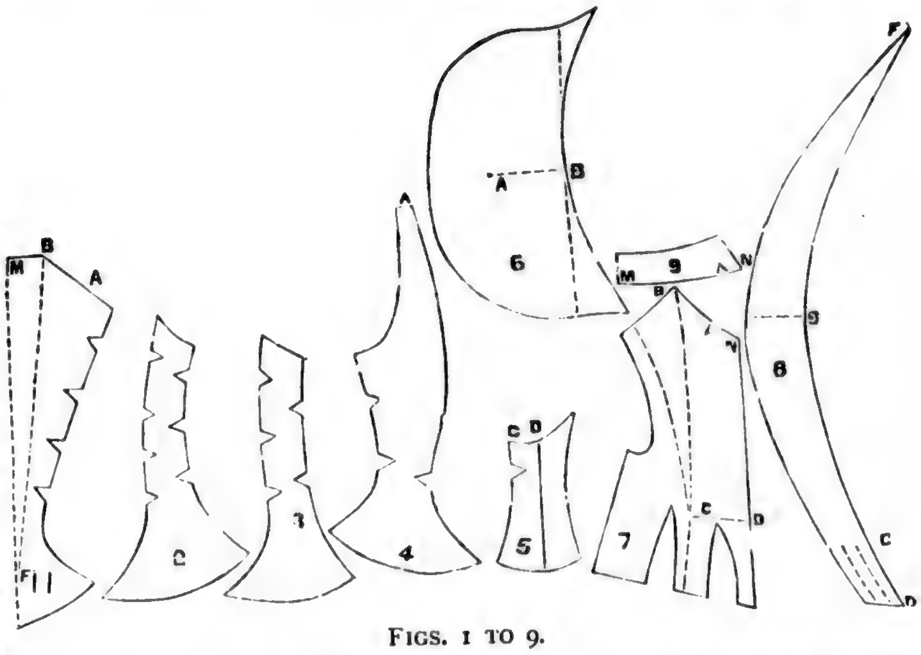
Fig. 7 is the plaid front of the under-bodice, fastening down the centre of the front and without basques. Figs. 4 and 5 are the open front of cloth or alpaca, with short but full basques cut in one with the front, which is double-breasted, the line down the centre of fig. 5 showing the centre of the front. The side-pieces, figs. 2 and 3, explain themselves. The back, fig. 1, is in a single piece, the dotted line M F showing where the material is doubled over on the straight.

The dotted line from the shoulder of the under-front, fig. 7, shows where the open jacket-front rests upon it, the dotted line continuing in a rounded form to C and D—the centre of the front. The juncture of the two fronts is hidden by a bretelle of the cloth, fig. 8, which crosses the shoulder from B (fig. 7) and continues in a rounded form over C to D, the bretelle being draped to secure the circular line; the drapery is indicated by the dotted lines for pleats at C D (fig. 8). The bretelle passes down the back (fig. 1) from B, diminishing to a point F at the waist.

Beneath the bretelle an epaulet, fig. 6, is slipped, passing over the shoulder-seam at the dotted line A B. The other dotted line of fig. 6 shows where the inner line of the bretelle rests upon it. This epaulet should be neatly lined and stitched at the edge, the bretelle also. The collar (fig. 9) is an ordinary upright model, of the under-bodice material, trimmed with loops or bows.

The sleeve is very large. The upper (fig. 10) is pleated and frilled on to a lining, fig. 11, the letters on both coinciding. To finish the sleeve a flat under-part is added (wheelmarked on fig. 11). The sleeve has the bell wrist peculiar to the 1830 fashions. The basques of the jacket are very full, but made without pleats, the fulness being supplied by the extensive curve in the basques of each bodice piece (see figs. 1 to 5). They must be prettily lined and stitched like the epaulets. Silk matching in colour the blouse and lining of skirt should be used.

For travelling, climbing, cycling, the skirt should be neatly lined with some pretty colour, as it often *shows.* Coloured flannel is often used.

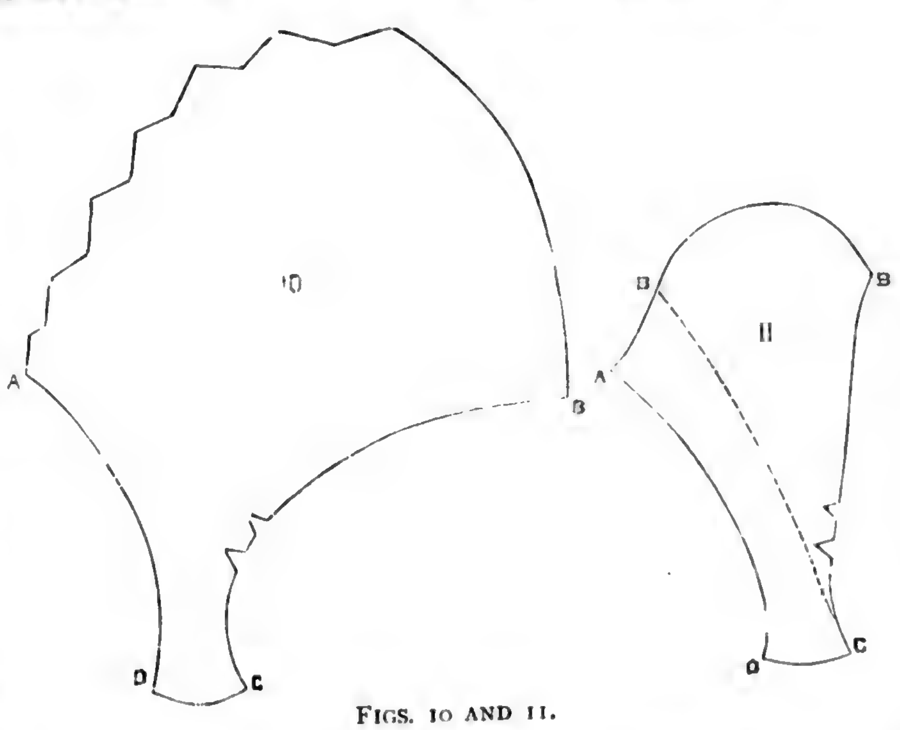


FIGS. 1 TO 9.

Knickerbockers matching the skirt and coat should be worn, and either high boots or ordinary boots and cloth gaiters. No petticoats, of course.

We hope to give next month on this page the diagram and full directions for making a capital cycling skirt (made by a first-class tailor), which has the useful and becoming box-pleat in front.

For travelling it is as well to wear Jäger or other sanitary underwear, especially if walking or cycling is to cover much of the ground instead of steamer or rail. A pedestrian or cyclist is apt to get drenched in a shower, and it is not possible, very frequently, to change one's clothes until the lapse of some hours, when the wet garments have dried on one. This disagreeable experience is of minor importance if the body is encased in wool, but if linen or calico be worn near the skin the effect may be very grave.



FIGS. 10 AND 11.

Quite apart from getting wet by the rain, one is liable to catch cold when cooling after exercise which induces plentiful perspiration. Then woollen underwear is not only necessary for safety, but for comfort also. For travelling or cycling all garments should be of wool, both underclothing and dress. For this reason walking and cycling dresses are always lined with wool in preference to linen.

BYWAYS OF FASHION.

HOLIDAY dresses are the order of the day, but there are so many ways of disposing of all one's available spare cash during the holiday season that economical notions for the furbishing up of spring and summer gowns are more useful than ever. The first rush of the summer sales is also at an end and the majority of us are puzzled to know how to turn our purchases, especially our short lengths of dress materials, to the best advantage. It is impossible to make a complete dress from ordinary dress lengths, say 6 yards of double width fabric, or 14 yards of silk, but they are not useless on that account, for fashion is benign and favours all kinds of vagaries in bodices and sleeves differing from the skirt.

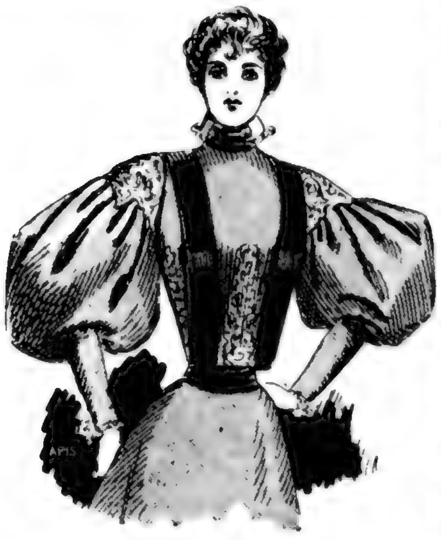


FIG. 1.

Fig. 1 is perhaps most useful from the renovating point of view, for in this case the skirt, bodice, and sleeves are all of the same material. Still this is not necessary, for if the skirt be of crépon or alpaca, the bodice or sleeves, or both, may be of plain, fancy, or shot silk, with the black satin ribbon belt, collar, and braces of the illustration; the flat lace epaulets give the fashionable effect of long shoulder-seams, and to correspond with these there is a kind of corselet of points of lace. The bodice overhangs in front and is tight only at the side seams. If desired, colour can be introduced in the braces, belt, and collar, but with a coloured dress the black satin ribbon and cream lace trimming are most stylish and effective. Chiné ribbons may be prettily utilized in this way also.

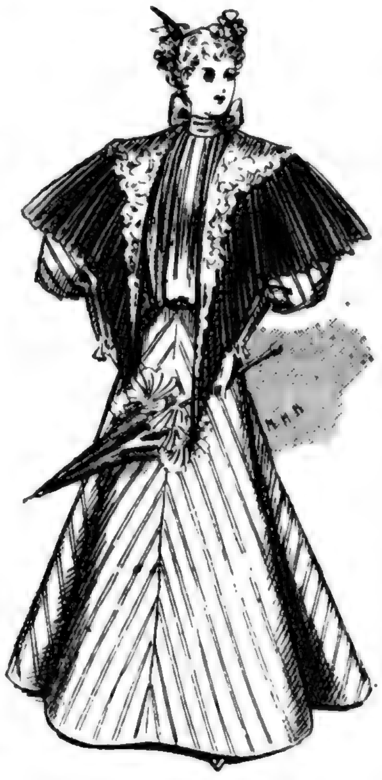


FIG. 2.

Fig. 2 is a young married lady's dress in black and white striped silk; that is to say, the skirt, cleverly cut on the cross throughout, and the sleeves are of the silk, the bodice is of black silk muslin over white satin with white satin belt and collar. The cape consists of a small foundation of black silk which is covered with a white lace collar and to which is attached a deep accordion-pleated flounce of black silk muslin. This is a charming dress and may be adopted for half mourning or worn with a bonnet trimmed with coloured flowers and ribbon.

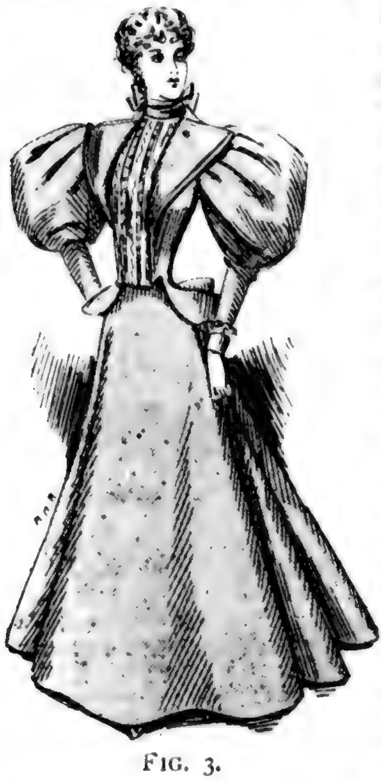


FIG. 3.

Fig. 3 shows the latest style of jacket with short but very full basque, stiffly lined and standing out in well-marked flutings. This is suitable for cloth, tweed, alpaca, etc., and may be worn with all kinds of fronts in muslin and lace, in silk, white satin, or white cotton. Any of these to look well should be made up on a tight-fitting lining.

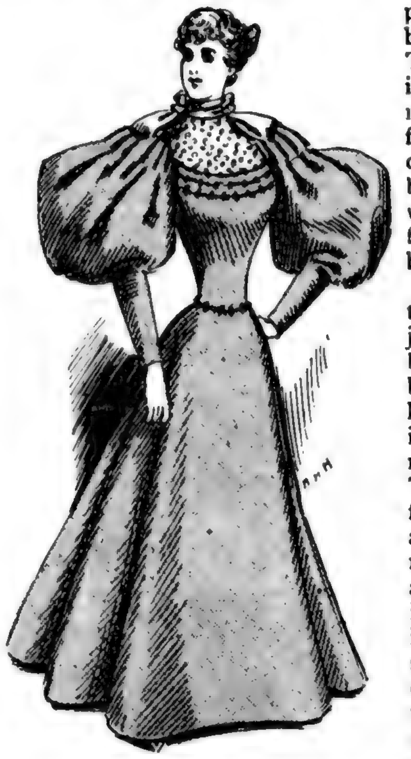


FIG. 4.

Fig. 4 is a simple but very charming dress in black alpaca with yoke of white satin veiled with black net sewn with black paillettes. Three rows of sequin trimming mark the top of the low bodice and a single row is laid along the top of the skirt where it joins the bodice. The sleeves are in the new shape, pleated in flat pleats from the shoulder to the neck, and if the alpaca should by any chance run short they may be made of black surah. The collar is of white satin ribbon with a rosette on each side and a long loop of the ribbon falling over the pleats of the sleeve. The arrangement is novel, but is only adapted for figures with very sloping shoulders.

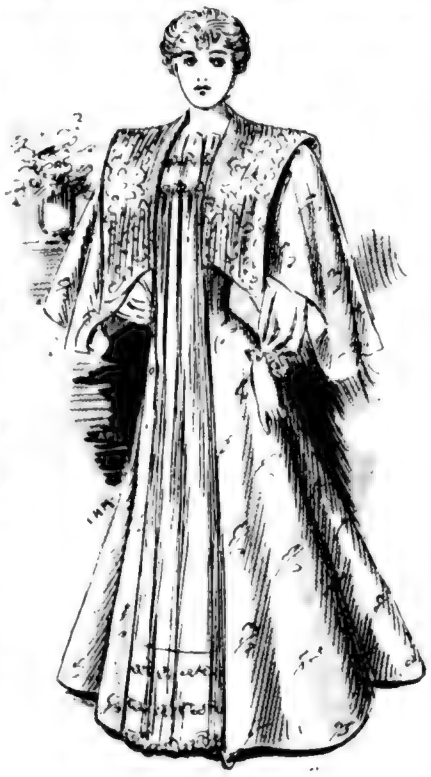


FIG. 5.

Fig. 5 is a delightful tea-gown made from an ordinary dress length of brocade, supplemented by chiffon, crêpe de Chine, silk crêpe, silk muslin, or the more durable and economical crépon or veiling. The full front is trimmed across the top and at the hem with frills edged with narrow Valenciennes lace; the full bishop under-sleeves are finished off with similar frills. The hanging over-sleeves are of the brocade lined with white satin, and the big collar is also of white satin veiled with cream or yellow lace.

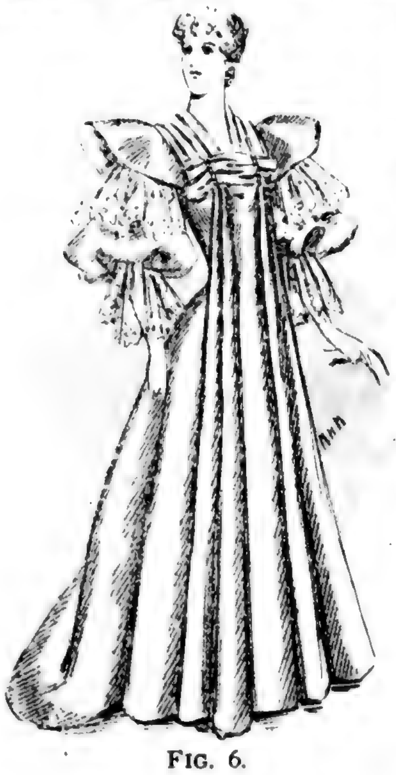


FIG. 6.

Fig. 6 is another pretty tea-gown in plain silk with a Watteau pleat at the back and long stole pleats on each side of the bust in front. The shoulders are draped with chiffon, and a drapery to match across the chest is drawn up under paste slides above the stole pleats. The sleeves are of chiffon with delicate cream lace flounces at shoulder and elbow, while the epaulets are of the silk stiffly lined to make them keep in place.

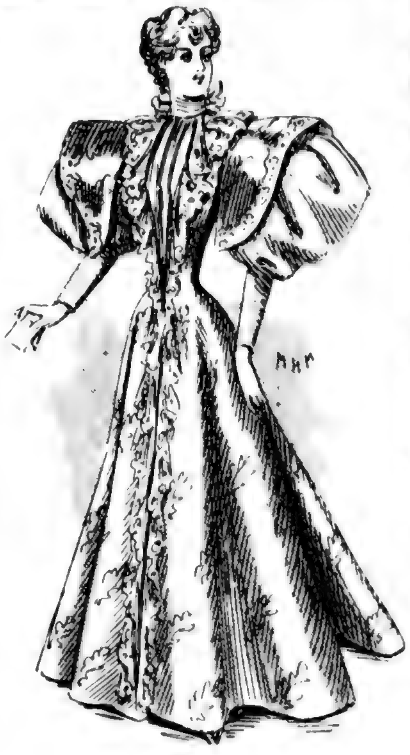


FIG. 7.

Fig. 7 is a useful, quiet dinner-gown for a matron of forty or thereabouts. It is made of a dress length of green brocade of which there is not enough to make the sleeves, although the pieces left from the gown are sufficiently large to provide the short epaulet-like over-sleeves lined with pale mauve satin merveilleux and trimmed at the edge with turned back lace. The full vest, collar and sleeves are also of the mauve satin merveilleux.

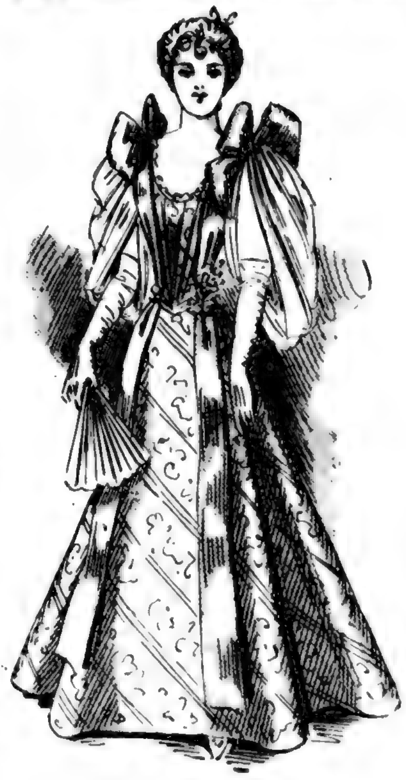


FIG. 8.

Fig. 8 shows a striped and figured silk skirt cut entirely on the cross. This makes a smart evening or dinner gown for a country-house visit.

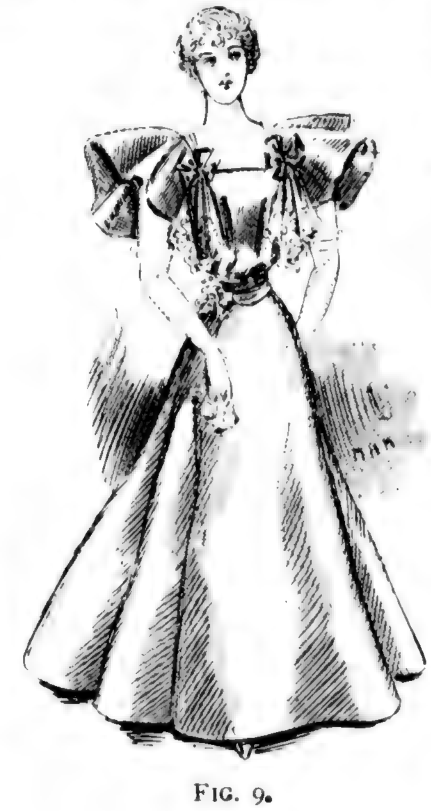


FIG. 9.

Fig. 9 is a pretty evening dress made of plain silk or satin, and is a good model for the conversion of a white satin wedding gown into a dinner toilette. The bodice is prettiest in white chiffon with the epaulets of white satin lined with rose colour.

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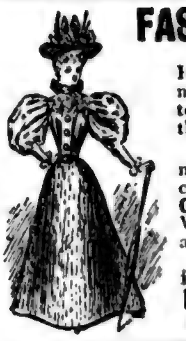

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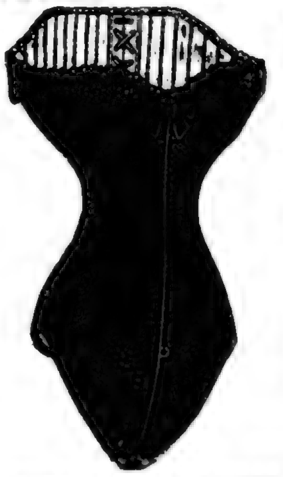

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EXTRACT OF SEA WRACK PILLS.—Are prepared for those who prefer it in this form—each pill containing one dose of the extract at the same price. 3s. 3d. per case.

THE GARRISON HAIR DYE.—An absolutely harmless hair dye in one solution. Easy in application, rapid, cleanly, and almost infallibly certain in effect. This is the Hair Dye *par excellence* for those who prefer a dye in one solution. Black or brown, 3s. 6d. per case.

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"Crême Froide aux Concombres, as prepared by Mr. Mason, of Norwich, is the best agent for whitening and preserving the skin I know of."—Anna Kingsford, M.D.

EMULSINE OF CUCUMBERS.—Dr. Anna Kingsford's Formula. Thin, 3s. 6d. and 10s. 6d.; Thick, 3s. 6d. and 10s. 6d. These Emulsines resemble the Crême Froide in their general properties, but are prepared for those who prefer an emulsion to a cream. The thick Emulsine is especially intended for the prevention of wrinkles, and is also highly recommended for winter use, while the thin Emulsine is adapted for whitening the complexion, and for summer use.

"Against the crowsfeet use Mason's thick Emulsine. With respect to wrinkles, I have said again and again that nothing removes them so satisfactorily as the thick Emulsine. For flushing of the face and dryness of the skin, use Mason's thin Emulsine of Cucumbers. 'Cool as a cucumber' is, as you know, a comparison that has become a proverb, and with good reason. Mr. Mason has prepared two excellent emulsions of cucumber, thick and thin, which I have not seen equalled. To these he has now added a Crême Froid aux Concombres. As the responsibility for these formulas rests, in a large measure, with myself, you may feel sure I should not recommend them unless I had complete confidence in their excellence."—Anna Kingsford, M.D.

JABORANDI HAIR TONIC.—Prepared from selected South American Jaborandi Leaves, containing the newly-discovered alkaloid Pilocarpine. Highly recommended by medical authority as a hitherto unapproachable stimulant to rapid growth of hair. Used not only to prevent the hair falling, but to stop advance of greyness and induce vigorous secretion of the natural colouring pigment. 3s. 6d., 10s. 6d.

"The Jaborandi Lotion prepared by Mr. Mason is probably one of the best hair restorers known. Several instances of the increased growth of hair after the use of Jaborandi have been adduced. Jaborandi is said by several medical writers to cause the hair to grow."—Anna Kingsford, M.D.

BLOOM OF STEPHANOTIS.—An exquisite creamy white skin and complexion powder. It imparts a beautiful natural whiteness and youthful softness and delicacy to the skin. The painful "Flushing" of the face, brownness of the neck and arms, undue redness of the face and hands, are obviated by one application. For personal appearance at Court, the Ball, or Concert, it is indispensable; it represses the unpleasantness of sensible perspiration and its disagreeable accompaniments. Travellers and residents in warm climates will find it invaluable. It so entirely prevents the discolouring action of the sun on the skin, that freckles are almost unknown to those who use it. In polished apple wood case, with toilet puff, 3s. 6d.

"For my own part, I am in the habit of recommending Mr. Mason's Stephanotis Face Powder, because I trust him, and know that he is moderate in his charges and honest in quality."—Anna Kingsford, M.D.

HENNA HAIR DYE (IN ONE SOLUTION).—An entirely vegetable preparation, obviating the use of lead or any metallic dyes. It is guaranteed to be entirely harmless to hair or health. It is most simple in application, and in every way superior to the old-fashioned metallic dyes in two solutions. 3s. 6d., 10s. 6d.

"Of all the brown dyes I have tried, I like best Mason's Henna Dye. It is entirely vegetable and harmless."—Anna Kingsford, M.D.

COMPLEXION PILLS.—Specially adapted to produce a healthy action of the skin and a clear complexion. If used in conjunction with certain easy rules of diet, their effect is rapid and marvellous. 1s. 3d., 2s. 10d. per box.

CREAM OF STEPHANOTIS.—An exquisite creamy white Skin and Complexion Cosmetic; imparts youthful softness and delicacy, with a beautiful natural whiteness to the skin. Composed of perfectly innocent ingredients, this Cream has a most beneficial action upon the skin. It obviates in one application brownness of the neck and arms, or undue redness of the face and hands. For personal appearance at Court, at Balls, or other crowded assemblies, it is indispensable, especially as it represses the unpleasantness of perspiration and its accompaniments. In warm climates it will be found invaluable. Also to prevent the appearance of that unpleasant redness or flushing of the face, which is so common an annoyance. So completely does it prevent the discolouring action of the sun on the skin that freckles are rarely, if ever, known to those who use it. It subdues the redness of the features caused by exertion, cooling the skin in a most delightful manner. 3s. 6d. per case.

SULPHUR SOAP (FOR THE HAIR).—The natural colour of the hair is due to an organic pigment, into the composition of which sulphur and iron largely enter. It is believed that in many cases grey hair is due solely to a deficiency in this natural secretion of sulphur. In such cases the sulphur may be applied to the hair glands by occasionally washing the hair and scalp with the above soap. It is most particularly recommended that in cases of incipient greyness this should be tried before artificial colour restorers are resorted to. It is also the best soap for cleansing the hair before applying any dye or colour restorer, as it greatly quickens and enhances their action. It is also of great service for washing the skin in many cases of eruption and skin diseases. 1s. 3d.

"Better try Mason's Sulphur Soap and soft water."—Anna Kingsford, M.D.

FRECKLE CURE, THE NEW.—This is a preparation of great power for the entire removal of freckles, however obstinate. It is the prescription of one of our most eminent modern dermatologists, combined with the new Skin-fat, which has recently been isolated from sheep's wool. A trial of it is urgently solicited. 4s. 6d.

WALNUT JUICE AND NUTGALLS.—Having often been required to prepare Walnut Juice for ladies, I have found that it is not perfectly successful by itself as a hair stain. After many experiments I am at last able to introduce a combination of Walnut Bark and Nutgalls, which is perfectly effective in giving to grey hair various shades of rich natural brown, very different to the dull metallic black of lead restorers. It is at the same time perfectly safe (Walnut Juice has been used for centuries as a hair dye). Price 3s. 6d. per case, post free, with full directions.

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"Mr. Mason's Depilatory is at once the cheapest and best I know of."—Anna Kingsford, M D.

EYEBROW AND EYELASH DYE.—A simple and instantaneous application, requiring renewal only at long intervals. Has been much approved, and seems to have met a pressing want. Black or brown, 2s. 6d. per case.

"Nothing will darken the eyelashes permanently except a dye. Mr. Mason sells an eyebrow and eyelash dye at half-a-crown the case, black or brown."—Anna Kingsford, M.D.

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"Brush the eyebrows daily and nightly with a soft brush, moistened with Mason's Eyebrow Tonic."—Anna Kingsford, M.D.

GANTS GRAS POMADE.—A novel form of the well-known Gants Gras of the French and Italian perfumers of the last century. By its use (with soiled white kid gloves) the hands may be rendered beautifully white and soft in a few nights. 1s. 6d per jar.

"The best cure for red arms is the use of a paste made of emollients, and worn all night. Mr. Mason has a 'Gants Gras Pomade' which will suit the purpose. Sleep in kid gloves smeared inside with Gants Gras Pomade. It is far more efficacious than cream rubbed in in the day time."—Anna Kingsford, M.D.

PEROXIDE OF HYDROGEN, OR BLEACHING FLUID.—For giving a bright golden tint to the hair. The only agent that will do this without injury to the hair, or to the skin, is Peroxide of Hydrogen, which is the base of most, if not all, of the expensive golden washes which are sold under attractive and high-sounding names. Mr. Mason will forward a supply with full directions, post free, 4s.

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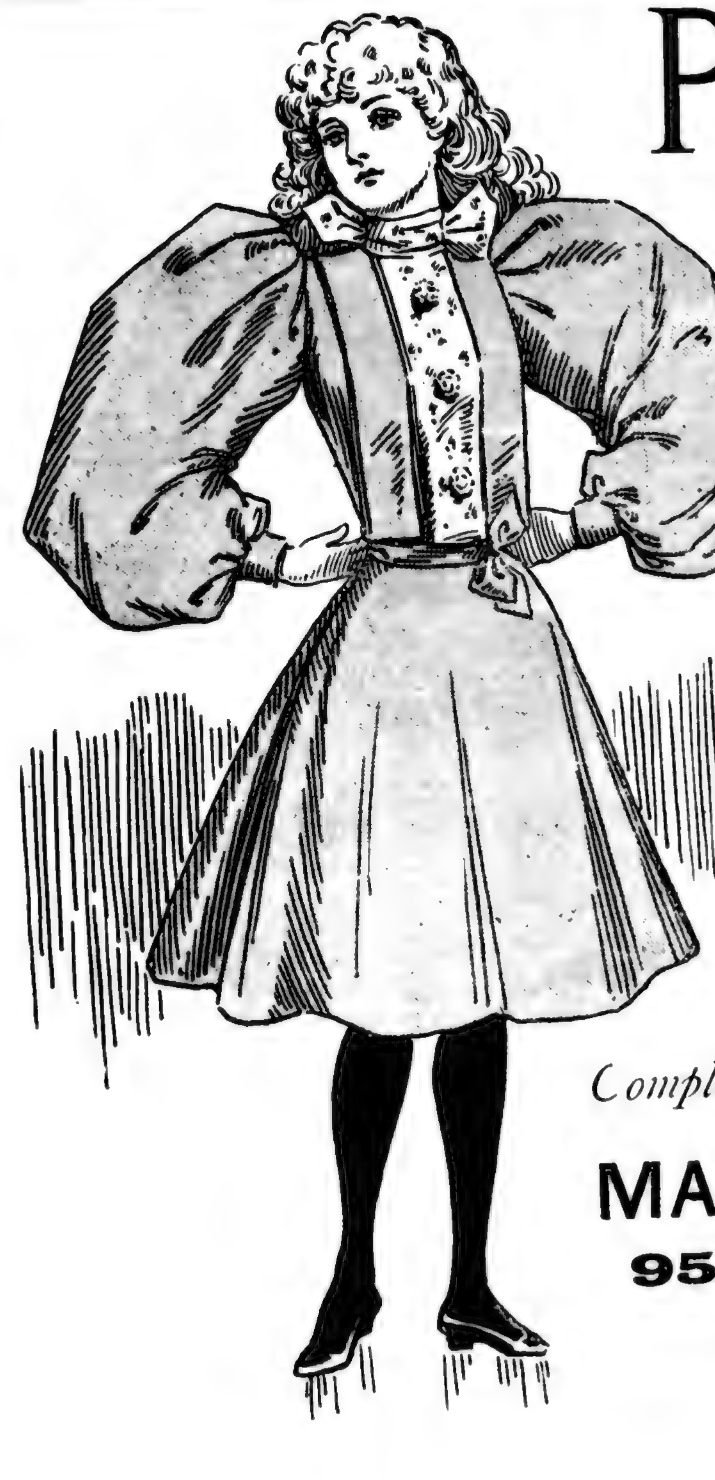

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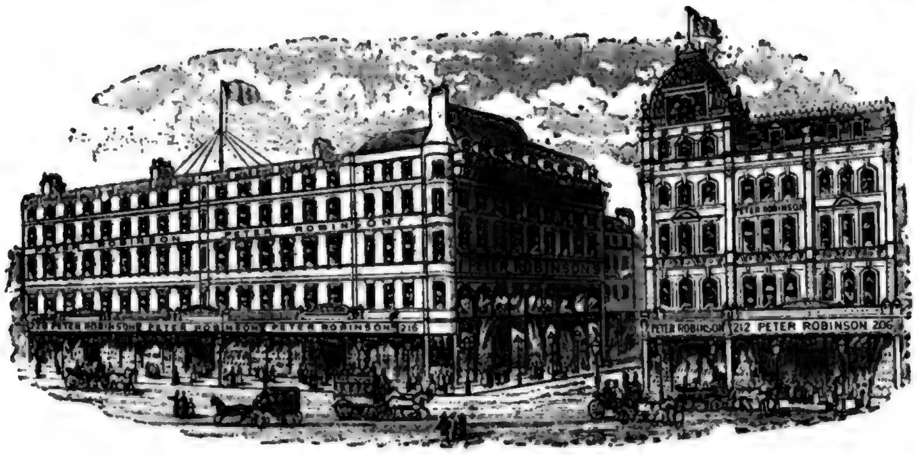

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Miss L. Andrews, 31, Conewood Street, Avenel Road, Highbury
Miss Evans, 484, Caledonian Road, Holloway.
Mrs. T. Atkinson, 21, Giesback Road, Upper Holloway.
Miss Snook, 87, Hemingford Road, Barnsbury.
Madame Adelaide, 71, Liverpool Road, Islington.
Miss Hays, 19, Achilles Road, West Hampstead.
Miss Elise Brown, 146, Albany Street, Regent's Park, N.W.
Miss Wilcocks, 42, Fortess Road, Kentish Town, N.W.
Miss Stevens, 26, Homer Street, Marylebone Road.

W.

Miss L. M. Norman, 2, Pownall Road, Lillie Road, West Kensington.
Miss Casey, 3, Western Terrace, Notting Hill, W.
Mrs. Casey, 19, Wester Terrace, Notting Hill, W.
Madam Constance, 12, Pembroke Square, High Street, Kensington.
M.D., 11, Armadale Road, Walham Green, S.W.
Madam Buridant, 180, Brompton Road, S.W.
Miss Hayward, 4, Hindon Street, Victoria Station.
Madame Hamilton, 11C, Kingwood Road, Fulham.
Miss Mongar, 38, Queen's Road, Norland Square, Notting Hill.
Miss Russell, 31, Portland Road, Holloway Park, W.
Miss Francis, 22, Canterbury Terrace, Maida Vale.
Miss Baker, 23, Epirus Road, North End Road, Fulham.
Mrs. Smith, 28, Lunerstone Street, Fulham Road.
Miss Diggle, 26, Mall Chambers, Kensington.
Miss Agnes Norman, 2, Pownall Road, Fulham, S.W.

E.

Miss Howard, Seymour House, Portland, Lower Clapton.
B.P., 7, Tredegar Road, Bow.
Miss Rose Revelle (children's dressmaker only), 102, Warwick Road. Romford Road, Upton, E.
Mrs. Morris, 29, Pembury Grove, Clarence Road, Hackney.

Country.

Mrs. F. Wood, 77, Park Street, Horsham, Sussex.
Miss Berry, Knarsbroe, Thorpes Road, Kingston-on-Thames.

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Miss Nicklinson, 7, Wellington Street, Upper Street, Islington.
Miss Hays, 19, Achilles Road, West Hampstead.
Miss Stroud, 7, Aberdeen Place, Maida Hill, N.W.
Miss Gurney, 88, Calabra Road, Highbury.
Miss E. G. Farmer, 98, Finsbury Park Road, N.
Madame Adelaide, *née* Groom, 71, Liverpool Road, Islington, N.
Miss Tye, 36, Florence Street, Upper Street, Islington.
Miss Snook, 87, Hemingford Road, Barnsbury.
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Mrs. C. C. Girling, 114, Milton Road, Stoke Newington, N.
Susannie Palmer, 121, Marylebone Road, N.W.
Mrs. Mahoney, 34, Balmes Road, Southgate Road, N.

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Mrs. Wallace, 24, Oakley Street, Waterloo Road.
Madame W. Wood, 2, Guildford Street, S.E.
Madame Olivia, 9, Overton Road, Brixton.
Miss Ada Sedgwick, 7, York Street, London Road, S.E.
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Miss Brock, 30, Warriner Gardens, Battersea Park, S.W.
Miss Bath, 60, Branksome Road, Acre Lane, Brixton.
Mrs. Gringer and Miss Gould, 26, Alexandra Road, Selhurst, South Norwood.
Mrs. Johnson, 18, Glycona Road, Lavender Hill, S.W.
Miss Agnes Norman, 2, Pownall Road, Fulham, S.W.
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Miss M. J. Smith, 41, Narbonne Avenue, Clapham Common, S.W.

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Mrs. Duke, 93, Downs Park Road, Clapton.
Misses Knight, 23, Paternoster Square, Newgate Street.

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Madame Carrington, 14, Omega Place, Blandford Square.
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Mrs. Dolman, 2, Tavistock Street, Covent Garden.
Mrs. Green, 76, St. Stephen's Avenue, Uxbridge Road, W.
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Miss Mills, 47, Richmond Gardens, West Kensington Park.
Miss Beaumont, 30, Vernon Street, West Kensington.
Mrs. Foster, 24, Millman Street, Bedford Row, W.C.
Mrs. Porter, 9, Oval Road, Regent's Park, N.W.
Miss Mongar, 40, Frithville Gardens, Uxbridge Road.
Miss Russell, 31, Portland Road, Holland Park.
Mrs. Cash, 53, Hammersmith Road.
Miss Rossell, 11, Russell Chambers, Bury Street, W.C.
Miss E. Hawkins, 18, Shorrolds Road, Walham Green.
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Miss Benjamin, 152, Newport Bldgs. (opposite Shaftesbury Theatre), Soho
Madam Buridant, 180, Brompton Road.
Mrs. M. Bones, 322, Uxbridge Road.
Miss K. Broom, 87, Mortimer Street.
Mrs. Casey, 3, Western Terrace, Notting Hill.
Mrs. Casey, 19, Western Terrace, Notting Hill.
Madam Constance, 12, Pembroke Square, High Street, Kensington.
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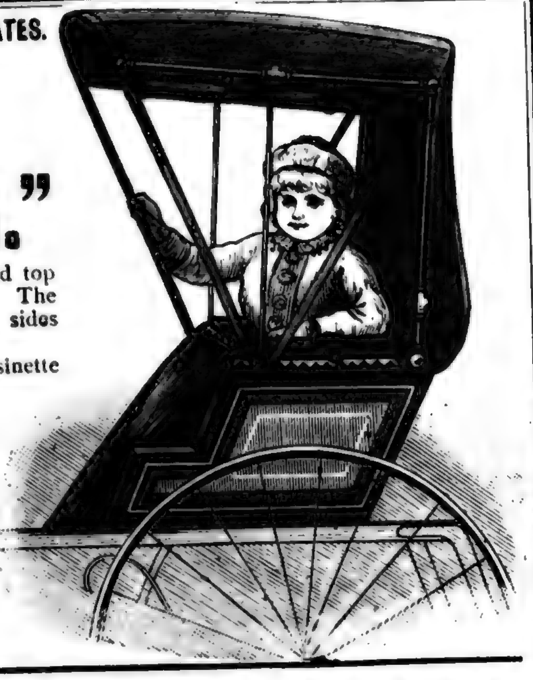

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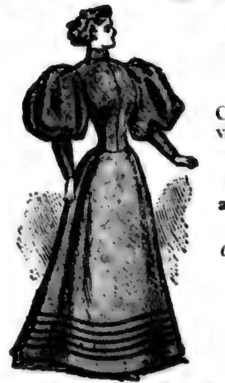

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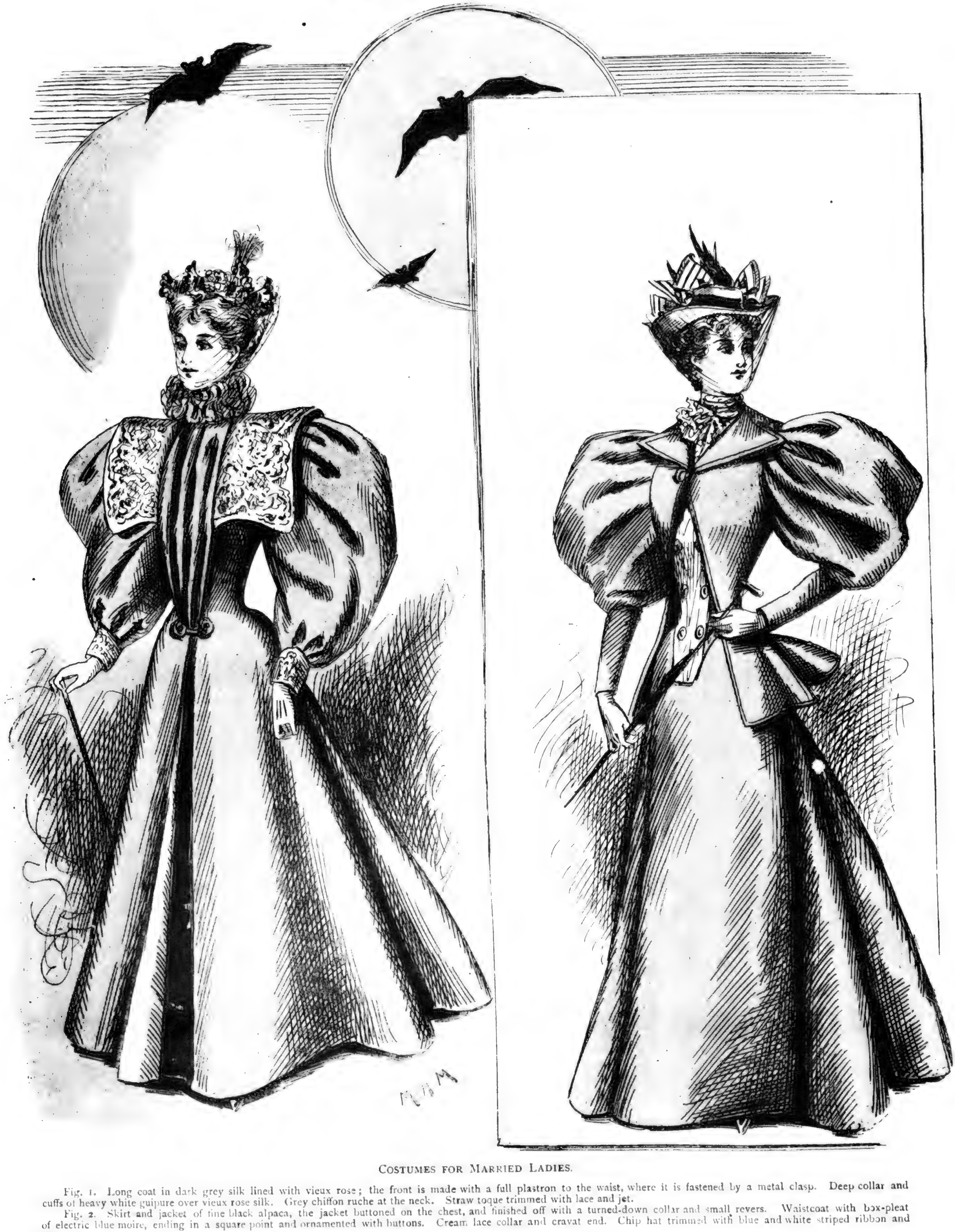


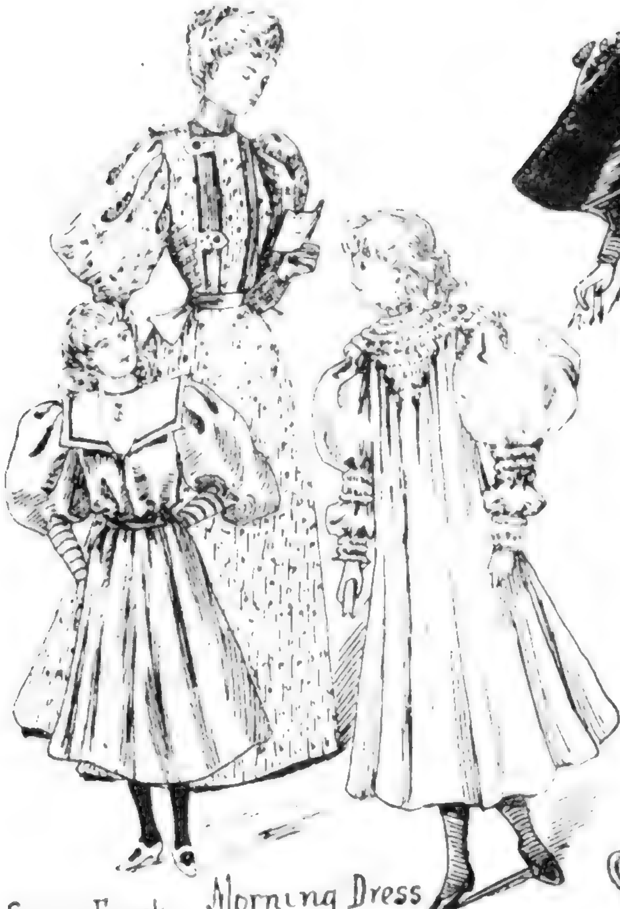
COSTUMES FOR MARRIED LADIES.

Fig. 1. Long coat in dark grey silk lined with vieux rose; the front is made with a full plastron to the waist, where it is fastened by a metal clasp. Deep collar and cuffs of heavy white guipure over vieux rose silk. Grey chiffon ruche at the neck. Straw toque trimmed with lace and jet.

Fig. 2. Skirt and jacket of fine black alpaca, the jacket buttoned on the chest, and finished off with a turned-down collar and small revers. Waistcoat with box-pleat of electric blue moire, ending in a square point and ornamented with buttons. Cream lace collar and cravat end. Chip hat trimmed with blue and white striped ribbon and black wings.

Price of Flat Patterns, 6½d., of MADAME MYRA, 95, *Regent Street, W.*

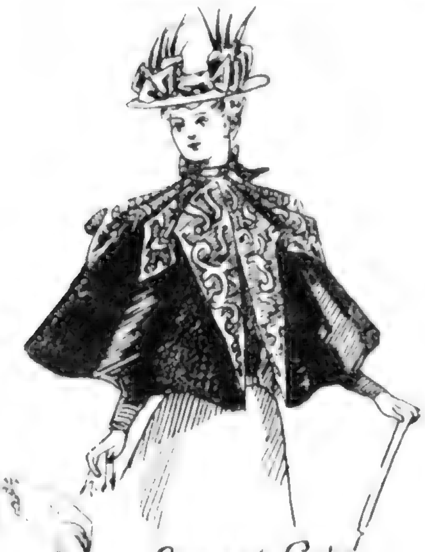
FASHION SUPPLEMENT.



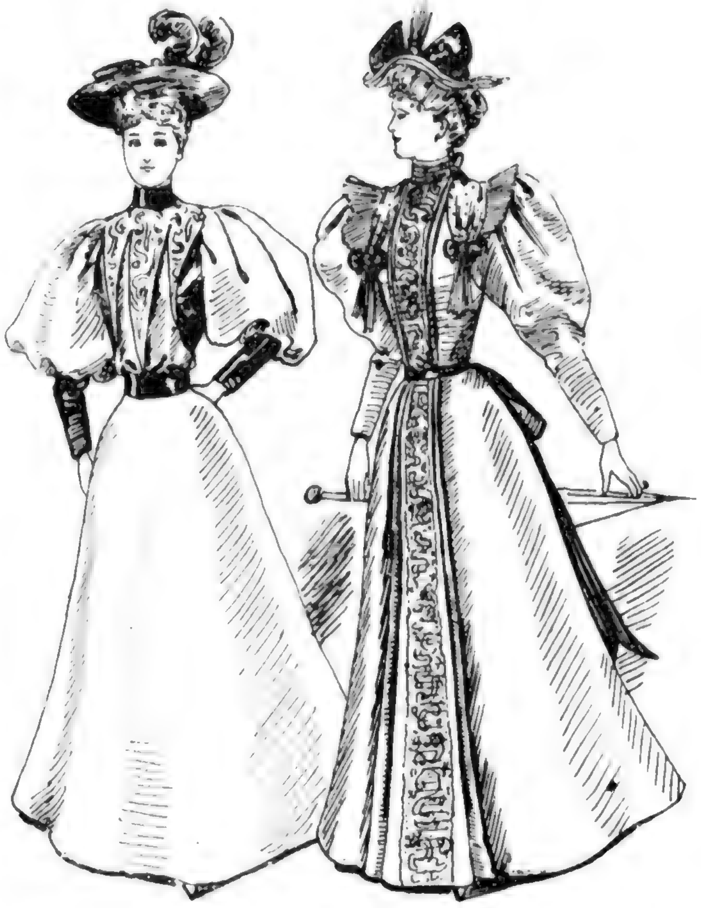
Blue Serge Frock

Morning Dress

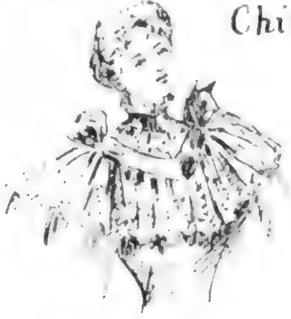
China Silk Dress



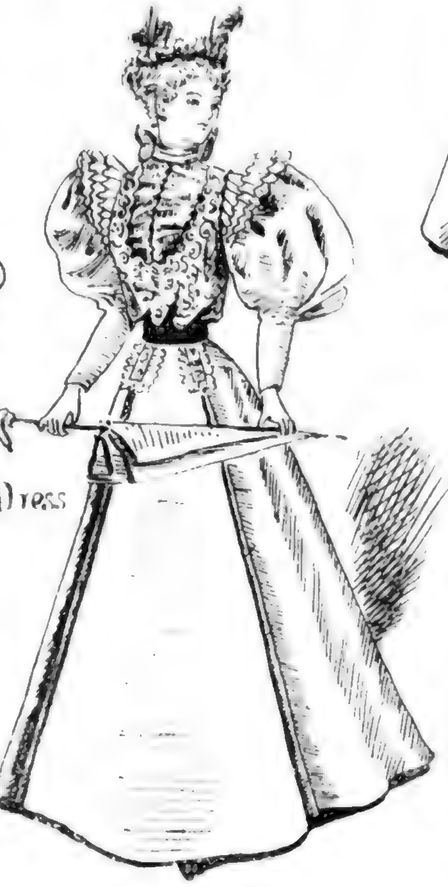
Smart Cape



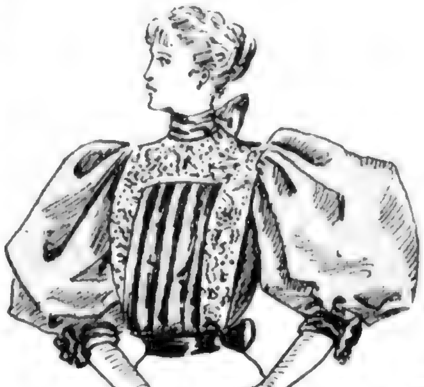
Smart Walking Gowns



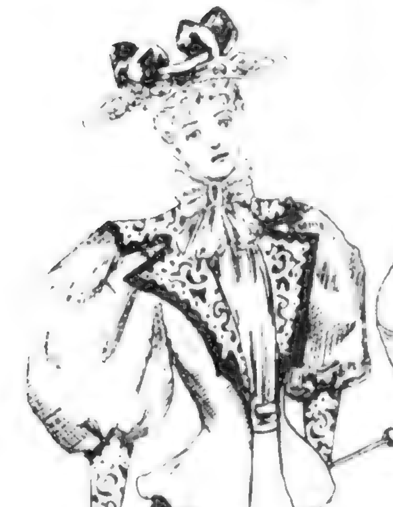
Pretty Fichu



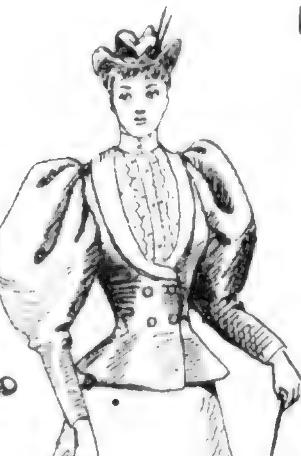
Promenade Costume



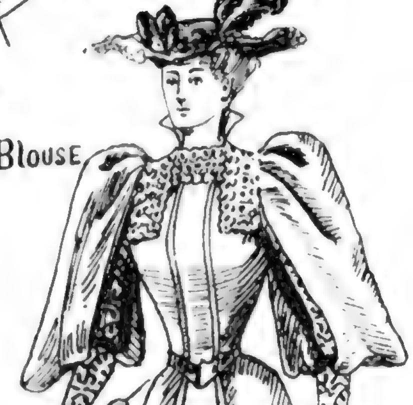
Home Evening Blouse



Handsome Walking Costume



Walking Dress



Linen Dress

COSTUMES FOR AUGUST.

Fig. 1. Blue serge dress for a little girl, with white jersey vest, and white serge collar trimmed with braid.

Fig. 2. Useful morning dress in printed cambric, the bodice made with a pleated front of coloured batiste, over which is a pleat of cambric secured with tabs.

Fig. 3. Little girl's frock in white China silk, with gauged yoke and sleeves.

Fig. 4. Smart cape in blue velvet, with fluted shoulder cape of suède cloth on white satin outlined with gold.

Fig. 5. Smart walking gown in white alpaca with blouse and sleeves to match. Short Figaro of cornflower-blue velvet, with belt, collar, and cuffs of the same. In front is a yoke of guipure, ending in a long point in the centre and revers.

Fig. 6. Walking costume of pink crépon, with a box-pleat down the centre covered with écru embroidered lawn. Draped bretelles of écru net over the shoulders, with pleated epaulets and ends of écru chiffon. Black satin sash, collar, and bows.

Fig. 7. Pretty fichu in spotted net, with berthe and epaulets of lace, and mauve ribbon trimming and collar.

Fig. 8. Promenade costume in hyacinth-blue silk; the skirt made with a wide tablier. Plain bodice of silk, with low pinafore bodice of cream lace and tabs to match below the belt. On the upper part frills of chiffon meet in the centre, and narrow frills form epaulets over the silk sleeves. Black belt.

Fig. 9. Home evening blouse in plain or fancy silk, with puffed elbow sleeves and black satin ribbon belt, collar, and sleeve bands. Yoke and bands attached to it of cream guipure worked with jet or sequins; full puffed front of chiffon.

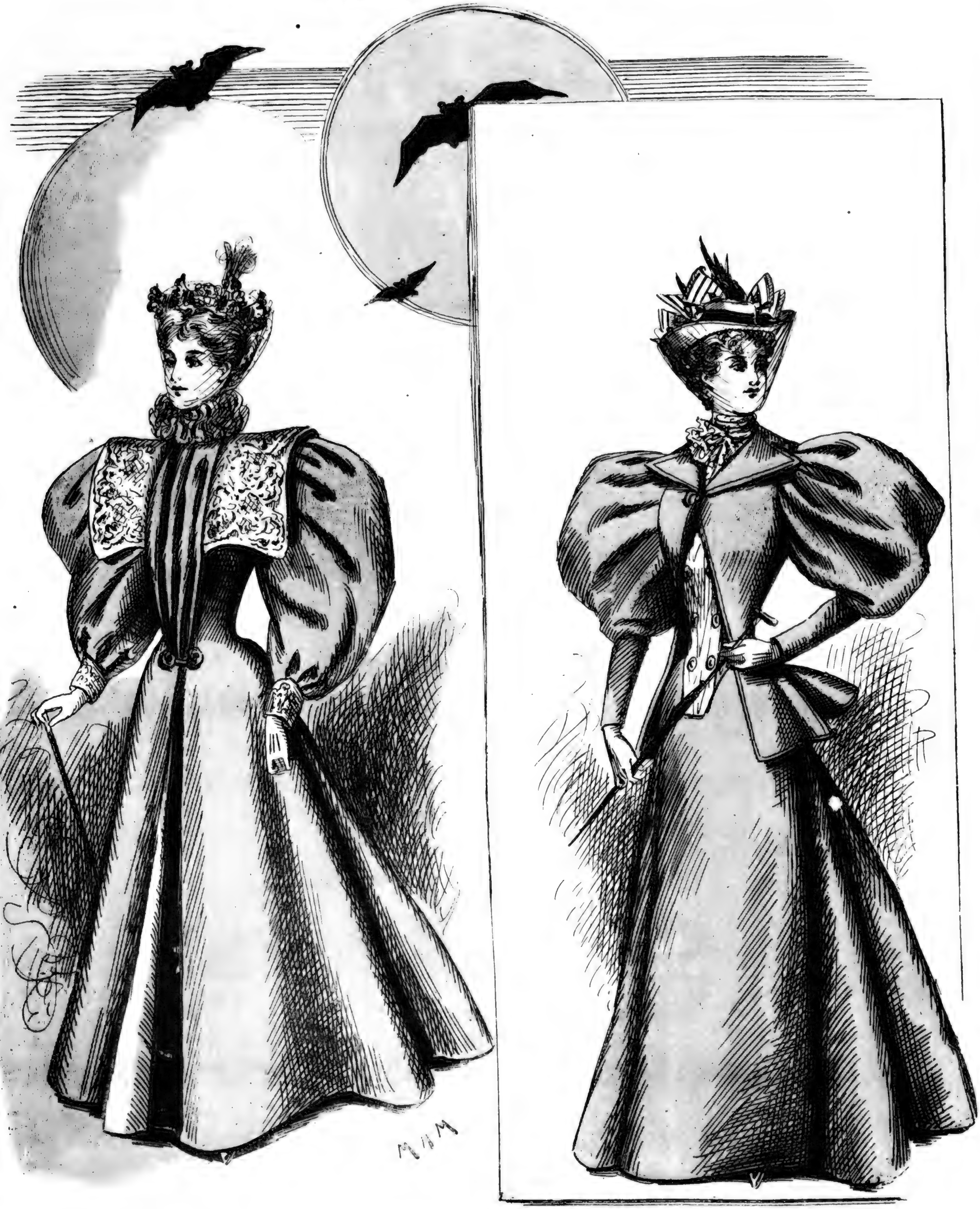
Fig. 10. Handsome walking costume in réséda alpaca, the skirt bordered with cream lace and straps and bows of black satin ribbon. Jacket of alpaca, with black satin revers covered with lace and cuffs to match. Front of pale pink chiffon.

Fig. 11. Walking dress in brown mohair; the jacket bodice open over a cambric chemisette, and ornamented with white silk rolled collar and revers.

Fig. 12. Ecru linen dress made with a broad pleat down the centre, the sides and back of the skirt ornamented with embroidery. Embroidered yoke and sleeves, with over-sleeves of linen

Prices of Flat Patterns, [illegible] *Children's Costumes, 6½d. each, of* MADAME MYRA, 95, *Regent Street, W.*

FASHION SUPPLEMENT.



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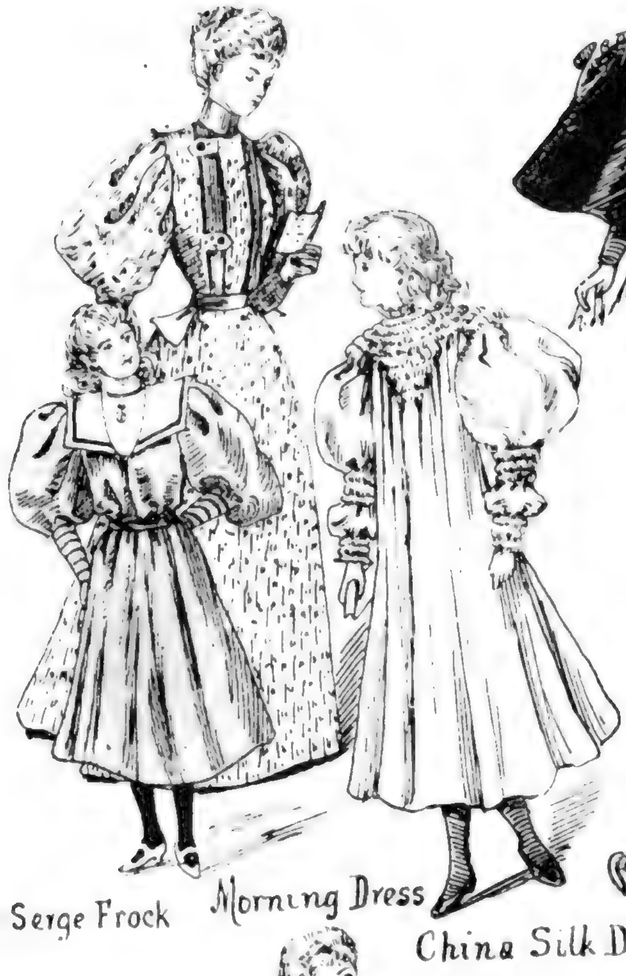
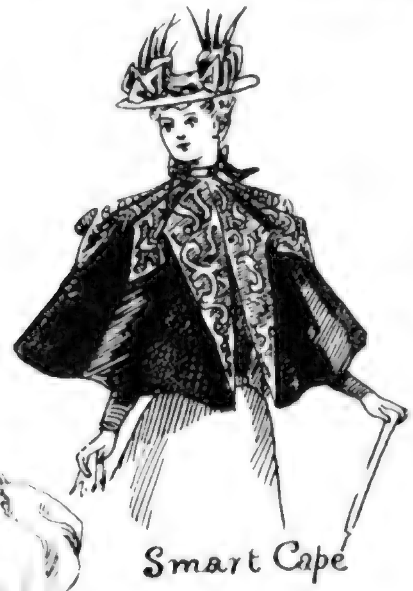
FASHION SUPPLEMENT.



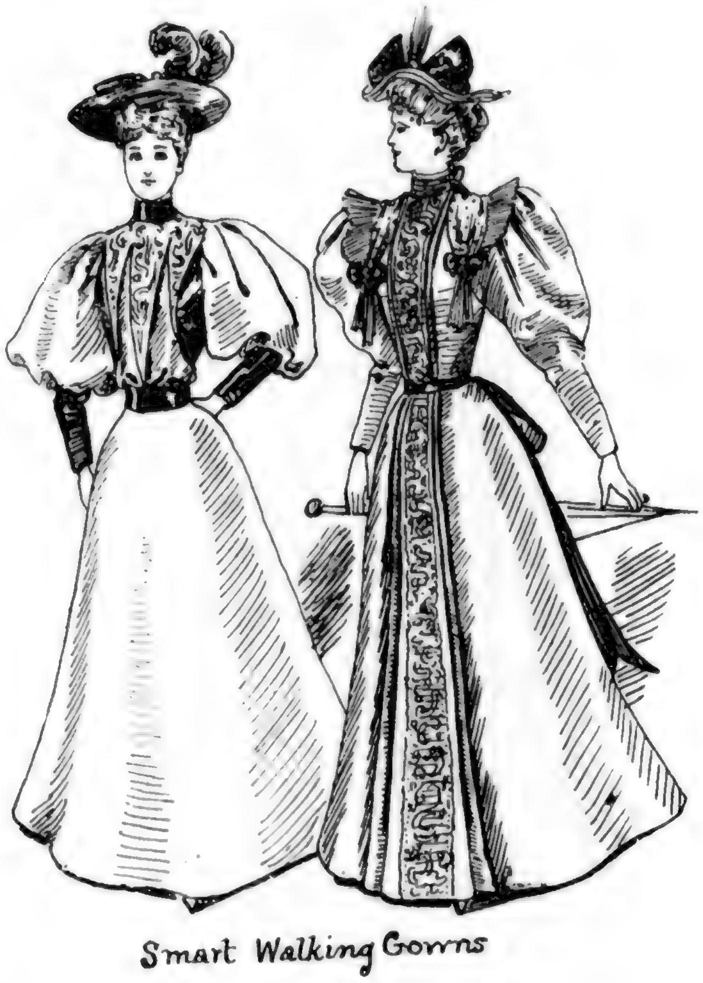
Blue Serge Frock

Morning Dress

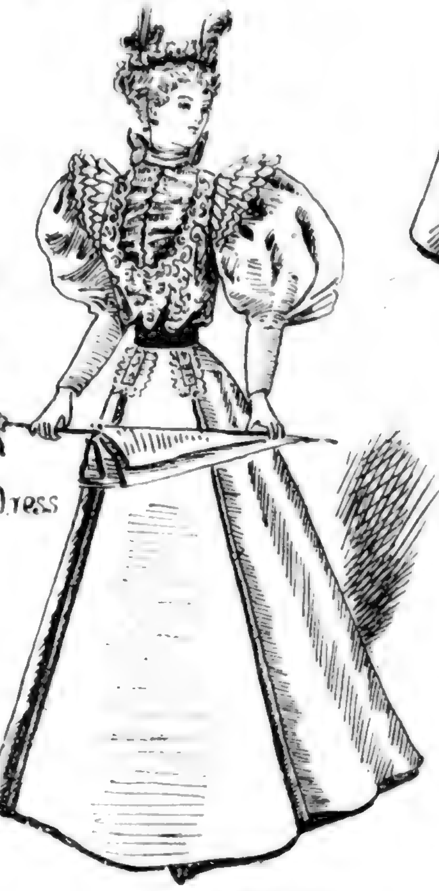
China Silk Dress



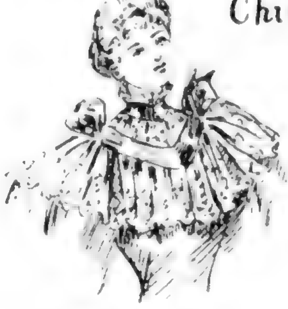
Smart Cape



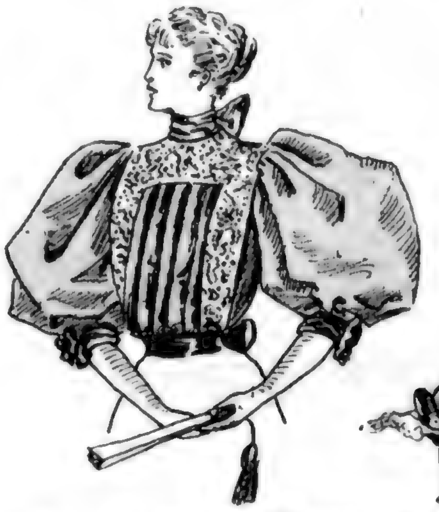
Smart Walking Gowns



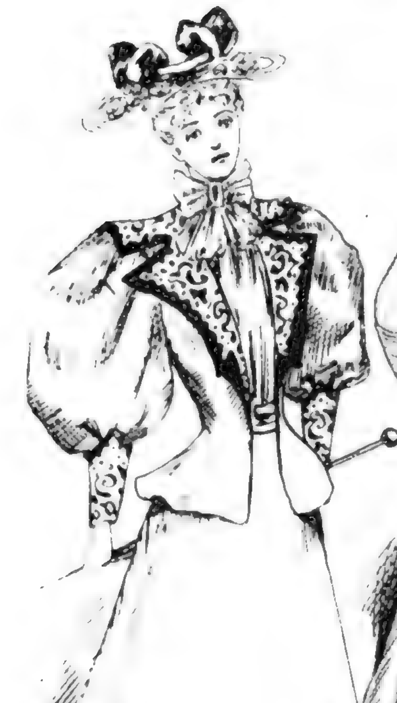
Promenade Costume



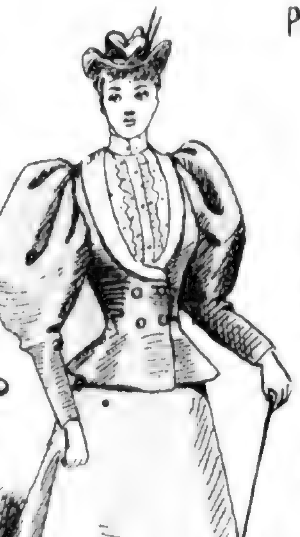
Pretty Fichu



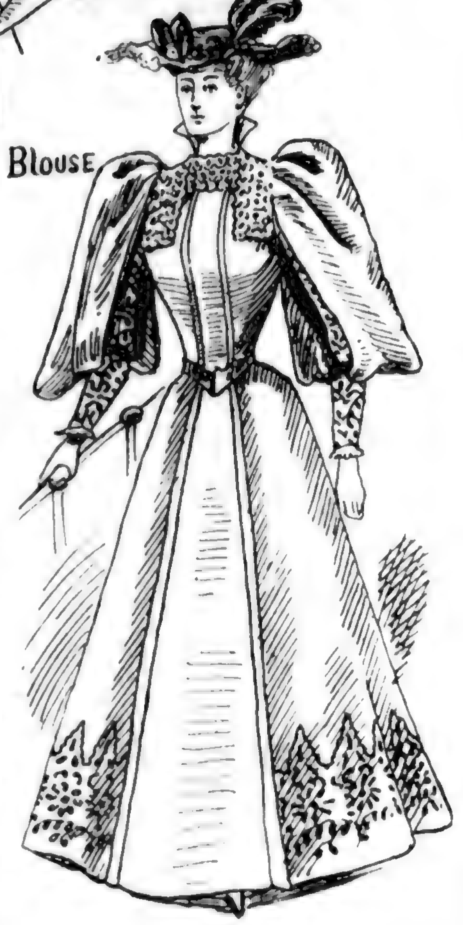
Home Evening Blouse



Handsome Walking Costume



Walking Dress



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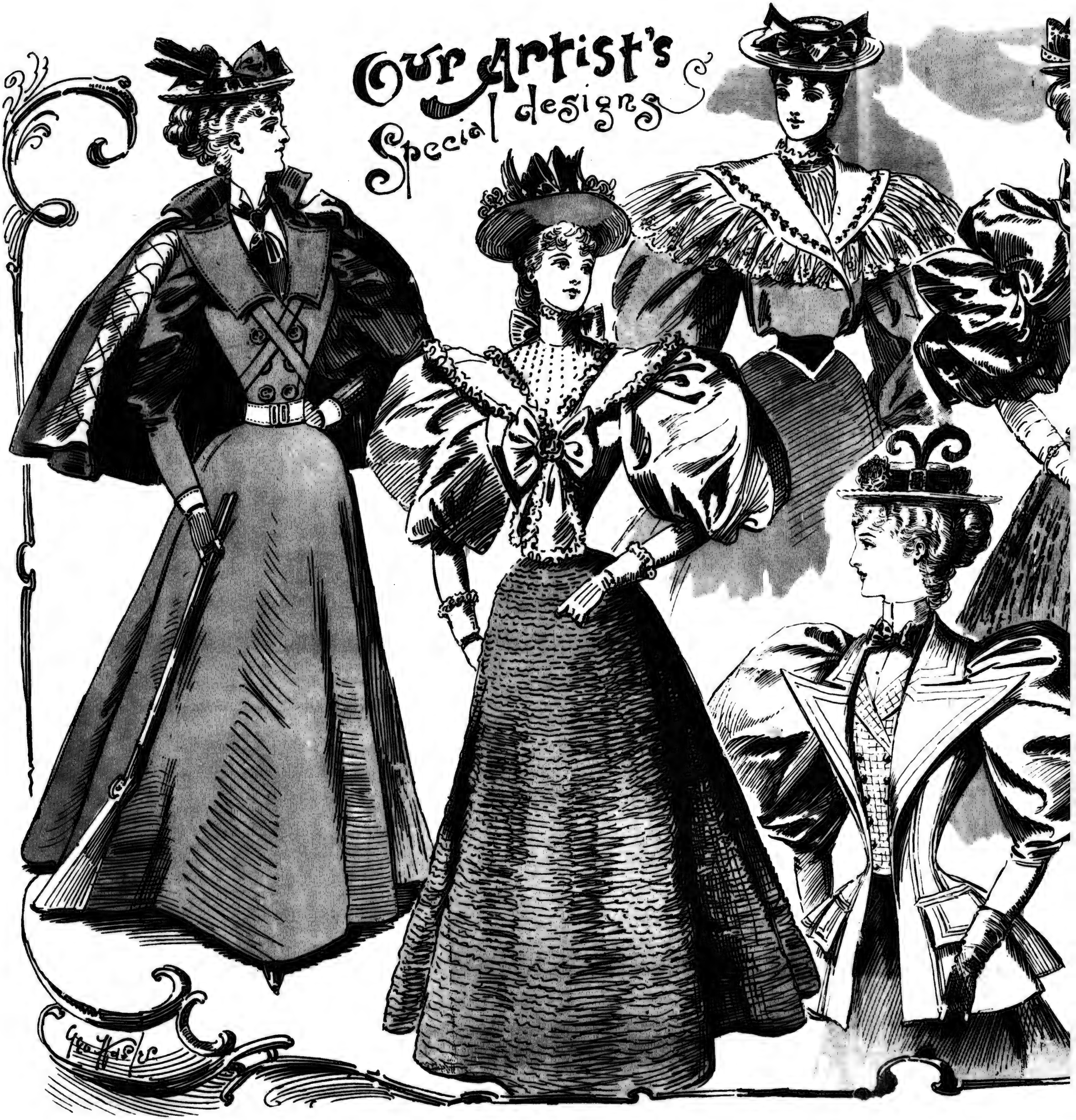
Prices of Flat Patterns, Skirts, Bodices, Jackets, Children's Costumes, 6½d. each, of MADAME MYRA, 95, *Regent Street, W.*


Our Artist's
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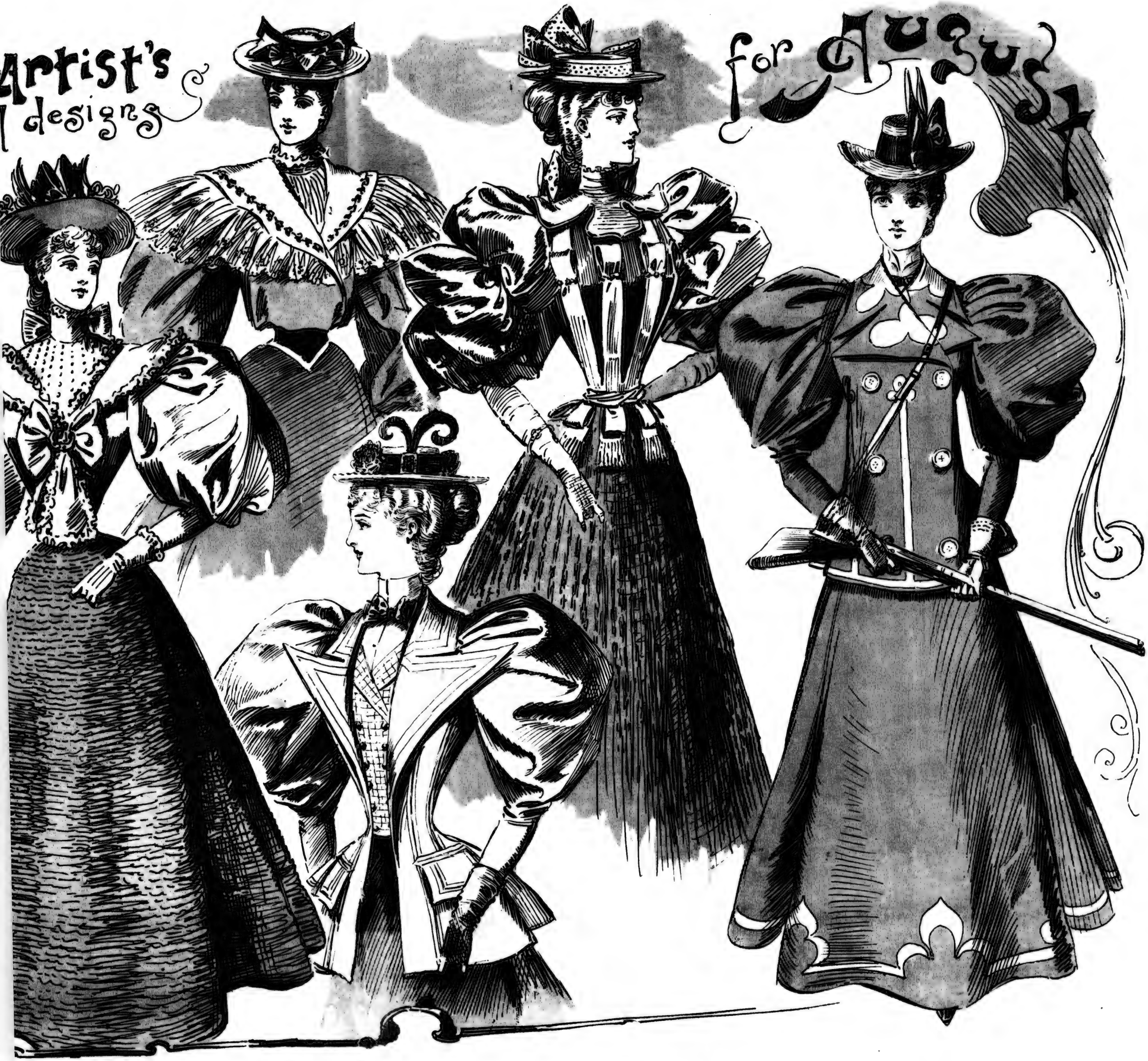
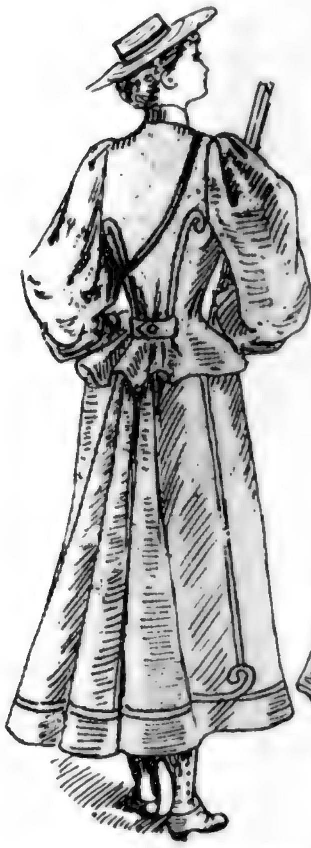
COSTUMES FOR TRAVELLING AND TOILETTES FOR W

SUPPLEMENT TO "MYRA'S JOURNAL," AUGUST 1, 1895.

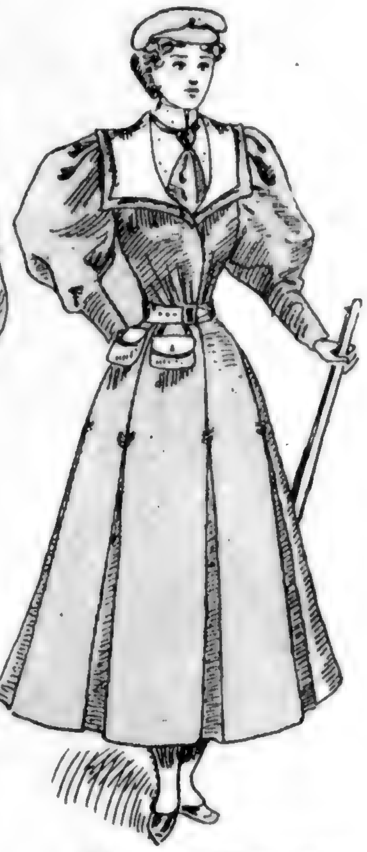

Artist's
designs
for August

COSTUMES FOR TRAVELLING AND TOILETTES FOR WATERING PLACES.

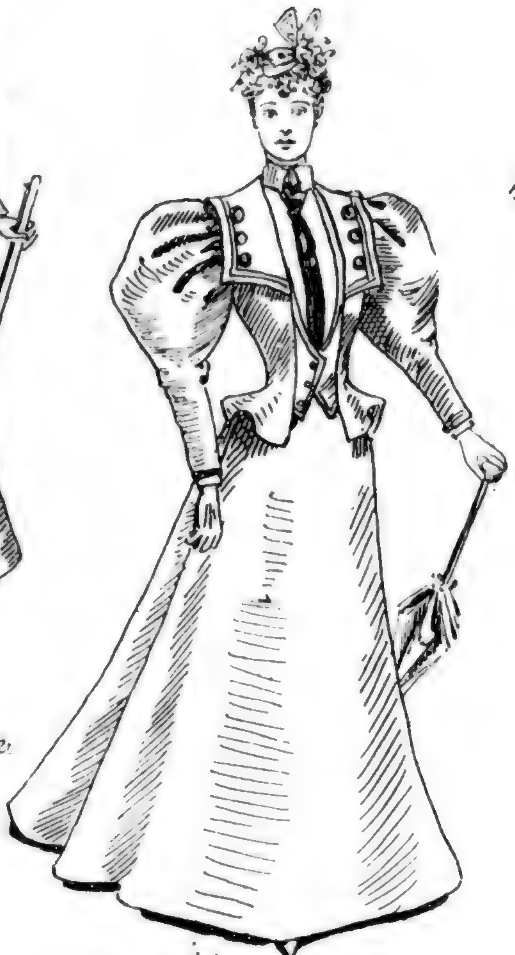
FASHION SUPPLEMENT.



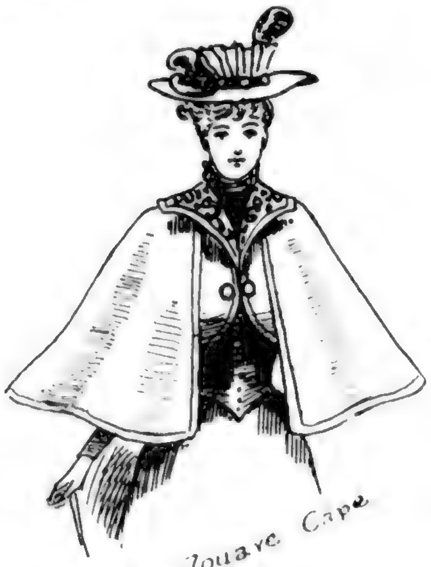
Fishing Costume



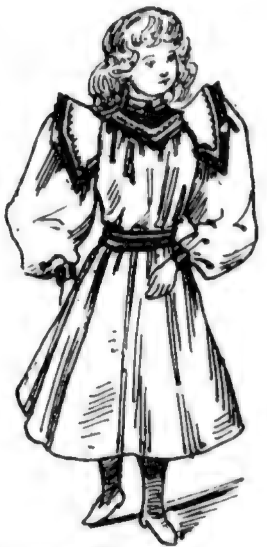
Shooting Costume



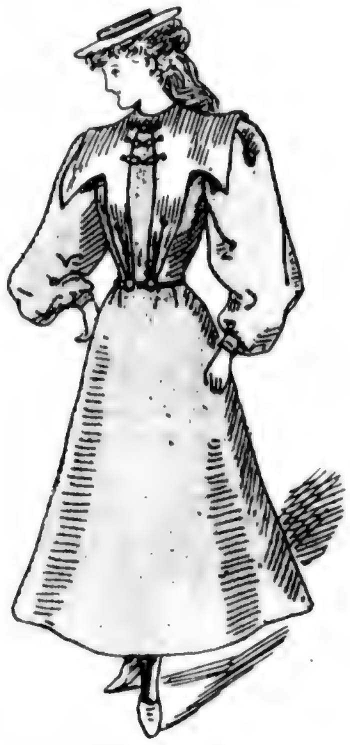
Walking Gown



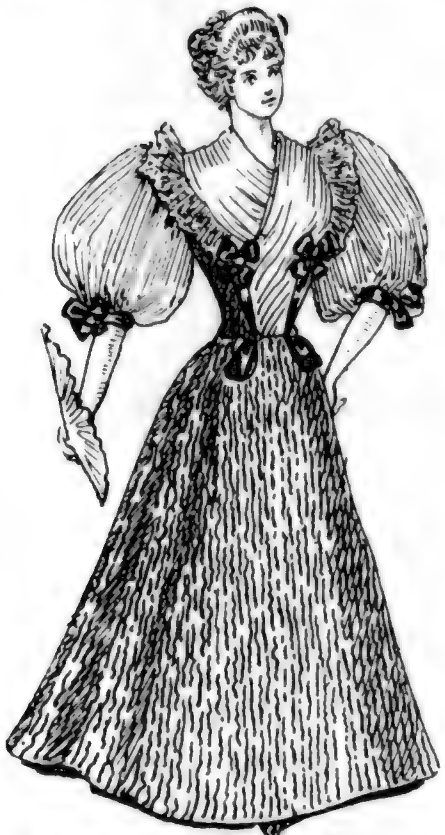
New Zouave Cape



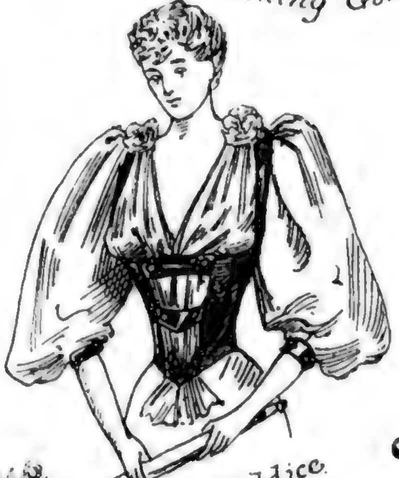
Child's Home Frock



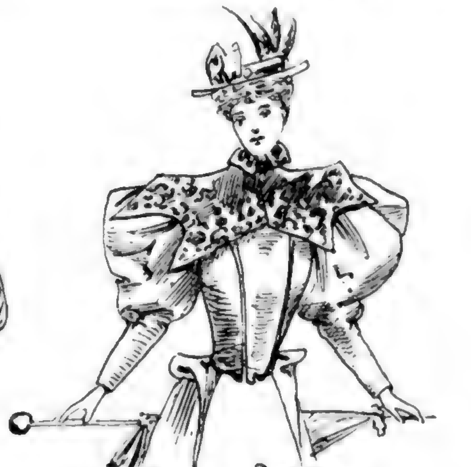
Girl's Seaside Dress



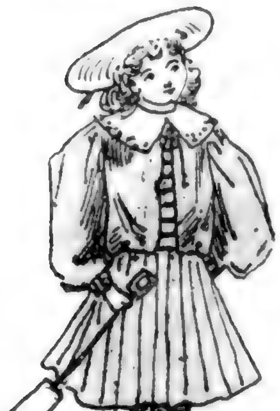
Reception Toilette



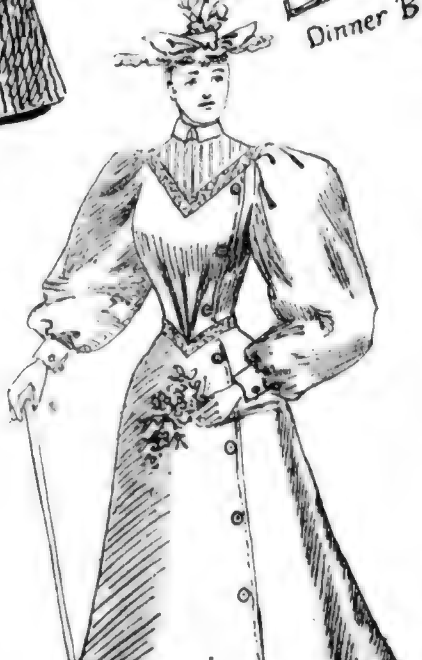
Dinner Boddice



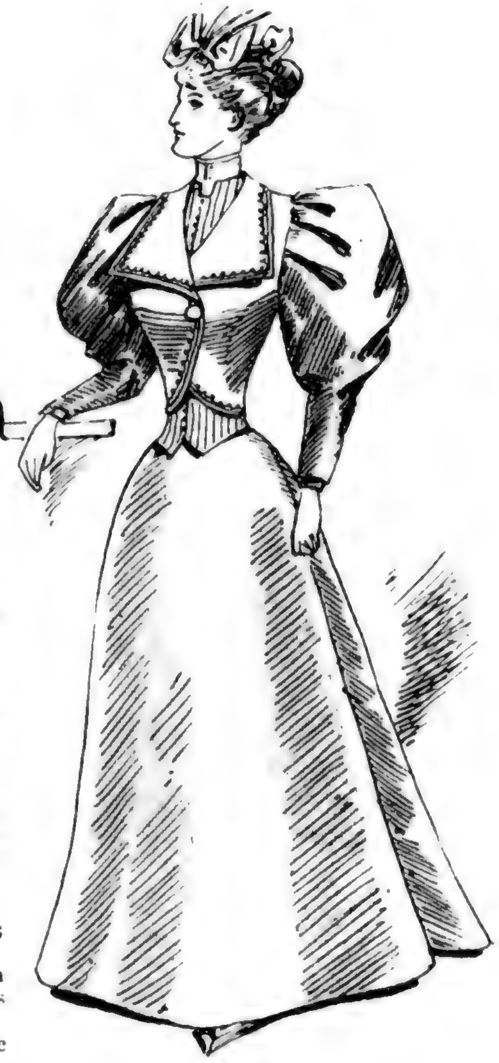
Smart Boddice



Child's Seaside Dress



Country Walking Dress.



Tailor Made Gown

SEASONABLE AND HOLIDAY COSTUMES.

Fig. 1. Fishing costume in Harris' tweed ; the skirt bound and lined with leather at the edge and trimmed with braid. Jacket bodice trimmed with braid, the fronts double-breasted, the back drawn in by a tab.

Fig. 2. Shooting costume in Irish frieze, the skirt made in a series of pleats joined together at the top. Seamless bodice open to show a shirt and collar of spotted cambric. White cloth collar bound with suède.

Fig. 3. Walking gown of fawn alpaca, the jacket with short fluted basque showing a waistcoat and revers of pink silk ornamented with pearl buttons.

Fig. 4. New Zouave cape in drab cloth with stitched bands. The cape opens in front to show the Zouave jacket, with turned back collar and revers ornamented with embroidery.

Fig. 5. Child's home frock in pale blue crépon, with yoke, epaulets, belt, etc., of rich red brown velvet ; over-epaulets of crépon embroidered at the edge.

Fig. 6. Girl's seaside dress in blue linen, with collar of white piqué fastened with loops and buttons at the top, the ends buttoned to the belt at the waist.

Fig. 7. Reception toilette in pansy ondine silk. The bodice draped with a fichu of white chiffon. The fronts crossed and secured by straps and bows of pansy velvet. Sleeves of chiffon with bands and bows of velvet.

Fig. 8. Dinner bodice in white chiffon drawn up at the shoulders with rosettes and sleeves of the same. The corselet bodice is in black or coloured velvet.

Fig. 9. Smart bodice for walking costume in shot silk. Graduated box-pleat in front, and added fluted que. Shoulder cape of mirror velvet bordered with lace appliqués.

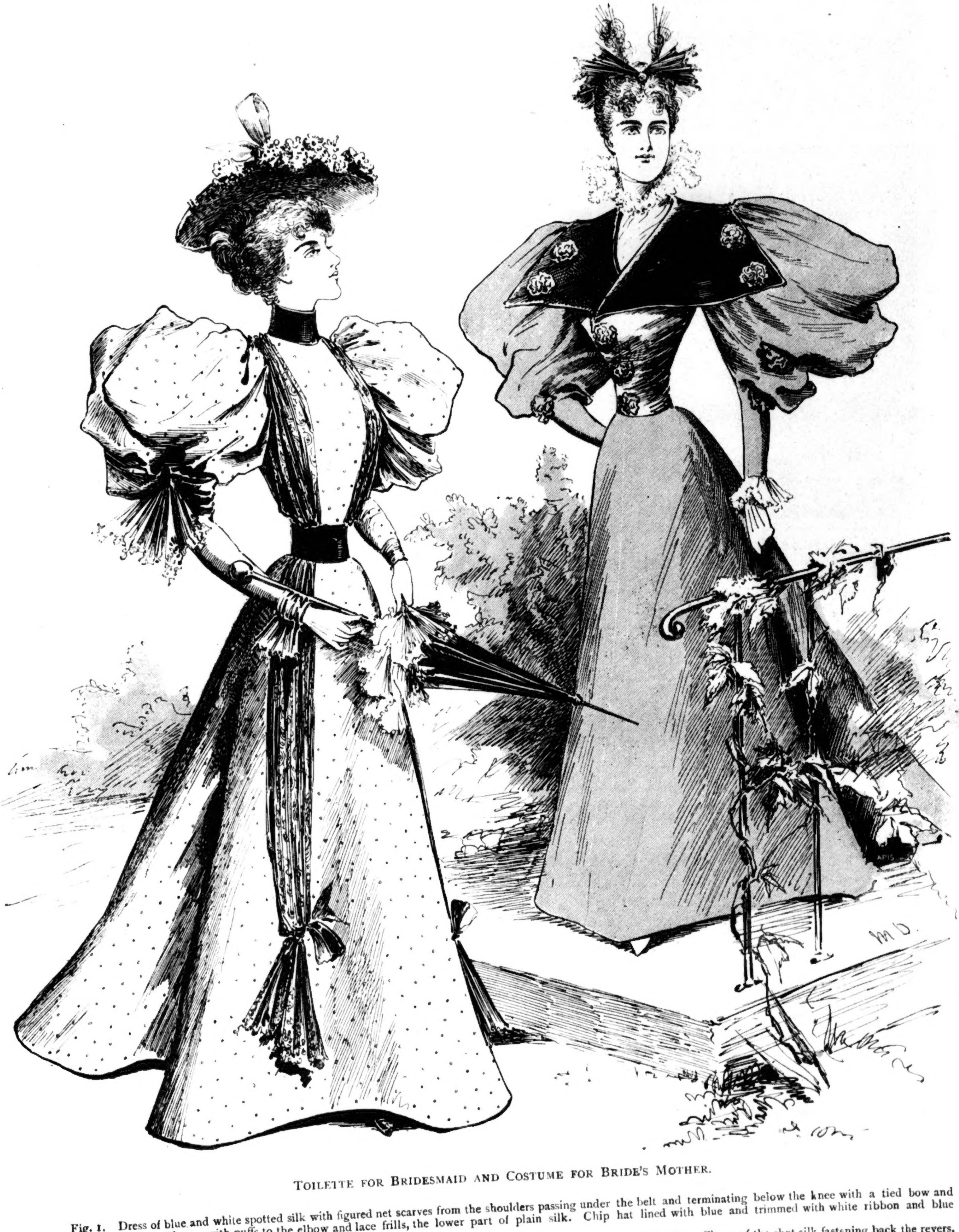
Fig. 10. Child's seaside dress in serge or flannel.

Fig. 11. Country walking dress in pink linen or drill, fastened with pearl buttons down the left side of the bodice and skirt. The bodice cut low over a tucked white chemisette, and trimmed with embroidery.

Fig. 12. Tailor-made gown in grey cloth ; plain skirt and Zouave jacket fastened on the bust ; the edges ornamented with black silk cord braiding. Waistcoat of black and white silk.

Prices of Flat Patterns, Skirts, Bodices, Jackets, Capes, Children's Costumes, 6½d. each, of MADAME MYRA, 95, *Regent Street, W.*

FASHION SUPPLEMENT.



Toilette for Bridesmaid and Costume for Bride's Mother.

Fig. 1. Dress of blue and white spotted silk with figured net scarves from the shoulders passing under the belt and terminating below the knee with a tied bow and pleated end of lace. Sleeves with puffs to the elbow and lace frills, the lower part of plain silk. Chip hat lined with blue and trimmed with white ribbon and blue forget-me-nots. Quantity of silk required, 18 yards.

Fig. 2. Dress of shot gros de Londres in mauve and blue with mauve velvet revers and collar on the crossed bodice. Choux of the shot silk fastening back the revers, on the sleeves and on the fastening of the bodice. Chemisette and ruche of white chiffon edged with Valenciennes lace. Black and mauve bonnet. Quantity of silk required, 20 yards.

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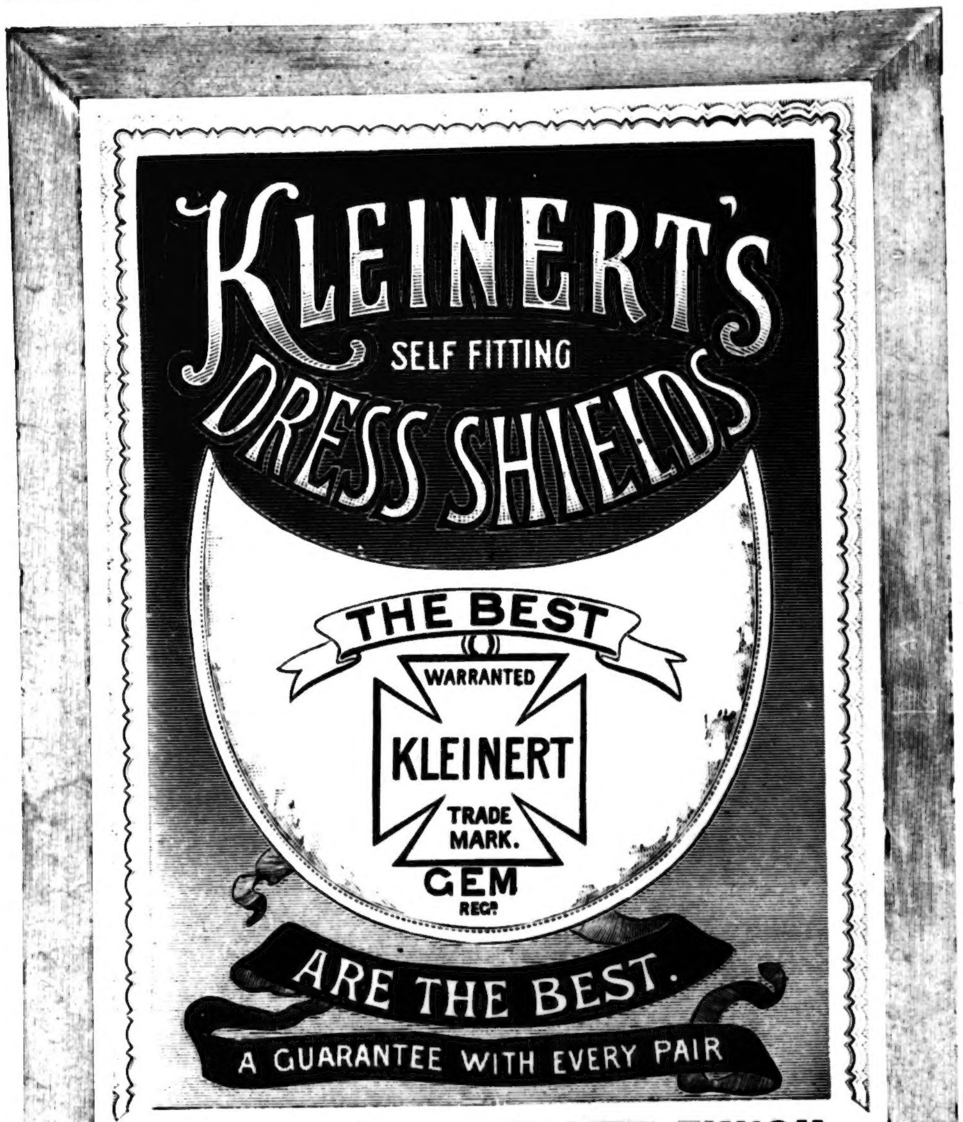

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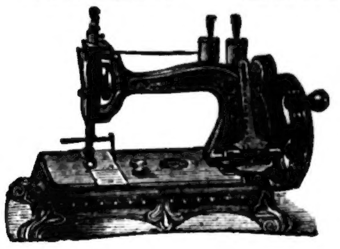

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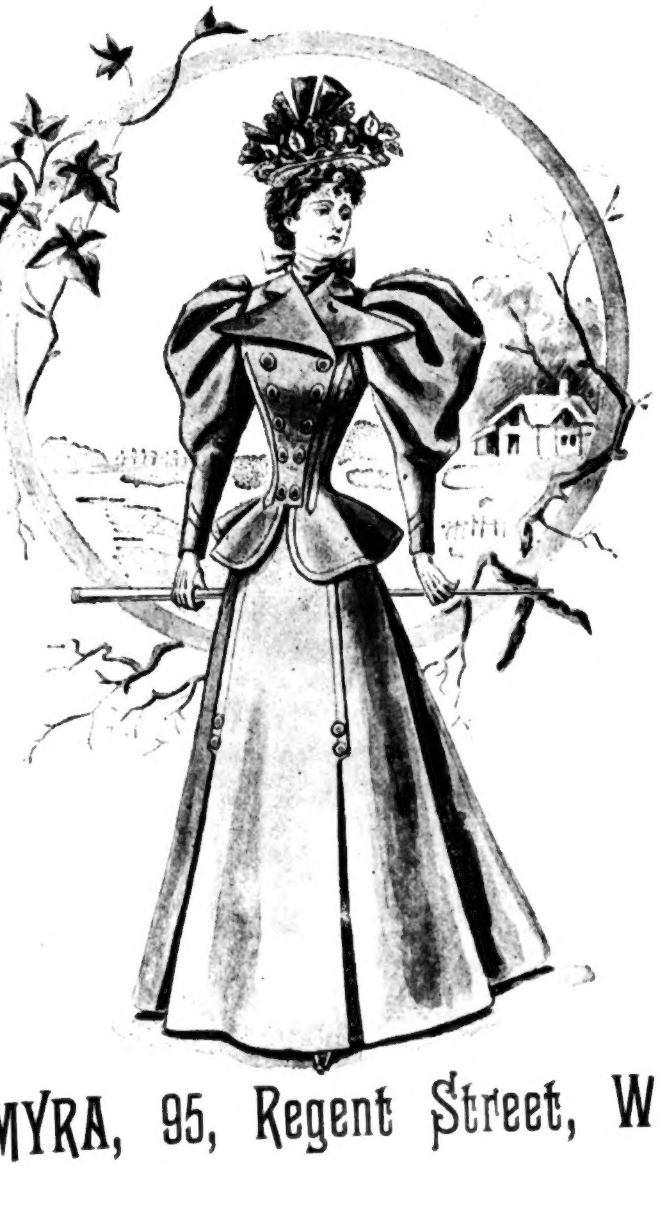

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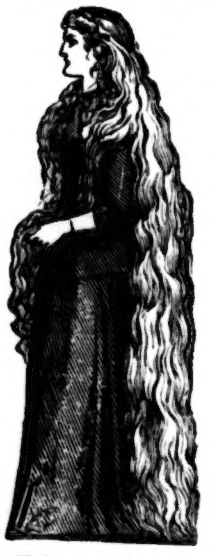

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